

Learning Resources

Adolescent Anorexia

The Nursing Implications Series

Juanita Smith, Associate Professor of Nursing discusses its physical and psychological symptoms, along with proper nursing care procedures for diagnosing and treating the syndrome. A teenage anorexic girl describes her experience.

Post Secondary - Introductory, Professional
29 minutes, order 1-3904-IN

The Caring For The Psychiatric Patient Series

Portrays, in four parts, scenes typical of encounters between nurses and psychiatric patients in the emergency room, with mnemonic devices to reinforce key points. Stresses the intergration of physical and psychological care.

The Suicidal Patient

Dramatizes the needs of suicidal patients in the E.R. including physical safety, determining the validity of the attempt, assessing emotional stability, and planning either admission or discharge with follow up. Urges viewers to examine their own judgements and be aware of them, so as not to impose personal views.

These video learning resources explore the implications for nursing staff and other healthcare providers.

The Inebriated Patient

Caution nurses not to respond personally to abusive behaviour when dealing with a patient under the influence of depressants, because such behaviour is part of their illness. Emphasizes that a nurse's first priority is to cope with this situation as a health care emergency and ensure patient safety if the patient is hallucinating, boisterous or suspicious. As the patient stabilizes, an extensive history is required to make an appropriate referral.

The Schizophrenic Patient

Outlines the major steps in coping with the schizophrenic patient: immediate recognition of the patient's distorted perception, removal of weapons or objects that could be used as weapons, formal and careful communications with the patient to avoid words or actions that could be misinterpreted, and avoidance of injury to self if the patient loses control.

The Drug Abuse Patient

Discusses communication, the first priority, in order to orient and calm patients; how to "talk the patient down," how to monitor the safety of the patient and of those around him, as such patients are liable to over react. Explains the legal responsibility to protect a patient's privacy and to cooperate with law enforcement according to guidelines.

Professional
107 minutes, order 1-65110-IN

Childhood Depression

The Doctor Is In Series

Four to eight percent of American children experience bouts of major depression. For teenage girls, the rate is as high as 16 percent. Early treatment makes a big difference for these children, interrupting potential patterns of repeated depression later in life, improving school performance and socialization and preventing substance abuse and suicide. This program will look at depression among children, with special attention to what the children themselves say about coping with this disease. It includes interviews with David G.

Fassler, MD, a child psychiatrist and author of *Help Me, I'm Sad*, and Steven Atkins, Psy.D., a psychologist at Dartmouth Medical School.

Adult
28 minutes, order 2-3133-IN

Depression

The Doctor Is In Series

As many as 15 percent of us suffer from depression at least once in our lives. Host Jamie Guth explains that women are twice as likely as men to be diagnosed with it, and she interviews experts on its causes and treatment.

Viewers meet a woman who dealt with the death of her young son, a young woman still in conflict with her childhood experiences, a suicidal teenager, and an elderly woman who has faced a lifetime of depression.

Psychotherapy, or talk therapy, is explained, along with new drug treatments and the revised form of electroconvulsive therapy. People in a national depression support group talk about their lives, and how to live with a depressed person, and depression therapy for children and the elderly is explained.

Adult, Professional
28 minutes, order 2-3122-IN



Learning Resources

Depression And Manic Depression

The Doctor Is In Series

Recognized by: American Medical Association's International Health & Medical Film Festival, Columbus International Film & Video Festival, National Educational Medical Network Apple Awards, and the National Health Information Awards.

It's been estimated that only one-third of the thousands of manic depressives get any treatment, largely because of stigma and fear. That lack of treatment results in a high number of suicides, making this illness as fatal as any other illness and a public epidemic.

Explains the disease through the experiences of several people, including CBS reporter Mike Wallace; psychiatrist and author of a book on his life with manic depressive illness, Kay Redfield Jamison; artist Lama DeJani; and State Department official Robert Boorstin. An overview of medications and therapy and a list of resources is also provided.

Adult, Professional
28 minutes, order 2-3123-IN

Depression In The Long Term Care Setting

A thorough overview of depression for all nurses working with elderly patients in all healthcare settings. Explains the aetiology of depression and the proper care of elderly depressed patients.

Topics include: the aetiology of depression; symptoms of depression; the nurse's role in assessing and treating depressed patients; the impact of depression on physical health; differentiating between depression and dementia; clarifying medical illness or medication as a primary cause; the role of psychotherapy and drug therapy; and the kinds of drugs that are used in treatment.

Professional
25 minutes, order 1-2225-IN

Depression In Older Adults: The Right To Feel Better

An analysis of depression as it affects older people with comments from Dan Blazer, author of *Depression in Late Life*.

Includes interviews with patients who have experienced, or are experiencing depression in their later years.

Adult, Professional
30 minutes, order 9-7409-IN

Domestic Violence

Domestic Violence (Part 1)

Explores and clarifies realities & myths, characteristics of abuser, forms of abuse; recognize abusive situations; role of alcohol and stress.

Domestic Violence (Part 2)

Intervention considering victim's safety; responsibility in cases of suspected abuse; agencies to contact; report writing; providing victim protection. Must see for nursing staff.

Professional
56 minutes, order 1-2153-IN

The Other Side Of Blue: The Truth About Teenage Depression

Suicide is the second highest cause of death among Canadian teens after motor vehicle accidents. In 1997, more than 300 young people between the ages of 15 and 19 killed themselves.

This new documentary, shot in classic MTV style features four young people telling their stories about depression and attempted suicide.

Dr. Elyse Dubo of the Youth Psychiatry Mood Disorders Program at Toronto's Sunnybrook Hospital and her colleagues produced this video to help teens, their parents and teachers better understand the signs and symptoms of clinical depression.

Intercut with teen testimonials are interviews with doctors who explain how to recognize the symptoms of clinical depression. Normal eating and sleeping habits change. You might eat too much or lose your appetite altogether. You might have insomnia, or sleep for days. You may also have trouble concentrating, or have little motivation and energy. Eight to 10 percent of teens suffer from true clinical depression.

The toughest part about depression for most young people is accessing help. We need to remove the secrecy and stigma around teen depression and suicide to ensure that more teens receive help in time.

Ages 15 to 18, Adult
31 minutes, order 9-2200-IN



Learning Resources

Panic!

The Doctor Is In Series

It doesn't always take a fire to bring on a panic attack. People stop driving and going out of the home because of this little known condition.

This program explains anxiety disorders, which include panic attacks and phobias. The most severe form is agoraphobia, a fear of having a panic attack while away from home or away from one's safety zone – literally a fear of the fear. Two agoraphobics are followed for three years through treatment. In addition, a man suffering from a phobia of poisoning himself talks about his efforts to deal with his problem, and a woman shows how she worked through a fear of flying caused by panic attacks.

Researchers from Washington University Medical Center explain their evidence for a biological cause for this problem. Doctors David Sheehan of the University of South Florida Psychiatry Center and Charles Ravaris of the Dartmouth-Hitchcock Medical Center discuss the disorder and its treatment.

Adult, Professional
28 minutes, order 2-3125-IN

Serenity: A Visual Imaging Video

Learn deep relaxation, relieve stress symptoms and quiet emotions; perfect for stress workshops for clients/staff.

Adult, Professional
25 minutes, order 6-5012-IN

Step On A Crack (Obsessive Compulsive Disorder)

Once thought to be rare, OCD is now estimated to affect between 2 and 4 percent of the population.

In this outstanding video, six people discuss how OCD has affected their lives and how they have come to cope with it.

OCD is displayed by a myriad of symptoms: compulsive hand washing and cleaning rituals, repetitive counting and organizing behaviours are the most common and can range from mild to so severe as to make it almost impossible for the person to function day to day.

The people you will meet talk about their feelings of isolation and lack of control, and about being misunderstood by families, friends and the community. But they also discuss the ways they have come to manage the disorder, through medication, psychotherapy and behavioural therapy.

Ages 15 to 18, Adult
29 minutes, order 9-7305-IN

A Thousand Tomorrows: Intimacy, Sexuality And Alzheimer's

One of the major changes that Alzheimer's disease brings to a spousal relationship is how it affects intimacy and sexuality.

Through candid interviews with spouse caregivers, and when possible, the spouse who has Alzheimer's, this program reviews issues such as the changes in behaviour that affect intimacy between partners and the mismatch of sexual desire and attraction.

Discusses the blurring roles between "caregiver" and "intimate partner" as the need for caregiving increases.

The tape is designed to help couples struggling with the disease to understand that they are not alone in experiencing changes in their intimate life as a result of Alzheimer's; show examples of how others dealing with Alzheimer's have managed to cope and deal with the changes; and help remove some of the difficulty many people, both family and professionals, have in comfortably discussing the effects of the disease on a couple's intimate life.

Professional
30 minutes, order 9-7265-IN

This listing is correct as of Friday January 5, 2001 but is subject to change without notice. If this listing appears to be out of date, please contact us for up-to-date pricing and availability. This is Subject Nbr 73. For a brief master list of all available subjects, request document number 800. For an ORDER FORM, request document number 801

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