

Learning Resources

Abusive Relationships

Nineteen-year-old Lynn Kenney is one of a growing number of women abused by their boyfriends.

Through Lynn's story viewers will learn what it means to be abused in a relationship. Whether the abuse is physical or verbal, the effects can be serious. Teenagers will also learn some of the warning signs of potential abuse and where they can go for help.

Ages 16 to Adult
17 minutes, order 1-8914-IN

The Big Changes, Big Choices Series

Michael Pritchard blends counseling skills, street smarts, and humour to create a message middle school children will actually listen to. Each program is shipped with a discussion guide.

The Three R's of Growing Up

Teaches *responsibility*, *respecting* ourselves, and doing the *right* thing.
Order 5-2171 30 mins

A comprehensive collection of videotapes to help guide children to make good value judgements

You and Your Values

Discusses the various elements that form our identities, including internal factors such as values and beliefs, and external factors like clothes and hairstyles; concept of "fitting in" and what sacrifices kids make to "fit in".

Order 5-2172 30 mins

Enhancing Self-Esteem

Emphasizes the connection between self-respect and respect for others.

Order 5-2173 30 mins

Setting and Achieving Goals

Kids see benefits of, and derive strategies for, setting short- and long-term goals.

Order 5-2174 30 mins

Dealing with Pressures

Common sources of stress and a variety of positive, healthful ways young adolescents can succeed in coping with them.

Order 5-2175 30 mins

Handling Emotions

Outlines emotional reactions to physical changes and development; encourages dealing with problems before they become crises.

Order 5-2176 30 mins

Preventing Conflicts and Violence

Challenges the underlying attitudes, beliefs, and behaviours that cause problems.

Order 5-2177 30 mins

Saying "No" to Alcohol and Other Drugs

How to build positive peer pressure and take charge of your life.

Order 5-2178 30 mins

Speaking of Sex

Emotional dangers of sexual activity; compensating reasons young people turn to sex; health risks.

Order 5-2179 30 mins

Friendship

Provides young people with basis for forming quality peer relationships.

Order 5-2180 30 mins

Getting Along with Parents

Encourages open lines of communication to maintain flow of parental advice, support and love.

Order 5-2181 30 mins

Respecting Others

Sensitizes kids to the feelings of others and what it means to treat people with respect.

Order 5-2182 30 mins

Ages 9 to 11
minutes, order 5-21710-IN



Learning Resources

Bully No More: Stopping The Abuse

Host Ruby Unger talks with a wide range of kids who tell how to keep from being a target of bullies; how to stop bullies and get them help; and what to do if you're a witness. This research-based program addresses the four types of student peer abuse – physical, verbal, emotional, and sexual.

Animation and humour are used to illustrate the teaching points, while role playing examples demonstrate "win-win" techniques for handling bullies. Messages stress respect, compassion, assertiveness and non-violence.

Ruby Unger is a former special education teacher, she is the creator of a number of award-winning educational videos, also distributed by CLC, for children in primary through secondary grades. Her warmth and comic style put kids at ease as together they find the solutions to everyday tough situations.

A comprehensive Teachers' Lesson Plan for those purchasing or previewing this video is available at no cost from the CLC web site as a PDF document. To download and print enter the following URL in your web browser:

[HTTP://WWW.CANLEARN.COM/GUIDES/1-24960BULLY.PDF](http://WWW.CANLEARN.COM/GUIDES/1-24960BULLY.PDF)

You will be asked for a PIN number in order to open/read this PDF. Enter "1-24960" (without quotation marks).

You will need to have the latest version of Acrobat PDF reader (available free from [HTTP://www.adobe.com](http://www.adobe.com)). Be patient, the download time depends on the speed of your internet connection. Need help, email us at info@canlearn.com

Ages 9 to 11
20 minutes, order 1-2496-IN

The Character Way Series

A video based learning program designed to help children develop into caring, respectful, responsible people who know what's right, want what's right, and do what's right.

Each grade module is organized around a delightful collection of short videos which convey, in an entertaining and thoughtful way, such positive qualities of character as honesty, fairness, and altruism.

Character Way, Unit 1 (for ages 5 to 7)

Bob Vole and the Mountain Lion

Like Androcles, Bob vole overcomes his fear and pulls a thorn from a lion's paw. He is repaid handsomely for his kindness by his new friend. *Teaches about kindness, helpfulness and courage.*

Facially Speaking

Using mimes, children learn to identify facial expressions of simple emotions and match them with situations. *Develops children's emotional awareness and sensitivity to others.*

The Toy

Amanda breaks a toy and blames it on her brother, a hurtful lie which she eventually must confess. Teaches the importance of honesty and the harmfulness of dishonesty.

The Cooperation Game

In this classroom game, groups of 4 to 6 students learn to help each other and work together to match coloured cards to patterns shown on the video screen. *Teaches cooperation and teamwork*

Traci

Traci helps her Mom around the house and talks about the responsibilities of family members. Promotes responsibility and helpfulness

Unit 1, Order 5-2193

Character Way, Unit 2

The Golden Rule

Ben teaches Detective Sleuth the meaning of the Golden Rule and shows her how to use it. *Teaches fairness and empathy*

The Slumber Party

When friends at an overnight party snub a new girl who isn't part of the group, Tina must decide if she should befriend her. *Teaches children not to exclude or ridicule others.*

Helping Someone Move Along

Jennifer says of the special education with whom she works, "People think they're so weird... It's just that I can do some things that they can't." *Inspires altruism and service to others*

The Cooperation Game

In this classroom games, groups of six to nine students learn to help each other and work together to match coloured cards to patterns shown on the video screen. *Teaches cooperation and teamwork.*

Ana and the Magic Cactus

An illustrated cultural tale about a little girl whose lie gets her into trouble with a whole town. *Teaches the value of honesty and the cost of dishonesty.*

Unit 2, Order 5-2194

Character Way, Unit 3

The Gun

Two boys, who fight constantly, must decide how much to up the stakes. *Teaches courage and the futility of violence.*



Learning Resources

R.A.O.K.

Inner city children fight the influence of gangs with Random Acts of Kindness which keep their elementary school clean and free of graffiti. *Teaches the value of service, kindness and cooperation*

SAT: The Soap Opera Aptitude Test

Watching soundless lifts from the soap opera, "One Life to Live," children learn to identify non-verbal clues to help read the feelings of others. *Develops emotional awareness and sensitivity to others.*

Heroes

Students talk about their heroes - who they are and why the children look to them as role models. Cultivates appreciation for virtue and positive role models.

The Trial of Beany Jack

In this courtroom comedy, Mrs. Giant accuses surfer due Beany Jack of stealing her dead husband's hen. Teaches about dishonesty and rationalizations.

Unit 3 Order 5-2195

Ages 6 to 8, Ages 9 to 11, Early Years

161 minutes, order 5-21930-IN

Cheating Yourself "what's The Big Deal"

Cheating can be a difficult and confusing issue for young people. This video helps students recognize and understand different forms of cheating. It also

provides alternative responses and behaviours for students who feel pressured to cheat for grades or friendship.

An older sister character is the program host of this program. She provides definitions, explanations, and insights based on her own experiences.

The first section deals with identifying different types of cheating - along with pressures involved and the resultant consequences. The second part focuses on plagiarism.

Scenarios throughout depict students faced with parental pressure for good grades - and peer pressure to copy. Girls and boys struggle with questions about fairness, justice, friendship and relationships. The plagiarism section deals with: forgetting citations, copying essays, buying research papers and the possible consequences of plagiarism.

Ages 12 to 14, Ages 15 to 18
25 minutes, order 5-4885-IN

Cheating, Lying And Stealing

This program creates realistic situations to help children examine their value systems to avoid negative decisions and their destructive consequences.

Recommended for Alberta Safe and Caring School Initiative, All Grades

All Ages
20 minutes, order 1-8932-IN

Children Of Divorce

Heart-felt examination of marriage breakdown from teen's perspectives. Encourages teens to express their thoughts and feelings as one of the most therapeutic ways to accept their difficult situation and get on with their lives.

Ages 16 to Adult
18 minutes, order 1-8915-IN

Date Rape

An Abc Afterschool Special

This compelling drama examines a crime that accounts for 40% of all reported rapes.

The story of Gary, a popular student who has some very stereotypical sexist attitudes about women, and Samantha, a newcomer to Gary's school, explores the damaging effects of date rape on all parties.

Sam must wrestle with her feelings of despair and debasement, and Gary — having committed a criminal act that may lead to imprisonment — is forced to re-examine his perception of women.

Ages 16 to Adult
45 minutes, order 1-8817-IN

Different And The Same Series

Recommended by Saskatchewan Education: Grades 1 to 3, Self-esteem; Social Relationships (Health Education Bibliography, Elementary)

"I like you as you are" has been one of the chief guidelines of Family Communications and Fred Rogers, the producers of Mr Rogers' Neighborhood and of this new series.

Children, from their early years, have a feeling about what is "fair". They learn it on the playground, at home with their families, and in the classroom. They also have a feeling of what is unfair - when the settlement of dispute, the distribution of treats or privileges, or the meting out of punishment is inequitable. They may not use the word "justice", but they know when it has, and has not, been served.

This series is based on four principles that coincidentally form the acronym FAIR - fairness, awareness, inclusion, and respect — and serve as the primary goals of the programs.

Working with issues of diversity often stimulates the development of critical thinking skills. Time spent in this area also can significantly enhance the self-concept of students and, in turn, support the self-image of those with whom they interact.

The series comes with a 118 page Teacher's Guide bound in a three-ring binder.



Learning Resources

Sticks and Stones

Theme: Name-calling/hurting others as a reaction to being hurt.

Several older kids make fun of Cat-a-lion by calling him names. Humiliated, he feels powerless and hurt and reacts by calling Arthur names. When he is caught in the act by Mrs. Chung, the principal, Cat-a-lion reluctantly admits doing it to feel more powerful. Mrs. Chung sympathizes and helps him understand why taking out his feelings on Arthur was wrong and why it hurt Arthur.

15 minutes, order 5-4454

Cinderella and Me

Theme: Being excluded from mainstream culture.

When classmates decide that Audrey can't be Cinderella in their play because she doesn't "look" the part, she gets so angry she scribbles over the pictures in her Cinderella book. Mr. Allen, the librarian, talks with Audrey about her feelings - agreeing it's unfair many story books only show people with white skin and not those of different colours and cultures.

Mr. Allen helps Audrey to realize there are ways she can help bring about change.

15 minutes, order 5-4455

Long Distance

Theme: Speaking a different language

Bernardo is the new kid at school; he only speaks Spanish and his classmates speak only English.

At first, Francine thinks he's rude and stupid because he doesn't respond to her questions. Not until he helps with their tin can telephone project does Francine realize he's actually smart. Mr. Ortiz, the science teacher, explains it takes a long time to learn a new language. Arthur suggests a Spanish-English club to help them all learn how to speak both languages.

15 minutes, order 5-4456

Play Ball

Theme: Stereotyping

As captain of the baseball team, Audrey tells Arthur he can't play with them because "kids that look like you are never good at baseball."

Hurt and angry, Arthur talks it over with Mr. Kim, his gym teacher who explains that Audrey is "stereotyping" people, thinking all people who look alike are the same. He is able to help Audrey understand why stereotyping is wrong.

15 minutes, order 5-4457

The Club

Theme: Standing up against prejudice directed at someone else.

When Arthur excludes Francine from his new club because he doesn't think she's "cool," Audrey feels awful about it, but isn't sure what to do.

She confides in Ms Bachevsky, her history teacher, who recalls when her best friend stood up for her in a similar situation.

When the first club meeting is held, Audrey announces she won't belong to a club that excludes kids because they're "different". Arthur thinks back on how miserable he felt at the time he was left out and realizes he has been unfair.

15 minutes, order 5-4458

Tug of War

Theme: Choosing a friend across racial lines.

Cat-a-lion feels torn between his friendship with Arthur and his good buddies Jason and Lissa, who share his culture. He talks it over with Ben, an African-American teen whose best friend is white. Ben tells him it can be difficult but having friends who are different is important to him.

15 minutes order 5-4459

Proud to Be Me

Theme: The pull between maintaining a strong cultural identity and assimilation.

Cat-a-lion, Jason, and Lissa are practicing a dance from their culture. Arthur thinks the medallion Cat-a-lion wears is "weird." It's part of his culture, but the others tease him about it.

Their math teacher, Ms. Ahenakew, a Native American, gives them a problem to solve that helps them understand that some things (and some people) can be both different and the same - just like Cat-a-lion.

15 minutes, order 5-4460

Words on the Wall

Theme: Hate crimes.

Francine is upset and frightened because her family has received hate mail telling them to go back where they come from.

Confiding in Mr. Williams, the art teacher, makes her feel better. Then she comes face to face with words of hate written about her on a school wall and feels more alone and afraid than ever.

Her teacher and friends try to reassure her of their care and support, but they are confused and sad. They decide to clean the words off the wall and start thinking about how to deal with this problem in their community.

15 minutes, order 5-4462



Learning Resources

Training Video for Teachers

Contains segments to be used within the Different and the Same training workshop. Starting with a message from Fred Rogers, creator of Mister Rogers' Neighborhood, it continues with interviews with teachers who have used the materials in their classrooms. They relate their hopes and fears prior to beginning use of the series. Later they share their solutions and commitment to the task of helping children identify and prevent prejudice.

This video material will help stimulate productive discussion during the training workshop. A Leader's guide for the training workshop is included with this video.

60 minutes, order 5-4463

Ages 6 to 8, Early Years minutes, order 5-44540-IN

Eating Disorders

The Doctor Is In Series

This program profiles four young people who have had eating disorders. Their experiences highlight how this illness is not just about food, but about struggling with loss of emotional control. The newer approaches using cognitive behavioural therapy and anti-depressants are explained. Russell Marx, MD, Clinical Director of the Eating Disorders Program at the Medical Center at Princeton, and Marcia Herrin, EdD, MPH, RD at the Dartmouth College

Health Service, show what's being done to prevent and treat one of the most lethal categories of mental illness.

Ages 15 to 18, Adult 28 minutes, order 2-3134-IN

Emotional Intelligence

The Doctor Is In Series

Recognized by: National Educational Media Network Apple Awards, National Health Information Awards

Emotional intelligence is a term that covers a person's ability to handle emotions and social skills. Up until recently, most of us expected to learn those kinds of skills — like listening, sharing, being kind — at home, and not find them in any organized class at school. But that is changing because of research showing that school age children stay healthier, and learn better, when they know how to handle the ups and downs of growing up.

This program profiles classes and programs in the New Haven, Connecticut, school system, and in Highland Park, New Jersey. Psychologist and writer Daniel Goleman, who wrote the book, Emotional Intelligence, and child psychologist Maurice Elias, who developed a program in emotional literacy, are interviewed.

Adult, Professional 28 minutes, order 2-3109-IN

The First Amendment And The Ku Klux Klan

The Here And Now Series

Freedom of speech is cherished in the United States and Canada. But openly racist and violent groups like the Ku Klux Klan test the limits of free speech.

What happens when the Klan tries to put its own television show on a local U.S. public access channel. Is a hate message constitutionally protected in the United States? Can Canada's constitution handle such a challenge? Can you?

Hear from Ku Klux Klan members, residents, the City Council, the clergy, the cable company, and the American Civil Liberties Union as the issue is explored.

Ages 15 to 18, Post Secondary - Introductory 12 minutes, order 5-4266-IN

Focus On Friendship

The Ethics And Values Series

Six students prepare video reports discussing what "ethics" means to youngsters today. They take their examples from situations kids deal with on a daily basis, both at home and at school.

The group's video assignment covers the subject of friendship. Issues of loyalty, trust, sharing, and understanding are explored.

Ages 9 to 11, Ages 12 to 14 17 minutes, order 1-8398-IN

Focus On Responsibility

The Ethics And Values Series

In this insightful program, students prepare video reports discussing what "ethics" means to youngsters today. They take their examples from situations kids deal with on a daily basis both at home and at school.

The students tape examples of different types of responsibility...including responsibility to oneself, to one's family and friends, and to members of the community.

Ages 9 to 11, Ages 12 to 14 16 minutes, order 1-8399-IN

Focus On Honesty

The Ethics And Values Series

Six students prepare video reports discussing what "ethics" means to youngsters today. They take their examples from situations kids deal with on a daily basis, both at home and at school.

The group examines honesty: what it is, why someone behaves honestly or dishonestly, and how people come to make honest decisions.

Ages 9 to 11, Ages 12 to 14 16 minutes, order 1-8400-IN



Learning Resources

Gangs: The Tough Decision To Stay Out

Current gang members can give young people some pretty convincing arguments as to why they should join a gang: *"You get the girls, you get the money, you get to belong."*

This program seeks to convince teens to see through the fantasy to the reality of joining a gang - criminal activity, drive-by shootings, drug abuse and all too often an early death.

Alternatives to gangs are also covered, proving that protection, popularity, friendship and power can all be achieved through legitimate activities such as organized sports, school clubs and volunteer groups.

Ages 12 to 14, Ages 15 to 18
20 minutes, order 1-9267-IN

Girl Power: (Staff Version) Empowering Young Women

Studies indicate that as girls reach adolescence they undergo a crash in self-esteem unique to their gender. It is during this stage in life that girls are confronted with such critical issues as body image, sexual pressure, depression, relationship violence, date rape and eating disorders. In response to these issues, girls' clubs have sprung up around the country in an attempt to educate and empower young women on these subjects.

Hosted by Girl Club founder Amy Debower, this program takes viewers inside an actual girl club meeting, allowing viewers to listen in as participants discuss their personal issues and relay how the meetings have helped them through tough times in their lives. Club members are comforted by the fact that they are faced with the same problems and are able to share their feelings in a safe environment.

The program also outlines the four components of a girl club-talk, education, media awareness and action—and discusses the mentor-student relationship.

KEY POINTS

- Discusses pressing issues facing young women today and the need for a mentor relationship.

- Introduces the girl club program and outlines the four components of meetings—talk, education, media awareness and action.

- Illustrates the importance and effectiveness of girl clubs through member testimonials and hard-hitting vignettes.

1999 25 minutes, order 1-2293

Adult minutes, order 8-2007-IN

Girl Power: (Student Version) Empowering Young Women

GIRL POWER: (STUDENT VERSION) EMPOWERING YOUNG WOMEN

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1999 25 minutes, order 8-2008

Ages 15 to 18 minutes, order 8-2008-IN

How To Conduct Yourself At School

A program that illustrates examples of the importance of paying attention, co-operation with peers, preventing thoughtless destruction of school property and good study habits.

Ages 6 to 8, Ages 9 to 11
13 minutes, order 1-9846-IN

How To Mind Your Manners

Situations calling for good manners are introduced with song and mime and then briefly dramatized by children in real life situations. Examples of polite greetings, "please" and "thank you," telephone and daily etiquette.

Ages 6 to 8, Ages 9 to 11
14 minutes, order 1-8037-IN



Learning Resources

How To Spot A Potentially Violent Teen

And What To Do About It

A powerful central narrative and interviews with experts, show school personnel and parents the various warning signs of potential violence and what to do when teenagers show those signs.

A disaffected high school student whose warning signs are ignored, performs acts of lethal violence against others at school and finally, himself. This fictional scenario leaves no doubt about the importance of efforts aimed at teen violence prevention. And neither do the words of experts from California, Texas and Maryland. Presenting views formed by many years experience in a variety of fields—school and workplace psychology, school security, juvenile justice and Safe and Drug-Free Schools—these experts offer frank, common-sense advice on recognizing signs of potential violence in teens.

By following their advice, parents and school personnel can do much to prevent a potentially violent teen from becoming an actually violent one.

Adult, Ages 15 to 18
25 minutes, order 2-5147-IN

In Search Of Character Series

Live Wire Media, creators of award-winning programs that help kids make healthy, positive choices, is proud to present an invaluable tool for teaching character at the middle and high school levels.

In Search of Character is series of ten videos designed to help adolescents develop into caring, respectful, responsible people who make choices based on what's right, rather than what's easy.

Each program features Dr. Michael Thomson, Ph.D. (Dr Mike) and co-host Anika Rose, exploring a different aspect of character with their radio talk-show callers. They share with their audience revealing, candid discussions held by groups of high school kids, and inspiring documentary profiles of young people who exemplify the power of good character.

These provocative video programs trigger lively group discussion, and deep, meaningful reflection that helps teens construct a vision of themselves as moral people of good character. As one girl in the *Citizenship* episode says, "I'm prepping to be a Perfect Utopian Human Being."

This series is an ideal supplement to any character education, or ethics curriculum, social studies, life skills, service learning, co-operative education, school-to-work, or guidance program.

The Programs:

Trustworthiness
Respect
Responsibility
Fairness
Caring
Citizenship
Honesty
Courage
Diligence
Integrity

Ages 12-18
minutes, order 5-21970-IN

In Their Own Words (Changed By Fire)

Arson is the fastest growing teen and pre-teen crime in North America. Last year, more than half of the 500,000 arson fires were set by people 18 years of age and younger.

Now in this new 12-minute video, Domingo, Amy and Jason describe the financial, emotional and legal price they paid for setting fires.

These personal stories will give middle school and early high school students a compelling and honest message about the consequences of fire setting.

Ages 12 to 14
12 minutes, order 8-5000-IN

Juvenile Justice: Teens Behind Bars

Teens take a vicarious trip to jail in this close-up look at the justice system's treatment of young criminals. Viewers will tour the world's largest juvenile jail and a juvenile prison for violent offenders. Young offenders in the system tell their personal stories and correctional officers give their own viewpoints. An overview of an alternative treatment program and the probation network shows how the system is trying to keep kids from going back behind bars.

Ages 15 to 18, Adult
24 minutes, order 1-8917-IN



Learning Resources

Kids Killing Kids, Kids Saving Kids

Malcolm Jamal-Warner hosts this Emmy-award winning drama that shows the tragic consequences of teenagers using guns to solve their problems, and how gun use can be stopped.

Four different but typical stories are dramatized using the unusual technique of telling each story twice. The first version shows what can happen when a gun is involved, the second version explores the same story without a gun. It is a graphic demonstration of how potentially deadly conflicts can be resolved safely and peacefully. 43 minutes

The second part, *Kids Saving Kids*, is a follow-up documentary showing different programs through which young people are reducing violence, resolving conflicts peacefully and maintaining gun-free schools. These efforts can serve as models for other schools. (15 mins)

Ages 12-18
58 minutes, order 1-8789-IN

The Know It All Series (Information Literacy Series)

Whether your students have a question born of their own curiosity, an assignment to complete, or a problem to solve, the Know It All programs will help them reach a successful conclusion. This four-step learning process will introduce your students to the process of

gathering, presenting and evaluating information in different subject areas—art, science, social studies, humanities, and language arts.

Each video follows the four-step information process, but focuses attention on one of the four steps. The program descriptions below identify which of the four steps each video emphasizes, as well as the subject areas it touches on, allowing you to choose the ones that work best with the subjects you are teaching and your students' information-processing needs.

Asking the Right Questions: Step 1, What Do I Want to Know?

Strategy: Reframing and Clarifying Curriculum Focus: Art—What is art? Connections: Social Studies - art and society Language Arts - influence of art on literature Mathematics - ratios used in art

Trouble with an art project forces Taylor to ask the fundamental question: What is art? Her search for an answer leads her to a number of people and sources, including a local art gallery. Taylor is so inspired by what she discovers that, in addition to her report, she creates an art piece that reflects her special interests. Your students will discover along with Taylor how to narrow a topic, refine and reframe questions, and clarify what information they need.

1998 15 minutes, order 5-4796

Knowing What to Do: Step 1, What Do I Want to Know?

Strategy: Developing a Rubric Curriculum Focus: Science—tornados Connections: Science—weather and disasters Social Studies—survival and emergency management Language Arts—writing and reading about human behaviour

Liking a topic and having some “cool” visuals isn't always enough, as Cara and Lindsey realize when they compare their tornado project to those of their classmates. They see other students using a rubric to guide their information search and decide to do the same, finally coming up with an outstanding project. (A rubric is a tool, such as a chart, to help students track their information search.) Your students see how using a rubric can turn a ho-hum project into a knockout.

1998 15 minutes, order 5-4797

Choosing the Right Information: Step 2, Where Can I Find It

Strategy: Filtering for Validity and Accuracy Curriculum Focus: Science—save the turtles Connections: Science—animals and the environment Language Arts—reading and writing animal fact and fiction

After rescuing a turtle, Allie and Tyler discover that its continued survival depends on very specific, reliable information. When their efforts to find answers to practical questions are frustrated, they turn to the school's media specialist who leads them through a variety of resources—print, electronic, and human—to find answers. Your students learn how to evaluate information sources for validity, accuracy and relevance to their problem. 1998 15 minutes, order 5-4798

Thinking Up Ideas: Step 2, Where Can I Find It?

Strategy: Brainstorming Curriculum Focus: Social Studies—Underground Railroad Connections: Language Arts—reading and writing diaries

After a visit to an African-American history museum, Anna and Ben grow curious about an old house in their community that may have played a part in the underground railroad. Determined to find out about the house's heritage before it is torn down, they brainstorm places to look for information. Your students are introduced to brainstorming techniques and to a variety of information sources from both the school library and the community.

1998 15 minutes, order 5-4799



Learning Resources

Saying It Another Way: Step 3, How Can I Use It?

Strategy: Paraphrasing
Curriculum Focus: Social Studies—bike trails and government issues
Connections: Science—human impact on nature Language Arts—expository and research writing and speech

When Bunker and his buddy, Jim, find out that their favourite bike trail has been closed to make way for a shopping mall, Bunker decides he must find a way to persuade the city to reconsider the move. In the process he learns that saying what is important—in his own words—is the best way to be heard. Your students gain practice in rephrasing information and an understanding of the importance of using their own words.

1998 15 minutes, order 5-4800

Getting It All Together: Step 3, How Can I Use It?

Strategy: Organizing
Curriculum Focus: Humanities—living author report
Connections: Social Studies—influence of historical events on human endeavours Language Arts—life and work of authors Science—scientific biography

Jim thinks he has his author report under control after setting up an interview with the author. But the interview is too short and Jim has trouble keeping track of his notes. His friends and his teachers help him develop the organization he needs in his report—and in his life. Classroom activities help your students gain an understanding of organizational schemes they can put to use in their own projects.

1998 15 minutes, order 5-4801

Sharing Your Results: Step 3, How Can I Use It?

Strategy: Product and Presentation
Curriculum Focus: Language Arts—fairy and folk tales
Connections: Fine Arts—ethnic art, music and dance Social Studies—ethnic traditions and festivals

Deciding how to present a project on fairy tales has Cammy, Alex and Nicole stumped at first. When they start to consider ways other than a written report, they become excited about the project. Using Nicole's video skills and their own research and acting skills, they come up with a clever way to present their project. Your students learn about the various ways to present information, and how the format can affect their search and its result.

1998 15 minutes, order 5-4802

Thinking About What You Did: Step 4, How Did I Do?

Strategy: Assessing the product
Curriculum Focus: Science—hovercraft
Connections: Social Studies—impact of air and space technology on society

Having some of the right information doesn't always lead to the right answer, as Glenn and Taylor discover when their initial attempt to build a hovercraft falls flat. Helped by an uncle and a rubric, they retrace their steps, adjusting until they finally launch their "Flying Pizza" successfully. Your students learn to ask questions about why a project might fail, what might be wrong with the information, and what they need to do to help a project succeed.

1998 15 minutes, order 5-4803

Thinking About How You Did: Step 4: How Did I Do?

Strategy: Assessing the process
Curriculum Focus: Language Arts—young authors
Connections: Social Studies—frontier life, and history of a state and its education Science—inventors and inventions

Zach develops an interesting story for the Young Author's Contest, but ignoring the four-step process leaves him off the mark in accuracy. To give his story the authenticity it needs, Zach reviews what he wants to know and learns where to find accurate information. Your students will learn how to evaluate their final product by reviewing the four-step process and revising as necessary.

1998 15 minutes, order 5-4804

Primary Learners: Introduce Learning Skills in Early Grades

The Know It All information literacy process can also be introduced to primary learners. Very young students may not have the reading skills to do traditional research, but they have a natural curiosity that can be harnessed. This program demonstrates the strategies that primary teachers and media specialists can use to make research a successful experience for students at this level. In separate episodes, groups of kindergarteners and first graders gather information about plants and animals from multiple resources and begin to learn a simple information-searching process.

1998 15 minutes, order 5-4805



Learning Resources

Intermediate Learners: Watch The Learning Process Unfold

This program follows teachers and media specialists as they engage students in two information-processing strategies: thinking up ideas and writing historical fiction. You'll observe how students approach each step in the process toward a final project, how they assess their own work and how teachers assess the whole process.

1998 15 minutes, order 5-4806

Collaborative Teaching: Create A Learning Community

This program takes a close look at the elements of successful teamwork in four different school environments. You'll see partnerships involving teachers, media specialists, parents and other community members. Follow these "dream teams" as they plan units, act as facilitators and coaches in the classroom and media center, and evaluate the outcomes of the unit and/or activity.

1998 15 minutes, order 5-4807

Ages 6-11, Professional minutes, order 5-47951-IN

The Last Hit: Children And Violence

Golden Apple Award
Award, Golden Eagle
Award, Cine Silver Screen.

This culturally diverse program focuses on children, ages 6 to 12 who candidly share their experiences with violence and earnestly express their viewpoints on what constitutes violence and the best ways to avoid it.

Ages 16 to Adult
20 minutes, order 1-8929-IN

Learning About Ethics And Values

School used to be a place where students learned reading, writing and arithmetic. With today's problems of drugs and violence, though, school has become a dangerous place.

Host Tom Selleck shows how some schools are taking an active role in helping kids find different ways to deal with bad situations.

School-sponsored programs, such as "Law Related Education" and "The Just Community", give students the chance to govern themselves by creating and enforcing their own rules. Other programs teach students self-confidence, role playing, conflict resolution, and discipline.

Ages 12-18
22 minutes, order 1-8770-IN

The Life Lessons Series Life Lessons: Hurtful Words

Stop and think about what we say before we say it is the message of this culturally diverse program.

Order 1-8933, 13 mins

Life Lessons: More Than Manners

This program illustrates "do" manners and "don't" manners and explains how good manners show our concern for other people's feelings.

Order 1-8934, 16 mins

Life Lessons: That's What Friends Are For

This program introduces young viewers to the the importance of friendship and the social skills necessary to make friends and keep them.

Order 1-8935, 15 mins

Life Lessons: When I Get Mad

Teaches children the skills to deal with their own anger.

Order 1-8936, 15 mins

Ages 6-11
minutes, order 1-89330-IN

Life Skills Series

Communicating with Parents

This video gives young people better insight into the communication barriers which often come between kids and their parents. After viewing both sides of the situation, students learn how to effectively get their point across, while valuing their parents' point of view.

Order 2-5123 10 minutes

Teasing and Rumours

Everyone who lives and breathes has been teased or was the subject of rumours at some point. Although it may seem "natural" for some youth to engage in teasing, it is important that they recognize it as unfair and unacceptable.

Teasing can also lead to sexual harassment and escalate to violence. Students must recognize when these boundaries are crossed, and how to respond to these crucial situations.

Order 2-5124 11 minutes

Abstinence

In a contemporary style with colourful graphics, two young narrators introduce the issues of teen sex and sexuality, teen pregnancy and sexually transmitted disease.

Order 2-2126 10 minutes

Listening and Communicating Effectively

Two teen narrators introduce the components of effective communication. Through several descriptive vignettes, teens learn how to express themselves in the best manner, listen reflectively, and use appropriate body language, including good grooming.

Order 2-2127 8 minutes



Learning Resources

Making Good Decisions

An informative discussion on decision making which includes evaluating the results of a decision once made.

The decision making process discussed is used in a descriptive vignette where Karen must make an important discussion. The audience sees her follow through with the process and finally, make the best decision.

Order 2-5128, 8 minutes

Ages 12 to 14 minutes, order 2-51230-IN

Locked Out

This ground-breaking video provides a suspenseful, effective dramatization that encourages students of all ability levels to welcome and accept one another.

J.J. is the leader of an exclusive, secret club. When Alex, a girl with blindness who has just moved into the neighbourhood, is introduced to the group, J.J. does not want her to be allowed to join. Only upon discovering that Alex is really no different from the others does J.J. realize she was wrong.

Holds the attention of its audience—elementary school children—while teaching an invaluable lesson on not stereotyping people or judging them hastily.

At the end of the program, a surprise revelation will further test viewers' perceptions of what they have witnessed.

Ages 9-14
15 minutes, order 1-9286-IN

Making Your Team Work

This program will enable students to understand the process and skills needed to create, staff and manage complex project teams. The steps in the process are modelled as a student work team uses the steps along with good team management techniques to complete a class project.

Viewers will identify with the different team members as they question the process, struggle with roles, resolve conflicts and overcome problems to ultimately complete a successful project.

Their experience vividly demonstrates that the process works. Throughout the video, comments from practicing professionals reinforce the importance of teams and illustrate the use of the process in meeting their firms' business goals and objectives.

Ages 15 to 18
30 minutes, order 5-4515-IN

McGruff On Anger, Conflict And Violence

In this program, McGruff finds his nephew, Scruff, angry at his video game. When Scruff threatens to break his game, McGruff promptly explains that violence is not the answer to anyone's problem.

McGruff demonstrates to Scruff and to viewers through dramatizations how some potentially violent situations can be defused; an argument over a basketball game and a disagreement over computer time in the library end up being opportunities for learning rather than angry confrontations.

Together McGruff and Scruff demonstrate the negative effects violence can have on students' relationships and their lives, illustrate alternatives to violence, and reveal simple ways pupils can avoid violent situations and resolve conflicts peacefully.

Ages 6-11
15 minutes, order 1-2540-IN

McGruff On Personal Property

McGruff The Crime Dog Series

The crime dog explains that things always belong to somebody, and shows reasons why we just can't take something that isn't ours. Includes "borrowing" without asking, and stealing from the corner store.

Ages 6-11
16 minutes, order 1-9914-IN

McGruff On Vandalism

McGruff The Crime Dog Series

McGruff talks about the destruction of property and explains how vandalism hurts everyone. Three stories about kids and vandalism show why.

Ages 6 to 8, Ages 9 to 11
16 minutes, order 1-8136-IN

McGruff's Gang Alert

McGruff The Crime Dog Series

Explains how street gangs can hurt the community and disrupt the lives of its members. Dramatizations show that gangs take away young people's freedom to make their own decisions.

Ages 6 to 8, Ages 9 to 11
16 minutes, order 1-8135-IN



Learning Resources

McGruff's Bully Alert

Many children today are the victims of bullies. In this video we meet Juan and Andrea, two children who are bullied at school. Fortunately, McGruff is there to help them out.

He describes what a bully is and why bullies can be so mean. Using examples from his files, McGruff shows how to stand up to bullies by ignoring them, talking to them, or notifying adults when bullies threaten violence.

Using McGruff's advice, Juan and Andrea are able to stand up to their bullies and use respect to get along with difficult people, making this program an essential tool in helping viewers deal with a common but terrible problem in school and on the playground.

A comprehensive Teachers' Lesson Plan for those purchasing or previewing this video is available without cost from the CLC web site as a PDF document. To download and print, enter the following URL in your web browser:

[HTTP://WWW.CANLEARN.COM/GUIDES/1-2541_ATM.pdf](http://WWW.CANLEARN.COM/GUIDES/1-2541_ATM.pdf)

You will be asked for a PIN number in order to open/read this PDF. Enter "1-2541" (without quotation marks).

You will need to have the latest version of Acrobat PDF reader available free from

[HTTP://WWW.ADOBE.COM](http://WWW.ADOBE.COM)
. Be patient, the download

time depends on the speed of your internet connection. Need help? Email us at info@canlearn.com
Ages 6-11
15 minutes, order 1-2541-IN

New And Improved Kids

Hosted by Loni Anderson
This informative documentary features stories of outstanding parents who are fostering self-esteem and practicing positive parenting with their kids. An intimate look into other people's lives that may help families find significant answers to their own problems.

Adult
46 minutes, order 1-8730-IN

Newsletter 123: Occupational Health & Safety Listing

Adult
minutes, order 9-9061-IN

Not For Sale: Ethics In The Workplace

A video based learning program on ethics in the workplace for high school students that teaches skills and values essential to success in the workplace.

Prepares students for situations and decisions they will experience at work and starts new workers off on the right foot.

This is the compelling story, in 10 episodes, about four young people's experiences as new employees in a department store.

Ellen, a store salesperson, is an insecure young woman who is relentlessly pressured by her two best friends to help them shoplift.

Collins has his own challenges in the Electronics Department. Customers leave because he's talking on the phone, he loses his temper with an apparently racist customer, and he mistakenly comes to believe his community service idea for the store has been stolen by his supervisor.

Lydia's boss keeps asking her for a date. He's also receiving gifts from suppliers, which doesn't seem right. She's faced with a difficult decision about becoming a whistleblower.

Roy has an attitude problem from the moment he arrives. He begins his new job goofing off and talking on the phone. While his warehouse supervisor is trying to straighten him out, he is invited by Lydia's boss to help him steal from the store.

Ages 15 to 18
90 minutes, order 5-2192-IN

The Other Side Of Blue: The Truth About Teenage Depression

Suicide is the second highest cause of death among Canadian teens after motor vehicle accidents. In 1997, more than 300 young people between the ages of 15 and 19 killed themselves.

This new documentary, shot in classic MTV style features four young people telling their stories about depression and attempted suicide.

Dr. Elyse Dubo of the Youth Psychiatry Mood Disorders Program at Toronto's Sunnybrook Hospital and her colleagues produced this video to help teens, their parents and teachers better understand the signs and symptoms of clinical depression.

Intercut with teen testimonials are interviews with doctors who explain how to recognize the symptoms of clinical depression. Normal eating and sleeping habits change. You might eat too much or lose your appetite altogether. You might have insomnia, or sleep for days. You may also have trouble concentrating, or have little motivation and energy. Eight to 10 percent of teens suffer from true clinical depression.

The toughest part about depression for most young people is accessing help. We need to remove the secrecy and stigma around teen depression and suicide to ensure that more teens receive help in time.

Ages 15 to 18, Adult
31 minutes, order 9-2200-IN



Learning Resources

Out! Making Schools Safe For Gay Teens: Student Version

Gay students are coming out of the closet at ever earlier ages, sometimes even before they get into high school. This can cause friction with other teens who are dealing with their own emerging sexual identities and can make school an unsafe place for everyone.

Consider this: safe schools and equal treatment aren't just worthy educational goals—they are mandated (and enforced) laws.

Out! is a two-video program that helps administration and staff make schools safe, through sensitizing teachers and teens—gay as well as straight—about the issues, and by offering suggestions on combating homophobia.

This video for students features candid interviews with gay teens. They talk about reactions of family and friends, the harassment they face at school and how they handle it, and the value of gay-straight alliances and support structures. Designed to be viewed and discussed by gay and straight students.

Ages 16 to Adult
26 minutes, order 8-2022-IN

Out! Making Schools Safe For Gay Teens: Staff Version

Gay students are coming out of the closet at ever earlier ages, sometimes even before they get into high school. This can cause friction with other teens who are dealing with their own emerging sexual identities and can make school an unsafe place for everyone.

Consider this: safe schools and equal treatment aren't just worthy educational goals—they are mandated (and enforced) laws.

Out! is a two-video program that helps administration and staff make schools safe, through sensitizing teachers and teens—gay as well as straight—about the issues, and by offering suggestions on combating homophobia.

This video for staff features interviews with teachers and counselors who work with gay teens and gay-straight alliances. Teachers discuss dealing with gay teens who are coming out, ways to counteract homophobia and how to sensitize staff and students. It includes tips for forming a gay-straight alliance in your school and frank discussions with gay students.

Adult
42 minutes, order 8-2023-IN

The Power Of Choice Series

Teens learn to make positive decisions and avoid risky behaviours. The programs promote self-esteem and good decision making.

An award winner for the ages 15 to 18 category.

The Power of Choice

Presents *Vision, Initiative, and Perspective* as tools for making the best choices.

60 minutes, order 5-2146

Drugs and Alcohol, Part I

An honest look at making hard choices in the real world.

30 minutes, order 5-2150

Drugs and Alcohol, Part II

What to do when someone you care about is hooked.

30 minutes, order 5-2151

Acting On Your Values

Knowing what you value is the key.

30 minutes, order 5-2147

Communicating with Parents

Getting parents to listen and understand.

30 minutes, order 5-2156

Coping With Pressure

Learning to handle pressure in ways that serve your best interests.
30 minutes, order 5-2149

Depression and Suicide

What to do for someone at risk.

30 minutes, order 5-2155

Drinking and Driving

How to handle difficult situations without losing your cool - or your life.

30 minutes, order 5-2152

Friendship and Dating

Creating and maintaining quality relationships.

30 minutes, order 5-2154

Raising Your Parents

How to make your relationship with your parents work better.

30 minutes, order 5-2157

Self-Esteem

What it does for you and how you get it.

30 minutes, order 5-2148

Sex

Making choices tonight that you can live with tomorrow.

30 minutes, order 5-2153

Ages 12-18

390 minutes, order 5-2158-IN



Learning Resources

Prevent Violence With Groark Series

This delightful new video series teaches young children valuable lessons that will help them get along well, work out conflicts fairly and peacefully, and prevent violent behaviour.

In each episode, Groark, an affable, childlike dragon puppet, gets into a tense situation with some of his puppet friends. But after he discusses the problem with a group of real elementary school children, he applies what he has learned and succeeds in bringing about a peaceful, positive solution.

Funny, entertaining, and emotionally engaging, these videos combine puppetry, real children, music and fanciful visual elements - a sure hit with young kids. Each program has a discussion guide.

Groark Learns to Control Anger

Groark becomes so angry at his own mistake that he accidentally on purpose damages his best friend's model airplane - and gets into a fight.

Children learn how to recognize and manage anger.

Order 5-2184, 28 minutes

Groark Learns to Work Out Conflicts

Groark has a disagreement with his friend over a robot they are building as a school project. When a serious rift develops and their project stalls, Groark becomes frustrated and angry.

Teaches kids how to stay calm, talk through their problems, listen to other viewpoints, and find mutually satisfying solutions to conflict.

Order 5-2185, 28 min

Groark Learns to Listen

Groark is working with two friends on a dance routine for a talent show. His failure to listen to their ideas and concerns upsets his friends, and leads to misunderstanding and injury.

But Groark learns a valuable lesson and gets a second chance.

Order 5-2186, 28 min

Groark Learns About Bullying

Groark is playing with his friends when two of them start teasing and picking on a third one. As the situation escalates Groark gets drawn in, and, before he realizes it, Groark is picking on his best friend!

Demonstrates the cruel and unfair nature of bullying. Award Winner!

Order 5-2187, 28 min

Groark Learns About Prejudice

Groark and his friends decide not to invite the new kid to a party they're planning - until he discovers the reasons they acted on were presented by a friend who didn't even know the new kid.

Teaches children not to pre-judge people on the basis of size, age, gender, race, ethnicity or national origin.

Order 5-2188, 28 min

Ages 6 to 8

138 minutes, order 5-21840-IN

Proud To Be Polite, K-3

Proud To Be Polite Series, Unit 1

Introduces children to concepts of civility and courtesy and gives tips and practice in facing social situations. A diverse cast of children host this charming series of video vignettes that demonstrate everyday manners, respect and good character.

Chapters include:

Off to a Good Start, 5:30 minutes - *Respect and How You Show It*, 3:30 minutes - *What Do You Say?*, 4:30 minutes - *Excuse Me*, 4 minutes - *Gimme Some!*, 3:30 minutes - *Trading Places*, 4 minutes - *Little Letters*, 2:15 minutes - *Working the Crowd*, 3:30 minutes - *It's How You Play the Game*, 3:40 minutes - *Discovering Abilities*, 2:45 minutes.

The Leader's Guide for this series contains lesson plans, games, activities and reproducible masters.

Together with the video program, it makes implementation a snap.

You can download this guide directly from our web site at <http://www.canlearn.com> - you will need to have the free adobe acrobat reader (click on "what you need" at our site). With the reader installed, click on the "on-line support" tab and look for this guide. You will need a password to open the document. Send us a request by email and we will send your PIN number to you.

Ages 6 to 8

41 minutes, order 5-2189-IN



Learning Resources

Proud To Be Polite, Grades 4 To 6

Proud To Be Polite Series, Unit 2

Introduces children to concepts of civility and courtesy. The following segments are on one tape and are accompanied by a very useful Leader's Guide.

Chapters Include:

Off to a Good Start - Respect - Honesty - What Do You Say? - Respecting Yourself - Loudness, Silence, and Listening - Having Your Say - Little Letters - Gimme Some! - Trading Places and Lookin' Good - Punctuality - Respecting Differences

TEACHER'S GUIDE

The Leader's Guide for this series contains lesson plans, games, activities and reproducible masters. Together with the video program, it makes implementation a snap.

You can download this guide directly from our web site at <http://www.canlearn.com> - you will need to have the free adobe acrobat reader (click on "what you need" at our site). With the reader installed, click on the "on-line support" tab and look for this guide. You will need a password to open the document. Send us a request by email and we will send your PIN number to you.

Ages 9 to 11
38 minutes, order 5-2190-IN

Racism: Who Is Peter Iswolsky?

Inspired by one man's courageous example, here is help for people to confront intolerance in all its ugly forms.

"Silence speaks for you when you see bigotry and choose to do nothing"... says anti-racism workshop leader Bernie Farber. Viewers join this workshop in progress, and learn how the teenagers attending feel about racism. Students are asked how they would react to various racist situations, and end up learning from their responses.

Reflections on the horror of racism come from a survivor of the Holocaust, who, as an eight-year-old Jewish child, was sheltered by strangers; and by an Italian man who, at sixteen years of age, risked certain death to shelter a Jewish family. Finally, the students in the workshop are asked, "Where does the line of racism begin?"

This video takes us into a high school classroom for a discussion of racism. We are allowed to hear the unadulterated thoughts of a number of young people on the subject, as well as those of their teacher. Together they deal with the kind of attitudes that give rise to bigotry, racism and discrimination. The video makes very clear that each of us has a personal responsibility to stop bigotry whenever and wherever we encounter it.

Ages 15 to 18, Ages 12 to 14, Post Secondary - Introductory
28 minutes, order 9-5100-IN

Resisting Peer Pressure

Exploring the issues and concerns surrounding peer pressure, this program offers teenagers suggestions on how to avoid and resist peer pressure. Students will have a better understanding of the difference between negative and positive peer pressure, the sources of pressure and how to cope with it.

Covers the different forms and affects of peer pressure, how we are persuaded by outside influences, how to resolve conflicts, how to negotiate with and listen to peers, how to make judgments and decisions, and how to control emotions.

Ages 12-18
22 minutes, order 1-9266-IN

Safe (Street And Bicycle Safety)

Goodbodies Series

Learn that while injuries will happen from time to time, many can be prevented with proper safety practices. Street crossings, bicycle helmets, and school bus safety are demonstrated. Visit a pool to learn water safety.

Early Years, Ages 6 to 8
15 minutes, order 5-4922-IN

See Dick & Jane Lie, Cheat & Steal:teaching Morality To Kids

See Dick & Jane Lie, Cheat & Steal:teaching Morality To Kids

Hosted by Tom Selleck
A school related documentary that teaches values to kids. By showing horrifying portraits of kids who are growing up with no values, no conscience, and no shame, it helps instill the importance of taking responsibility for one's actions.

Adult
46 minutes, order 1-8727-IN



Learning Resources

Scared Straight! 20 Years Later

In 1978, seventeen teenage lawbreakers were taken inside of Rahway—a maximum security prison in New Jersey. The reason, however, was not to serve time in jail for their crimes. Rather, they were being sent to Rahway in an attempt to convince them to abandon crime and build a better future for themselves.

How was this to be accomplished? In a raw confrontation, a group of hardened convicts called “The Lifers” tried to literally scare the kids into going straight. Using explicit language and “in your face” tactics, The Lifers spared their audience nothing while revealing what life behind bars is really like. The groundbreaking film *Scared Straight!* documented this experience, winning an Academy Award and eight Emmys after it first aired twenty years ago.

What has happened to these kids over the past twenty years? Are any of them in prison? Are any of the convicts out? Today, *20 Years Later* revisits some of the teenagers—now in their thirties—and the convicts who tried to change their lives.

Combining current interviews with clips from the original program and interviews conducted ten years later, this video shows viewers how the experience impacted the futures of the teens and convicts alike. One major revelation serves as a lesson to everyone: in cases where after twenty years nothing much had changed for a participant, drug and alcohol abuse could almost always be identified as the underlying cause.

Most of the teens and many of the convicts benefitted from the experience, adding to the many reasons to continue the program for new generations. For viewers, especially teens who are currently committing crimes or those who are “on the edge”, this program will serve to jolt them into understanding what life in prison really means.

Ages 15 to 18, Adult
90 minutes, order 1-2282-IN

Self Esteem: Being The Real Me

This program contains clear “how to” instructions on self-esteem development for K-6th graders. Real kids, including kids with disabilities, carry the message and show how to appreciate yourself, set goals and do positive self-talk. What they say is insightful and inspiring.

Award-winning writer and host, Ruby Unger, describes easy-to-follow breathing exercises that help viewers relax and “de-stress”. Visualization techniques are taught to help students set goals, both immediate and for the future. In addition, students are encouraged by their peers to trust their instincts, to challenge themselves, to accept mistakes as learning opportunities, help others, to follow respected examples, to reach out to help others, to accept responsibility for their actions, to find the positive, delete the negative, and practice, practice, practice to internalize their new, improved habits.

The video is segmented for easy viewing and the teachers' guide includes reproducible, suggested activities, definitions, bibliography and a handy “esteem checklist”.

KEY POINTS:

- Children should learn to see mistakes as opportunities for learning.
 - Visualization techniques can help children to “de-stress”.
 - Taking responsibility for one's actions is a good way for children to develop their self esteem.
- 16 minutes, order 1-2573-IN

Sexual Lies: Real Talk, Real Kids, Real Impact

Dynamic speaker Howard Flaherty urges teens to make careful choices in dealing with their sexuality in this persuasive program which promotes abstinence.

Flaherty describes the three lies of the sexual revolution: “everybody's doing it,” “you can't control yourself,” and “sex is free”.

“People say teens are powerless to choose what's good for them and that they're animals with raging hormones out of control”. Humans are different from animals, he asserts, because they have the ability to reason and make choices instead of being driven uncontrollably by animal instinct.

Discusses the price teens pay in the risk of STDs, pregnancy, and the emotional confusion associated with sex.

Explains the effects on the body of the most common STDs.

Emphasizes the importance of love and respect in choosing a lifelong sexual partner. Anecdotes and humour punctuate this uplifting, confidence-building program.

Ages 12-18
42 minutes, order 1-8974-IN



Learning Resources

Simon

In most ways, Simon is like any other eight year old boy. He enjoys playing baseball, swimming, and collecting stamps...doing the things any eight year old boy likes to do. But in one respect, Simon is different: he was born without a nose.

Other kids call Simon a freak. They won't play with him or sit next to him on the school bus. Life is very hard for Simon; he wishes he could be just like everyone else. But one day, when a skunk invades the classroom, Simon's "liability" becomes a decided asset...and makes him into a hero.

This delightful story helps children understand it's all right to be different. It lets them realize that everyone is special...just the way they are. By Robert Lence.

Ages 6 to 8
5 minutes, order 1-8376-IN

Smoking: Truth Or Dare? (Library Version)

The Teen Files Series

"Emphysema kills you slowly for 20 years. So it's not the dead part that's the bad thing. It's the dying." Pam Laffin, 28-year-old emphysema sufferer.

Hosted by Leeza Gibbons with appearances by Boyz II Men, Judd Hirsch, Jeff Bagwell, Christy Turlington, and Donna Shalala, U.S. Secretary of Health and Human Services.

Six thousand American teenagers light a cigarette for the first time every day. Today, the number of teen smokers in the United States is the highest it's been in two decades. A total of four and a half million teens smoke or chew tobacco.

Despite increased education in the classroom about the very real dangers of tobacco use, many teens still are not getting the message. They may be aware how smoking or chewing has dire consequences, but they do not believe or care that they, too, will become part of the statistics; every year, smoking kills more people than AIDS, drug abuse, car accidents and murder - *combined*.

Recently broadcast on national television, this a powerful program that graphically demonstrates exactly what this deadly habit does to a body. The damage smoking or chewing tobacco does to our bodies is not just something intangible that teens might have to face forty or more years down the road. These young people are suffering the deadly effects of their use right now, and the consequences will only get worse.

Ages 12-18, Adult
52 minutes, order 1-9297-IN

Surviving High School (School Version)

The Teen Files: Surviving High School

A searing exploration of the stress that high school kids experience as they try to fit in and be accepted by their peers - no matter what the cost.

This video unfolds like a real life version of The Breakfast Club as eleven teens struggling to "fit in" exemplify the ever-growing problems of isolation, extreme dieting, steroid use, depression, and suicidal thoughts.

Viewers are given an in-depth look at these teens' lives and are allowed to observe as they reveal their true selves to each other. The program dares the teens to define what it means to "survive" in their own school by finding a solution to the bullying, harassment, and exclusion that have been tearing their school apart.

By urging teens to make positive changes in how they perceive themselves and how they treat others, this is a compelling and invaluable resource for kids, teachers and parents alike.

The Leader's Guide is available at the CLC website. You will need the Adobe Acrobat Reader to view and print this 30 page document. To download the PDF guide, from your internet browser enter the following URL:

[HTTP://WWW.CANLEARN.COM/GUIDES/1-2543.PDF](http://WWW.CANLEARN.COM/GUIDES/1-2543.PDF)

You will be asked for a PIN number. Enter "1-2543" (without quotation marks). This is required to open the file. You will need the latest version of the Acrobat Reader available free of charge from <http://www.adobe.com> - details are at this site.

Be patient, download times depend on the speed of your internet connection.

Ages 15 to 18
59 minutes, order 1-2543-IN

Take Me To Your Leaders

Hosted by James Garner An exciting and fascinating look at leadership in the making...young men and women who are learning to be leaders in a variety of innovative, dynamic ways. This program profiles people and programs that are fostering leadership characteristics and potential among young people...the leaders of the next generation.

Adult
46 minutes, order 1-8731-IN



Learning Resources

Teasing: It's No Joke

A fight between two boys in the school yard, which started when one boy called the other "trailer trash", sparks a discussion in the classroom about teasing—the kind that hurts us and makes us doubt ourselves. At the teacher's request, Sheridan volunteers to take on an extra credit project that will show the class that *teasing is no joke*.

With the help of a ventriloquist and his puppets, Sheridan and her teacher explain why teasers act the way they do.

Reasons include an unhappy home-life, insecurity, unable to form positive friendships, revenge and learning disabilities. Students are taught how to defend themselves against the painful abuses of teasing by telling the teaser how they feel, not retaliating and reporting incidents to parents and teachers.

Sheridan concludes her presentation by showing a video which features several students who have been teased about everything from appearance and race to disabilities and being too smart. Often on the verge of tears, the students describe how incessant teasing has made them feel bad about themselves and caused them emotional pain.

This moving program has a simple, but very important message—"Be nice to others."

A presenters' guide is available as a PDF file from the CLC website for those purchasing or previewing the video. To download the PDF guide, from your internet browser enter the following URL:

[HTTP://WWW.CANLEARN.COM/GUIDES/1-24970 TEASING.PDF](http://www.canlearn.com/guides/1-24970-teasing.pdf)

In order to open/read this PDF, you will be asked for a PIN number. Enter "1-24970" (without quotation marks). Please be patient, the download time depends on the speed of your internet connection. Need help? Email us at info@canlearn.com

Ages 9 to 11
22 minutes, order 1-2497-IN

Teen Pregnancy: Having Babies Too Soon

Every year, well over a million teenagers in North America get pregnant. This program examines why, from the perspectives of over 40 teen mothers. Their choices, problems, and hopes for the future enable other teens to see the harsh realities of life as a teen parent and to think twice before it's too late.

Ages 16 to Adult
17 minutes, order 1-8906-IN

Tolerance 101

This video combines interviews with real teenagers and a dramatization of how some students may feel about tolerance.

Eddie, the main character of the video, is uncomfortable with the idea of tolerance as he has always felt that more things get solved with violence and harsh words than with peace. With the help of his friends, Joe, Sara and Cheryl, Eddie comes to terms with the fact that he can practice tolerance in his own way. He learns that tolerance doesn't mean being a pushover; instead, it requires using one's intelligence to master a situation in the best way possible. Eddie symbolizes those students who may be ambivalent about learning tolerance.

The interview portion of the video focuses on real kids, not tolerance experts or adults' opinions on tolerance. They talk about where intolerance comes from. They define tolerance and what it means to them. Most affecting, however, are the stories they tell. In their own words they describe episodes of intolerance. They illustrate what happened using their own language and their interpretations. This video is about kids talking to other kids, speaking about what they know best.

Ages 12-18
14 minutes, order 2-5146-IN

The Tough Times Series *Glass Guns*

Sharing needles is one of the most common ways young people contract HIV. This program dramatizes high school students in a believable and compelling life situation in which a choice is made to use a "dirty" needle to inject heroin.

Crystal, a teenager with lots of friends, wants a job at the local restaurant which pays well. She needs money to support a new hobby - heroin. She tries to entice her boyfriend, Peter, to "fly with her" by shooting up. Peter refuses, and Crystal shuts herself off from him and her friends, and now looks only to heroin for "friendship."

Order 1-9107, 13 minutes

Choke

Escalating conflicts among adolescents too often leads to violence. This program dramatizes a conflict between players on a soccer team. Teaches pro-health conflict resolution skills which can be used to de-escalate a situation that may seem out of control.

Order 1-9108, 12 minutes



Learning Resources

Gloss

Girls in modern society are pressured to look, dress and act older than they are.

The cultural push is to subordinate your own values and thoughts in order to conform, to fit in, and to be cool. The program explores this conflict between authentic individuality and cultural stereotypes, when an eighth grader pretends to be older in order to date a high school boy she met at a party.

Order 1-9109, 14 minutes

Wake Up Call

The owner of the pizza restaurant where Lizzie works makes inappropriate and unwanted sexual references and overtures towards her.

She must now decide whether or not to compromise her values and integrity for the opportunity to earn money for college.

Order 1-9110, 16 minutes

Shatter

Dramatizes a group of students at a weekend party, some of whom have been abusing alcohol, and the personal, psychological and physiological problems that develop.

Order 1-9112, 16 minutes

Backstroke

The issue of adolescent suicide is a sensitive but crucial one. This program explores and dramatizes many of the symptoms of suicidal adolescents, and demonstrates ways for peers to effectively and authentically intervene.

Order 1-9111, 18 minutes

Ages 12-18

minutes, order 1-91070-IN

The Truth About Sex (School Version)

The Teen Files Series

More than half of all teenagers have had sex before they're 18 years old. Therefore, it's not surprising that a teenager contracts a sexually transmitted disease every 10 seconds in America and over 3,000 teenage girls become pregnant there every day.

Parents and teenagers are often too uncomfortable or too embarrassed to discuss the risks associated with sex. *The Teen Files: The Truth About Sex* forces teenagers to face the hard-hitting realities of having sex too young, including unwanted pregnancies and STDs.

Viewers are introduced to several sexually active teenagers, many of whom are having unprotected sex. Two teens discuss the struggles of becoming parents at such a young age, while another young couple faces the possibility that they could be pregnant.

A group of teenagers tour a microbiology lab, where hundreds of cases of sexually transmitted diseases are diagnosed each year, and participate in a "mock AIDS test". Lisa, a 33-year-old heterosexual woman with full-blown AIDS, shares her story.

Ages 12-18

30 minutes, order 1-2344-IN

The Truth About Teachers

Hosted by Whoopi Goldberg

An inspiring program that celebrates America's greatest teachers...those who are truly making a difference. The program profiles ten teachers who are doing an extraordinary job educating and motivating kids, despite budget cuts and other problems in public schools.

Adult

46 minutes, order 1-8728-IN

A Tutor's Workshop: Students With Learning Disabilities

This training package is intended to support student tutors working with students with a learning disability and/or ADD or AD/HD - and, on a larger scale, to support the improvement of education, by ensuring that all learners acquire the knowledge and skills necessary for success in the workplace and society.

The package contains a reproducible Student Handbook, Tutor's Workbook, videocassette, and audiocassette.

The Tape and Tutor's Workbook are divided into seven separate lessons, each of which deals with an issue or area covered in the Handbook. The lessons addressed on the video are:

- What is a Learning Disability? - Specific Learning Disabilities - Affective Behaviour - Learning Styles - Study Skills - Building Math Skills - Problem Solving

Ages 16 to Adult

60 minutes, order 5-4740-IN



Learning Resources

The Truth About Violence

The Teen Files Series

Teen violence has reached epidemic proportions. U.S. statistics show that over half of children in grades 6 through 12 say they could get a handgun. Since 1980, 1 in 4 murders of juveniles involved a juvenile offender. More than 2,000 children are abused every day and 80% of those children go on to commit violent acts.

Arriving at a time when Americans are seeking reasons for - and solutions to - the problem of teen violence, this explosive new documentary explores violence and its consequences through the eyes of eight Los Angeles teens. Two of the teens are in gangs, two are involved with gang members, three are on probation for violent behaviour, and all of them have histories of harming their peers, teachers, or themselves.

The program begins with the teens expressing their feelings about violence. Hardened by their own experiences, these young people see violence as a necessity in their daily lives, think nothing of carrying or potentially using a gun, and do not consider the consequences of their violent acts to themselves or others. By their own admission, they enjoy the power they feel from their violent behaviour.

The teens then participate in a month-long journey that brings them face-to-face with how violence impacts victims' lives. They visit the USC Medical Center and witness in graphic detail the effects of violence; they tour a battered women's shelter; they undertake a grueling challenge in the rugged Colorado mountains to learn empathy, teamwork, and that it is possible for them to change their violent ways.

Then, during a highly emotional visit, the teens tour Columbine High School in Littleton, Colorado, the site of a mass shooting perpetrated by two students. The group listens to a grieving father, a brother, and a teacher who share their heartbreaking stories of loss and anger.

After a month of learning to see violence for what it is, the teens are determined to change their lives forever and reach out to other young people to help them overcome the problem of teen violence.

Ages 15 to 18, Adult
57 minutes, order 1-2501-IN

Vandalism: Just For Kicks

Speaks to young people about vandalism. It explains the extent of the problem, its implications on our environment and personal lives, and offers solutions.

Ages 12-18, Ages 9 to 11
12 minutes, order 2-5005-IN

What Do I Do Series

What Do I Do: When I Feel Alone!

This program helps young children to deal with situations that cause them to feel isolated, such as when parents are divorcing, a best friend has moved, or when they just feel left out. The importance of communicating feelings to someone else is stressed.

Order 1-8937

What Do I Do: When I Feel Afraid!

Dealing with fears is the subject of this program which covers situations that worry children such as concern when parents fight, dread about the possibility of being beaten up by bullies, or anxiety over what peers think of them.

Order 1-8938

What Do I Do: When I Feel Jealous!

What children interpret as anger is sometimes actually jealousy - when mom's new boyfriend is around, for example, or when the most popular kid at school seems stuck up. This program teaches kids how to deal with jealous feelings.

Order 1-8939

What Do I Do: When I Feel Different!

Children usually want to be just like everyone else, and being "different" can cause feelings of inferiority. This program shows how being different can sometimes allow children to feel special instead of odd. Socio-economic, physical and ethnic differences are explored.

Order 1-8940
15 minutes each

Ages 9 to 11
60 minutes, order 1-89370-IN

Women's Work

Today's enterprising woman has more career options than ever before, with more women finding job satisfaction in non-traditional careers in technical fields.

Such jobs often boast higher wages, greater job security, better benefits, and more opportunities for advancement.

The focus of this program is the real-life experiences of women employed in technical careers, sharing the obstacles they have faced, as well as their successes and challenges. This program was produced NETCHE, Inc.

Ages 15 to 18, Adult
28 minutes, order 5-4747-IN



Learning Resources

Working It Out Together: Student Version

Peer Mediation & Conflict Resolution Program

A Peer Mediation and Conflict Resolution Program

Schools report a decrease in vandalism, reduced suspensions from fights and an increase in attendance when they implement a peer mediation program.

Here's one that's been school-tested and works!

Authors Dr. Lisa and Harry Webne-Behrman have inserviced hundreds of school districts with their effective, yet simple peer mediation program. Follow their five-step, common sense approach to opening lines of communication between students and you'll be well on your way to running a violence-free facility.

Experienced student mediators use the Webne-Behrman method to control lively and realistic role plays. They instruct and motivate students who want to become peer mediators.

Ages 15 to 18
25 minutes, order 8-2009-IN

Working With Resistant Teens

Students are more explosive today than ever before and working with them is a constant challenge. Therapist Steven Campbell, who has worked with incarcerated teens in the Detroit area since the 60s and consulted on violence in the workplace for the U.S. Postal Service and corporate America, as well as violence in schools, has developed an effective anger management strategy.

These two videos (*Working with Hostile Teens* and *Working with Resistant Teens*) consist of role plays with actual at risk teens who, in most cases, are acting out their own personal histories. Campbell leads the role plays, then provides an analysis of each one, showing viewers how to work effectively with this challenging population. Invaluable, hands-on survival skills for dealing with hostile and resistant teens in any setting.

Role plays include the following scenarios: a student who—

- threatened to kill a teacher
- punched out a principal
- may be suicidal
- fights but blames others
- relapsed and is acting out
- got thrown out of school and is trying to re-enter
- was fighting with another girl
- is pregnant but hasn't told anyone

Adult
46 minutes, order 8-2010-IN

Working With Hostile Teens

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1993 45 minutes, order 8-2011
Adult
45 minutes, order 8-2011-IN

The You Can Choose Series

This series takes a bold, new approach to youth guidance video by combining comedy, drama, music, peer education and role modeling into a powerful format that captivates and challenges young viewers. From the producers of *The Power of Choice* series.

To assist integration into existing programs, a Leader's Guide is provided with each title.

Dealing With Feelings

Tuggie and his friend prepare for a camping trip but he is afraid to go and afraid to admit it to his friend. They discover the kinds of problems caused by not being honest about feelings.

Order 5-2159, 25 minutes

Being Responsible

Irresponsible Rhonda convinces her friends to give her one last chance to be responsible. When she is tempted not to come through on her promises, a group of real kids led by comedian Michael Pritchard provides her with good advice.

Order 5-2160, 25 minutes



Learning Resources

Cooperation

Moose, the lead singer of a school quartet quits his group when the other members want to do a song which would require him to sing backup. Comedian Michael Pritchard and real children teach him the benefits of cooperating.

Order 5-2161, 25 minutes

Saying No To Smoking

Missy's best friend, Rhonda, has just taken up smoking and wants Missy to do the same. Should Missy stand her ground and risk losing her best friend? Children will learn how to say no successfully, especially to smoking.

Order 5-2162, 25 minutes

Doing the Right Thing

Rhonda and Fiona discover that doing what's right feels a lot better than doing what they can away with. When they find a lost wallet on the playground, the girls struggle with the temptation to spend the money before finally concluding that it's not their to spend.

Order 5-2165, 25 minutes

Dealing With Disappointment

Missie Mouse must learn to keep perspective and handle disappointments in a positive way. When her baseball team falls into last place, Missie almost gives up the game before realizing that losing is not the same thing as being a loser.

Order 5-2166, 25 minutes

Appreciating Yourself

Tuggy learns that being himself is a lot better than pretending to be something he's not. When Tuggy becomes troubled by feelings of inadequacy, his friends help him to recognize and appreciate his positive inner qualities.

Order 5-2167, 25 minutes

Asking for Help

Moose learns not to let pride or embarrassment get in the way of asking for help. After ruining a group science project, Moose finds that the only good way to cope with his "secret" reading problem is to get the help he needs to overcome it.

Order 5-2168, 25 minutes

Being Friends

Rhonda, Missie, and Fiona learn about the complex nature of friendship. When Missie is not invited to the "in" party, the three girls are forced to deal with the differences in their relationships with each other.

Order 5-2169, 25 minutes

Resolving Conflicts

Tuggy and Rhonda learn that there are ways to resolve disagreements without fighting. When a dispute between them puts their class art project in jeopardy, Tuggy and Rhonda learn to work out interpersonal conflicts in a peaceful and positive way.

Order 5-2170, 25 minutes

Ages 9 to 11 minutes, order 5-2163-IN

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