

Learning Resources

Acquaintance Rape, Drugs, And You

Uses interviews, engaging computer graphics, and a young male and female narrator team to address many of the issues involved with dating and rape, specifically acquaintance rape.

The narrators and counselors, along with a sex crimes detective and two rape survivors, discuss what circumstances lead to date rape, the dangers drug and alcohol add to dating situations (including information on so-called date rape drugs, G.H.B. and Rohypnol), what to do after a rape has occurred, and finally, how to prevent rapes from happening in the future.

Emphasizes that the final responsibility for preventing rape belongs 100% to the aggressor.

Ages 15 to 18
18 minutes, order 2-5137-IN

Aids 101: Tammy Talks With Teenagers

A frank discussion on AIDS between a teenage studio audience, AIDS specialist Dr James Jarvis and Tammy Boccomino.

Teens learn how Tammy caught the AIDS virus from her needle-using husband and how she passed it on to their young son - with tragic results.

A comprehensive listing of videotapes dealing with all areas of Sexuality, Sexual Health and AIDS/HIV prevention.

Includes a detailed explanation of the importance and proper use of latex condoms. Teaches teens that, unlike "true love," AIDS lasts forever.

Ages 16 to Adult
44 minutes, order 1-8811-IN

Aids And Kids: The Whitney Project

A true story that helps children to have compassion for people with HIV/AIDS.

Features the members of a grade six class who hear about the plight of Whitney Williams, a girl with AIDS who lives far away. Determined to help, the students become pen pals with Whitney and eventually raise enough money to bring her to their school for a visit.

Emotional statements from Whitney convey how much the students' support has meant to her, while students and teachers share what it has taught them about courage, hope, and survival.

Includes information on ways that youngsters cannot become infected with HIV.

All Ages
16 minutes, order 1-8855-IN

Aids: Caring For The Caregiver

Explores the experiences, fears of contagion, homosexuality, drug abuse and patient identification, plus the intense physical and emotional demands placed on caregiver.

Professional
28 minutes, order 1-2090-IN

Aids: Everything You Should Know

2nd Edition

Whoopi Goldberg joins USC medical professor Dr Alexandra Levine in presenting the facts on HIV/AIDS - for teens.

Learn the various ways HIV is passed and how to avoid contracting it.

In a forthright approach to human sexuality and the hazards of STDs, including HIV/AIDS, abstinence is emphasized as the safest course of action.

Also available in a *special version* that advocates condoms and spermicide to reduce risks for the sexually active. (20 minutes, order 1-8783).

Ages 12-18
20 minutes, order 1-8758-IN

Aids: Everything You Should Know (2nd Edition, Special Vers)

Specifically to inform teens, Whoopi Goldberg joins USC medical professor Dr Alexandra Levine in presenting the facts on HIV/AIDS.

Learn the various ways HIV is passed and how to avoid contracting it. In a forthright approach to human sexuality, and the hazards of STDs including HIV/AIDS, abstinence is emphasized as the safest course of action.

This expanded version advocates condoms and spermicide to reduce risks for the sexually active.

Ages 12-18
20 minutes, order 1-8783-IN



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Aids Work

In this timely and important video, two physicians and four nurses (one of whom is also the founder of a hospice program) reflect on several decades of combined experiences in caring for patients with HIV/AIDS.

They discuss: *facing fears* for their own safety, as they struggle to deliver compassionate care to patients with this almost always terminal disease; *facing frustration* as they realize that they cannot offer a cure or sometimes even symptomatic treatment to those who depend on them; *facing burnout* including depression and, in at least one case, the use of drugs and alcohol to dull the pain they experience; *facing grief at the loss of people they have cared for for years*.

Finally, *facing forward* to the turn of the century, knowing that the disease will still be with us, but that they, and other dedicated healthcare workers will continue to struggle against it.

Professional
22 minutes, order 9-7307-IN

Aids: Allie's Story

A case study of a young woman who contracted HIV after having an unprotected heterosexual contact.

It also discusses the spread of AIDS and the need for sexual education programs on college campuses.

Neither promiscuous nor an IV drug user, Allie's lifestyle was anything but high risk - yet her story clearly shows the risks for anyone who is sexually active.

Recommended, BC Ministry of Education for *Personal Development* courses, grades 10, 11, 12.

Ages 15 to 18
14 minutes, order 1-8163-IN

Aids: The Teen Guide To Living

Scientists today are becoming optimistic that HIV infection will someday be controllable. In the meantime, people of all ages are learning how to avoid risking exposure to HIV and living responsibly to protect themselves and their loved ones.

Covers many issues and concerns regarding the AIDS virus, including what the virus is, how it is transmitted, who is at risk, how infection can be avoided, how one can be tested for the virus and what options are available upon receiving a positive test result.

Also describes ways that the virus is not spread, dispelling common misconceptions.

Ages 15 to 18
22 minutes, order 1-9265-IN

Alone Together: Young Adults And HIV

Haunting and timely profiles of several young people - straight and gay, male and female, and from a variety of ethnic and economic backgrounds - who were infected with the HIV virus in their teens.

Depicts their anger, confusion and profound regret as well as the naivety, insecurity and sense of invulnerability that led them into high-risk activities.

Also depicts the honesty, caring and mutual support that these young people exercise.

Ages 16 to Adult
20 minutes, order 9-7197-IN

Beginnings: You Won't Get Aids

Reassuring, current and accurate information to allay children's fears and misconceptions about HIV/AIDS and people with AIDS. Award winner.

Closed Captioned

Recommended for A Healthy Body; Safety, Grades 2 to 5, Saskatchewan Education

Ages 6-11
14 minutes, order 1-9843-IN

Birth Control: On Trial In America

Healthy Living: Road To Wellness Series

Clashing views on abortion, contraception, teenage sexuality and fertility options are the focus in this program. Students will be encouraged to think critically about issues related to sex education, teen pregnancy, and family planning options.

Ages 16 to Adult
30 minutes, order 5-4968-IN

Chlamydia

Raise awareness and help prevent the spread of the most prevalent STD in North America. Should be a part of every STD program.

Professional, Ages 16 to Adult
9 minutes, order 3-2001-IN

L'infection à Chlamydia

L'infection à Chlamydia. La plus répandue de toutes les maladies transmises sexuellement (MTS).

Ce document-vidéo est un élément important de tout programme d'éducation sur les MTS. Pensez à l'inclure dans votre programme.

Ages 15 to 18, Post Secondary - Introductory, Adult, Professional
9 minutes, order 3-20010-IN



Learning Resources

Contraceptive Choices (2nd Edition)

A good introduction to the very wide range of birth control methods available, including nonprescription, prescription, and surgical options.

Briefly explains reproductive anatomy and physiology and then illustrates how the various contraceptive methods work. Covers the advantages and disadvantages of each method and gives its effectiveness rating. Also covers the importance of latex condoms in preventing the spread of AIDS and other STDs.

Ages 16 to Adult
17 minutes, order 1-8785-IN

Decade Of A I D S

This riveting documentary uses interviews, news clips and graphics to trace the history of the HIV/AIDS epidemic in the United States. It informs teens about the facts and fiction of the disease, provides information on HIV testing, and presents the story of a teen living with HIV. The moving tribute to a young AIDS activist will sensitize young people to the fragile situation HIV/AIDS patients face.

Ages 16 to Adult
25 minutes, order 1-8910-IN

The Drop In Group

Presents guidelines for preparing and facilitating one-hour drop-in group sessions on AIDS risk and prevention.

Ideal for clinicians who work with the mentally ill as well as for a variety of settings serving special populations at risk of AIDS.

Adult
22 minutes, order 9-7099-IN

Epidemic!

The Doctor Is In Series

AIDS comes from a long line of epidemics. The microscopic life forms that have ravaged mankind since evolution began are among the great villains of history, and our battles to stop them are among our greatest achievements.

This program looks at how people have learned to survive epidemics, and what's being done to stop them. The history of plague, smallpox, tuberculosis, and polio is shown in relation to the current problem of AIDS.

Dr. Fordham Von Reyn, an epidemiologist at the Dartmouth-Hitchcock Medical Center, and Dr. Cynthia Haq of the University of Wisconsin Medical Center discuss the issues. People who have had polio, tuberculosis, and the Spanish flu of 1918 talk about their experiences, along with a man who has AIDS.

Adult, Professional
28 minutes, order 2-2150-IN

Fifty Percent Teen Sexual Abstinence

Teenagers present convincing arguments in favour of sexual abstinence from their own perspective and experience.

Topics include the pressure teens face to engage in sex, the consequences of teen pregnancy, and sexually transmitted diseases. Some startling statistics add credibility to the abstinence option.

Ages 12-18
29 minutes, order 1-8865-IN

The Forgotten Tenth

People aged 50 and over account for approximately 10 percent of the annual reported AIDS cases in the United States. This tape serves as an introduction to the issues regarding AIDS/HIV that pertain to adults over 50.

Includes vignettes highlighting the personal experiences of three persons who are HIV infected, and one caregiver.

Adult, Professional
14 minutes, order 9-7287-IN

Health: Communicable Diseases (3rd Ed)

Recommended Saskatchewan Education: Health Education Bibliography for Grades 2 to 4: A Healthy Body

Grade 1 - Characteristics and Needs of Living Things: Relating Science and Technology ... : Identify ways in which individuals can maintain a healthy environment for themselves and for other living things.

This program teaches viewers the importance of hygiene, nutrition, rest and medical care in keeping communicable diseases at bay.

Amy, who is sick, brings her friend Mark into the science lab where they meet "Mr Germ", who explains how communicable diseases are spread.

Ages 6-11
13 minutes, order 1-8927-IN

Hope For The Future: Confronting HIV In Children/adolescents

Four families facing the tragedy of pediatric AIDS tell their stories.

Parents and children tell how they learned to cope with their diagnosis, and disease and medical experts provide information on advances being made in the treatment of pediatric AIDS.

Adult
15 minutes, order 1-8555-IN



Learning Resources

Just Say Know To AIDS: Safer Sex

Popular celebrities provide hard-hitting commentary on the negative aspects of early sexual behavior, while realistically explaining that *if you choose to be sexually active, it is imperative that you protect yourself consistently and correctly.*

Ages 12-18
29 minutes, order 1-8523-IN

Just Say Know To AIDS: Abstinence

Illustrates, in a way teens can relate to, that abstinence is the best way to avoid contracting HIV.

Ages 12-18
28 minutes, order 1-8527-IN

A Kid Called Troy

The impact of AIDS is at the same time international and intensely personal. Here is the story of seven-year-old Troy, who lived with the HIV virus his entire life.

Infected in the womb, Troy has experienced the death of his mother Suzi, as well as the periodic ravages of AIDS-related symptoms. Yet his love of life, and the care and example of his father and friends, have enabled him to remain happy and engaged despite the illness and the sometimes negative attitudes he has encountered in his short life.

Narrated by his father, this film also offers a moving and timeless portrait of parental love and dedication. Relevant to families throughout the world, the video speaks not only for Troy but for all children and families who will be living with HIV and AIDS as we enter the 21st century. *Produced by Film Australia.*

Ages 12-18, Adult
54 minutes, order 9-7304-IN

Life Skills Series

Communicating with Parents

This video gives young people better insight into the communication barriers which often come between kids and their parents. After viewing both sides of the situation, students learn how to effectively get their point across, while valuing their parents' point of view.

Order 2-5123 10 minutes

Teasing and Rumours

Everyone who lives and breathes has been teased or was the subject of rumours at some point. Although it may seem "natural" for some youth to engage in teasing, it is important that they recognize it as unfair and unacceptable.

Teasing can also lead to sexual harassment and escalate to violence. Students must recognize when these boundaries are crossed, and how to respond to these crucial situations.

Order 2-5124 11 minutes

Abstinence

In a contemporary style with colourful graphics, two young narrators introduce the issues of teen sex and sexuality, teen pregnancy and sexually transmitted disease.

Order 2-2126 10 minutes

Listening and Communicating Effectively

Two teen narrators introduce the components of effective communication. Through several descriptive vignettes, teens learn how to express themselves in the best manner, listen reflectively, and use appropriate body language, including good grooming.

Order 2-2127 8 minutes

Making Good Decisions

An informative discussion on decision making which includes evaluating the results of a decision once made.

The decision making process discussed is used in a descriptive vignette where Karen must make an important discussion. The audience sees her follow through with the process and finally, make the best decision.

Order 2-5128, 8 minutes

Ages 12 to 14
minutes, order 2-51230-IN

Listen Up!

Using a combination of rap music and a host narrator, this program defines AIDS & HIV, dispelling myths and answering common questions.

It Explores concepts of self respect and decision making. Also, see the teacher's video for this title.

A recommended resource, B.C. Ministry of Education for *Personal Development.*

Ages 12-18
12 minutes, order 1-8416-IN

Listen Up! (Teacher's Edition)

Provides essential background information and strategies to prepare instructors for discussing the subject with their classes. Accompanying discussion guide provides activities.

Adult, Professional
11 minutes, order 1-8417-IN



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Living With Aids

The Doctor Is In Series

Most of us link death with AIDS, but the fact is that most people who have HIV or AIDS live for many years with the disease. This program profiles several people with the HIV virus over the course of two years, and examines the issues they face – issues of medication, handling the emotional ups and downs, dealing with family members, paying for medical care, and dealing with guilt.

Profiled are a 25-year-old former drug abuser from New York City and her infected baby, currently “adopted” by a family to help care for the two; a 29-year-old female victim of sexual abuse; and a musical composer and performer. In addition to exploring traditional medical care, this program also examines alternative therapies and social support systems.

Adult, Professional
28 minutes, order 2-3102-IN

Love Makes A Family: Gay Parents In The '90s

Introduces three homosexual couples who are parenting either their own biological children or those they have adopted.

Reveals how they have explained their family structure to their children, teachers, family and friends; and how all have responded.

Ages 15 to 18, Adult
16 minutes, order 9-7183-IN

Mother, Mother

Drama about relationship between a young man with AIDS and his estranged mother. About family and unconditional love and AIDS. Free with purchase of *Too Little, Too Late*.

Adult, Professional
30 minutes, order 9-7065-IN

Other Families (Children Of Lesbian Parents)

Explores the perceptions and feelings of seven adults ages 18-40 who were raised by lesbian mothers.

Adult
49 minutes, order 9-7184-IN

Out! Making Schools Safe For Gay Teens: Student Version

Gay students are coming out of the closet at ever earlier ages, sometimes even before they get into high school. This can cause friction with other teens who are dealing with their own emerging sexual identities and can make school an unsafe place for everyone.

Consider this: safe schools and equal treatment aren't just worthy educational goals—they are mandated (and enforced) laws.

Out! is a two-video program that helps administration and staff make schools safe, through sensitizing teachers and teens—gay as well as straight—about the issues, and by offering suggestions on combating homophobia.

This video for students features candid interviews with gay teens. They talk about reactions of family and friends, the harassment they face at school and how they handle it, and the value of gay-straight alliances and support structures.

Designed to be viewed and discussed by gay and straight students.

Ages 16 to Adult
26 minutes, order 8-2022-IN

Out! Making Schools Safe For Gay Teens: Staff Version

Gay students are coming out of the closet at ever earlier ages, sometimes even before they get into high school. This can cause friction with other teens who are dealing with their own emerging sexual identities and can make school an unsafe place for everyone.

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Out! is a two-video program that helps administration and staff make schools safe, through sensitizing teachers and teens—gay as well as straight—about the issues, and by offering suggestions on combating homophobia.

This video for staff features interviews with teachers and counselors who work with gay teens and gay-straight alliances. Teachers discuss dealing with gay teens who are coming out, ways to counteract homophobia and how to sensitize staff and students. It includes tips for forming a gay-straight alliance in your school and frank discussions with gay students.

Adult
42 minutes, order 8-2023-IN



Learning Resources

The Personals

Improvisations On Romance In The Golden Years

This 1999 Academy Award winning short documentary offers an extraordinary look at the emotional lives of a group of senior citizens

On stage, a drama group of seniors perform their roles with energy and laughter. Off stage, their lives are often lived alone, and in silence. Drawn from the comedy and drama of their own lives, the play is structured around their quest for dates through the personal ads. As the rehearsals progress, the filmmaker's camera follows the individual members of the group into their homes, as it explores both the joys and the sorrows of growing old in America. With the never-ending longing for love, sex and relationships as its central theme. This video draws a surprisingly humorous and in-depth portrait of a segment of our society whose inner lives are not often explored.

"A group of now single senior citizens living on Manhattan's Lower East Side speak with touching candor about love and loss in the years when middle age is a fond memory."

Gina Bellafante, Time Magazine

"A sweet snapshot of American's elderly, The Personals is a delicate look at loneliness and the life lessons collected by a group of energetic senior citizens."

Michael Speier, Variety
Adult
35 minutes, order 9-7320-IN

Positive: A Journey Into AIDS (Classroom Version)

An Abc Afterschool Special Series

Michael Sutton (Stone) and Kimberly McCullough (Robin), who portray a couple battling AIDS on the daytime drama, General Hospital, are the subjects of this powerful documentary.

This program tracks their experiences as they learn about HIV and AIDS for real men and women living with the disease. In an attempt to understand the tragedies of AIDS, Michael and Kimberly visit various locations, including hospices and the AIDS quilt.

They meet with patients in a hospice who have less than six months to live and discuss with them how they got the virus and how they are confronting the prospect of an early death.

An informative and moving presentation about AIDS and its victims that should be seen by everyone.

For the original 44 minute version, Order 1-8908

Ages 16 to Adult
29 minutes, order 1-8992-IN

The Project Future Series Your Pregnancy, Your Plan

Prenatal care and health during pregnancy; social and emotional issues surrounding pregnancy; role of the young father; needs of a newborn.

46 minutes, order 7-1005

Giving Birth To Your Baby

To guide teens through labour and delivery. Many strategies for a healthy, informed birth experience.

42 minutes, order 7-1006

Your New Baby, Your New Life

Basic care of the newborn and post-partum mother; practical parenting skills; adjustments teen parents make.

58 minutes, order 7-1007

Ages 16 to Adult, Ages 12-18
146 minutes, order 7-1004-IN

Refusal Skills For Healthy Living

Techniques to refuse peer pressure and make positive, safe and healthy decisions about drug use, crime, and sexual activity.

Ages 9-14
15 minutes, order 2-5108-IN

Reproductive Medicine: Premises And Promises

Healthy Living: Road To Wellness Series

Nearly three out of four American couples pursuing assisted reproduction are not successful – a staggering statistic leading to new revisionism in reproductive medicine. This program takes an in-depth look at the reasons behind increased infertility rates, low-tech intervention strategies, and high-tech assisted reproduction technology.

Adult
30 minutes, order 5-4969-IN

Rude Awakenings: Spiritual Support In The Time Of AIDS

HIV/AIDS confronts many people with the most extreme test of religious faith that they will ever experience.

Not only those who are ill, but their family and friends, congregations and spiritual advisors may find their convictions challenged.

This timely and provocative new video explores issues of spirituality form the points of view of people with AIDS, and of clergy of many faiths.

by Joan Grossman for the Union Settlement Association

Adult
20 minutes, order 9-7204-IN

Sex

The Power Of Choice Series

Realistic look at the potential consequences of being sexually active. Teens learn to make choices tonight they can live with tomorrow.

Ages 12-18
30 minutes, order 5-2153-IN



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Sexual Lies: Real Talk, Real Kids, Real Impact

Dynamic speaker Howard Flaherty urges teens to make careful choices in dealing with their sexuality in this persuasive program which promotes abstinence.

Flaherty describes the three lies of the sexual revolution: "everybody's doing it," "you can't control yourself," and "sex is free".

"People say teens are powerless to choose what's good for them and that they're animals with raging hormones out of control". Humans are different from animals, he asserts, because they have the ability to reason and make choices instead of being driven uncontrollably by animal instinct.

Discusses the price teens pay in the risk of STDs, pregnancy, and the emotional confusion associated with sex. Explains the effects on the body of the most common STDs.

Emphasizes the importance of love and respect in choosing a lifelong sexual partner. Anecdotes and humour punctuate this uplifting, confidence-building program.

Ages 12-18
42 minutes, order 1-8974-IN

Sexual Pleasure In The Millennium

Healthy Living: Road To Wellness Series

This video presents a debate on sexual pleasure by exploring the science of sexual pleasure, the clash of societal efforts to market and to regulate sexual pleasure in pornography, and the treatment of sex as a taboo subject with highly restrictive discourse. Students will be challenged to break from commonly held assumptions about human sexuality.

Adult
30 minutes, order 5-4964-IN

Le Sida: Tout Ce Que Vous Devez Savoir

Uniquement pour les adolescents. Accompagnez Whoopi Goldberg alors qu'elle répond à des questions fondamentales et souligne les aspects positifs de relations personnelles.

Ce programme vise surtout les adolescents. Il les aide à prendre leurs responsabilités au sérieux afin de les protéger contre le virus du SIDA.

Niveau: les adolescents de 12 à 18 ans.

Durée: 22:00 minutes, couleur.

A commander: 1-99350.

Ages 12 to 14, Ages 15 to 18
22 minutes, order 1-99350-IN

NEW RELEASE

The Family

Subject List 17

A great selection of A videos on parenting, child safety and family relationships.

00 minutes, order 9-9914-IN

Taking A Sexual History

Clinical Strategies For Assessing Hiv Risk

Talking with patients about their sexual and drug-using behaviours is certainly not the easiest thing for overworked healthcare providers to do. Yet, in the age of HIV and AIDS, such information may be lifesaving.

Presents unrehearsed vignettes showing a variety of clinicians interviewing actual patients about their sexual and drug-using histories. While invaluable as a means of evaluating HIV risk, the approaches demonstrated will also enable clinicians to assess risks for other sexually transmitted diseases, as well as for the variety of other health risks associated with drug use.

The clinicians shown interacting with patients include physicians, psychiatrists, nurse practitioners and a psychologist. Produced by Stephen Brady, PhD.

Adult
30 minutes, order 9-6906-IN

Teaching Kids About Aids

The Doctor Is In Series

There is no vaccine for AIDS, no magic pill that can stop this fatal disease. But school teachers are developing their own vaccine – education – to help their students avoid this plague.

This show examines innovative programs in a San Francisco first grade and a New Hampshire high school. The show includes interviews with Fordham von Reyn of the Dartmouth-Hitchcock Medical Center, former Surgeon General C. Everett Koop, and Congresswoman Pat Schroeder.

Adult, Professional
26 minutes, order 2-3103-IN

Teen Contraception (2nd Edition)

More than 10 percent of 12 year-olds, more than half of 16 year-olds have had sex. 30,000 teens give birth each year in Canada.

Offers adolescents a candid discussion of contraceptive methods in language they can relate to. Presents the straight facts about how and when pregnancy occurs while dispelling common myths.

Comments on the effectiveness of each contraceptive method in preventing both pregnancy and STD infection.

Ages 12-18
14 minutes, order 3-2028-IN



Learning Resources

Teen Father

Roy is interrupted at work with news that his girlfriend, Maria, is at the hospital giving birth to their baby. He races to the hospital and is greeted with open hostility from Maria's father.

Despite objections from her family, Maria decides to keep this child.

Meanwhile, though Roy's not sure if he loves Maria enough to marry her, he feels a deep sense of responsibility towards their baby and refuses to abandon her the way his father abandoned him.

One day, Roy meets a former high school acquaintance who invites him to a meeting of his group - Teen Fathers. Here Roy has an opportunity to vent his frustrations and come to terms with his predicament.

Ages 15 to 18
44 minutes, order 1-8827-IN

Teen Pregnancy: Having Babies Too Soon

Every year, well over a million teenagers in North America get pregnant. This program examines why, from the perspectives of over 40 teen mothers. Their choices, problems, and hopes for the future enable other teens to see the harsh realities of life as a teen parent and to think twice before it's too late.

Ages 16 to Adult
17 minutes, order 1-8906-IN

Thumbs Up For Kids: Aids Education

Children learn about germs and the difference between the "AID's germ" and a "cold germ". Conveys the message that AIDS is hard to get.

Presented in three segments to allow for discussion.

Closed Captioned

Recommended for Health for Grades 1 and 2, A Healthy Body. Bibliography For The Elementary Grades, Saskatchewan Education

Early Years, Ages 6 to 8
23 minutes, order 1-8160-IN

Too Little, Too Late (About Families Of Aids Patients)

Families of AIDS victims share their pain, frustration and solace in helping a loved one achieve a peaceful death. Use with support groups, volunteer workers, general educational programs. See also *Mother, Mother*.

Ages 12 to 14, Ages 15 to 18, Post Secondary - Introductory, Post Secondary - Advanced, Adult, Professional
48 minutes, order 9-7043-IN

The Truth About Sex (School Version)

The Teen Files Series

More than half of all teenagers have had sex before they're 18 years old. Therefore, it's not surprising that a teenager contracts a sexually transmitted disease every 10 seconds in America and over 3,000 teenage girls become pregnant there every day.

Parents and teenagers are often too uncomfortable or too embarrassed to discuss the risks associated with sex. *The Teen Files: The Truth About Sex* forces teenagers to face the hard-hitting realities of having sex too young, including unwanted pregnancies and STDs.

Viewers are introduced to several sexually active teenagers, many of whom are having unprotected sex. Two teens discuss the struggles of becoming parents at such a young age, while another young couple faces the possibility that they could be pregnant.

A group of teenagers tour a microbiology lab, where hundreds of cases of sexually transmitted diseases are diagnosed each year, and participate in a "mock AIDS test". Lisa, a 33-year-old heterosexual woman with full-blown AIDS, shares her story.

Ages 12-18
30 minutes, order 1-2344-IN

Viruses And Bacteria: Warm Wet Spots (Colds, Flu, Aids)

What are warm wet spots? Health educator and television personality Ruby Peterson Unger uses this catch-phrase to identify the kinds of places that germs grow best - places that are warm, wet and dark.

The three segments of this innovative program combine state-of-the-art computer animation, humour, popular music, special effects, and classroom demonstrations to present useful information about germs, bacteria, and the prevention and transmission of communicable diseases.

The first two segments explain how germs cause disease. The final segment covers sexually transmitted disease prevention, with a discussion on latex condoms.

Pre- and post-tests are included for learner comprehension and assessment.

If you do not want the AIDS and STD version, order 1-8777.

Ages 6 to 8, Ages 9 to 11
25 minutes, order 1-8808-IN



Learning Resources

What Kids Want To Know About Sex And Growing Up

Give The Answers They Need To Make The Best Choices

Some of the most confusing and difficult lessons your students will ever learn involve the physical and emotional changes they'll go through during puberty.

Children's Television Workshop created this program that provides factual information and appropriate terminology, and presents it all clearly and at the comprehension level of middle school students. It has been rigorously tested with kids and parents from a wide variety of religious and ethnic backgrounds.

Young hosts, Stephanie Yu and Z. Wright, lead the way through 13 informative segments and introduce your students to Bob Selverstone, Ph.D. and Rhonda Wise. Real kids ask real questions and get straightforward, reassuring answers in a relaxed, informal and non-threatening atmosphere.

The program format allows you to find and use just the segments your students need. Explores concerns such as beauty, being macho, hormones, sex, sexuality and reproduction.

BC Schools:
Recommended, Grade 7 Personal Planning, applies key concepts: The Planning Process, Child Abuse Prevention, Family Life Education, Healthy Living, Mental Well-Being.

Ages 9-14
55 minutes, order 5-4588-IN

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