

Learning Resources

Adventures In Parenting

This lighthearted introduction to parenting is presented in two parts. Produced by Arnold Shapiro Productions.

Look Who's Balking: The Baby Who Wouldn't Come Out, opens in a delivery room where a mother has been in labour for five days. Speaking from the womb (the voice of Henry Winkler), the unborn baby refuses to be born until his parents promise to raise him right.

The baby teaches his inexperienced, soon-to-be parents some important lessons on prenatal care, discipline, self-esteem, and the importance of parenting classes and support groups, before he makes his long-awaited appearance.

The Parent's License takes an entertaining look at the idea of requiring prospective parents to get a license. Several couples are asked rigorous questions and must pass a thought-provoking test before being issued a license. A magical instructor leads the group through some potential parental situations to determine their suitability to be parents. In the end, only those with the necessary attributes are granted official permission to have a baby.

Winner of six awards including First Place, National Council on Family Relations

Ages 15 to 18, Adult
30 minutes, order 1-8749-IN

A comprehensive collection of video resources for childbirth educators and expectant parents

Because You're Pregnant

Here are the most common aspects and questions fo pregnancy through narratives by expectant mothers, animation, and state-of-the-art graphics.

Topic modules include: Prenatal visits; Medical tests and procedures; Month by month fetal development; Nutrition and exercise; Sexuality; Signs of pre-term labour; and more.

The program reassures expectant parents that every pregnancy has aspects that are unique and universal.

Adult, Professional
28 minutes, order 7-1152-IN

Born In The U. S. A.

Three out of every four of us becomes a parent, yet most of us have never really considered what having a "normal" birth means.

How much technology is appropriate for most women? Is the full range of safe options available, and to whom? How do we decide what is best?

Here is an exploration of the landscape of maternity care through the eyes of three caregivers: an obstetrician working at a teaching hospital, a licensed midwife attending home births, and a certified nurse-midwife bridging both worlds in an urban, free-standing birth center.

The film raises questions about technology, quality of care, and the external factors that impact our experience of childbirth.

Don't be put off by the title, it shows us clearly where we need to go to create a healthier and more peaceful society, starting right at the very beginning of the life cycle.

This is the best film on birth in America that I have seen, showing all sides, achieving true balance, and

empowering women and families." - Marsden Wagner, former Director of Maternal and Child Health, World Health Organization

Adult, Professional
56 minutes, order 9-7340-IN

Need More Information About Our Programs?

These listings are very brief. Detailed title information is only a free phone call away. Or email us at:

info@canlearn.com

Check out our internet web page at:

www.canlearn.com

Selecting the tab 'online catalog' will take you to a complete listing of every title available from us.

Breastfeeding: Why-to

Flexible Modular Teaching Program

Outlines the known and new found health benefits that breastfeeding offers babies and importantly, their mothers, too.

From the producers of **Hello Baby** comes a confidence building, motivational program.

Presents breastfeeding as an important first health decision for parents, dispels myths and stereotypes and includes funny and heartfelt testimonials from real mothers and real fathers.



Learning Resources

Using contemporary documentary footage, upbeat animation and music, **Breastfeeding: The Why-To Video** conveys the message that while breastfeeding may take some patience, it is worth the effort.

Adult, Professional
24 minutes, order 7-0997-IN

Breastfeeding: How-to

Flexible Modular Teaching Program

Too often, breastfeeding is depicted as more complicated than it has to be and educational materials focus too much on problem solving and not enough on confidence building.

This "How-To" program helps educators to lay a successful groundwork for breastfeeding by presenting practical information in an engaging CAN DO way. No one will feel overwhelmed after watching. Instead, they will feel amply prepared to give breastfeeding a try.

The program contains slow motion and stop action effects, animated graphics and documented footage showing newborn at the breast within minutes of birth and over the first weeks of learning. Included is a special module *How dads can help with breastfeeding*. From the producers of *Hello Baby*.

Note: For Spanish Language Version, VHS, order 7-09981SP

Adult, Professional
31 minutes, order 7-0998-IN

Bundle Of Blues

Women who experience postpartum mood disorders can feel that they are all alone, but postpartum depression may actually affect as many as one in five new mothers.

Janice first experienced extreme anxiety attacks about three months after her delivery. "I felt like a freight train came through the house and knocked me down," she says. Monique didn't share her feelings with her family, and felt that it was unacceptable in the black community to seek therapeutic help. Thomas recalls that after a difficult birth and recovery his wife Carol grew distant and seemed uninterested in her baby. But neither he nor the professionals they consulted realized that she had become suicidal.

This quiet, thoughtful documentary stresses that PPD can happen to any new mother, but that it can be managed. cc.

Adult
13 minutes, order 9-6102-IN

The Burden Of Knowledge

Moral Dilemmas In Prenatal Testing

Explore the difficult ethical issues arising from advances in biotechnology that now make it possible to identify genetic defects during pregnancy.

Join seven couples who speak openly and honestly about how they made their individual decisions about prenatal testing - as well as how they dealt with the positive and negative consequences of those decisions.

Geneticists, genetic counselors, physicians, mid-wives, disability activists and scholars discuss society's changing perspectives on disability, which raise new questions about the option of selective abortion. See how acknowledging the ways in which the weight of responsibility for making these decisions has shifted from "experts" to expectant couples.

A presenter's guide is available as a PDF file from the CLC website for those purchasing or previewing the video. To download the PDF guide, from your Internet browser enter the following URL:

<http://www.canlearn.com/guides/9-7321SG.pdf>

You may be asked for a PIN number. Enter "9-7321", without quotation marks. Please be patient - the download

time depends on the speed of your Internet connection. Need help? Email us at info@canlearn.com
Adult
55 minutes, order 9-7321-IN

A Challenge To Care Series

A Challenge To Care Series

A Challenge to Care
Like many women struggling with addiction, Barbara Burns grew up in an alcoholic family where she was physically and emotionally abused. A run-away at 15, she used cocaine and its potent derivative, crack, for five years.

In the first month of her first pregnancy she confronted her drug addiction and reached out for help.

This tape shows specific strategies for health providers caring for pregnant and newly parenting women with chemical dependencies.

Order 7-1003 38 minutes

Straight From the Heart

Join Mona, Patty and four other mothers in various stages of recovery as they meet at a community centre to talk about their past, about being mothers, and about the disease they have in common.

This intimate portrait of mothers from different backgrounds is a powerful tool to reach pregnant women and mothers.

Order 7-1008 38 minutes

Adult, Professional
96 minutes, order 7-10030-IN



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A Chance To Grow

Inside A Neonatal Intensive Care Unit

This remarkable documentary gives viewers a special perspective on what infants, parents and staff go through in a newborn intensive care unit.

It follows three families as they navigate their unpredictable journeys through the unit, and explores the complex ethical issues surrounding modern neonatal care.

Professional
52 minutes, order 9-7344-IN

The Clinical Management Of Breastfeeding

The Clinical Management Of Breastfeeding

The Clinical Management of Breastfeeding, Part 1 The Science and Art of Breastfeeding

An introduction to the process of human lactation and to its clinical management - from pre-conception through a child's first year of life. Part One contains four modules:

The Benefits of Breastfeeding Outlines nutritional and anti-ineffective properties of breast-milk. Identifies specific health and cognitive benefits to infants. Summarizes new scientific data supporting short and long term benefits for women's health. Covers economic, practical and emotional advantages of breastfeeding.

History, Culture and Technology Explains the evolution of artificial substitutes. Explores reasons for cultural trends away from breastfeeding in the developed world. Helps providers anticipate common misperceptions patients have about breastfeeding.

Anatomy and Physiology of Lactation Covers the science of lactation with clear language and imagery explaining: the cycle of supply and demand; the physiological mechanisms of suckling; the role of the brain in lactation; how milk is produced in the breast and transferred to the baby; the milk ejection reflex; the constituents of breast milk; stages of lactation (lactogenesis and galactopoiesis); specific properties of colostrum; transitional milk and mature milk.

Breastfeeding Management Offers a basic course on the principals of effective clinical management with information on: feeding cues; supply and demand; frequency and duration of feedings; positions for feeding; latching on; assessing that baby is getting enough milk; medical contraindications and techniques for motivating and supporting patients.

45 minutes, order 7-1149

The Clinical Management of Breastfeeding, Part 2 Putting It All Into Practice

Identifies the specific roles that health professionals can play at different points along the perinatal continuum to motivate and support breastfeeding. Part Two contains five modules:

Prenatal Care Teaches when and how to raise the subject of breastfeeding in the course of prenatal care; shows providers offering fact-based, non-biased information in patient interviews.

Labour and Delivery Identifies ways intrapartum caregivers play a time-sensitive and crucial role in getting breastfeeding established soon after birth; focuses on early attachment after delivery; shows infants' reflexive breastfeeding behaviours.

Mother/Baby Care Demonstrates effective bedside teaching by hospital based caregivers; provides patient education objectives for the first 24 hours of breastfeeding; shows how to identify patients' teachable moments and provide referrals for mothers with special needs.

Postpartum Follow-up Covers the importance of sustained support for patients after discharge; gives indications of and effective treatment suggestions for common breastfeeding problems such as sore nipples, engorgement, and sleepy babies.

Pediatric/Well Baby Care Reviews new AAP guidelines for supporting breastfeeding throughout initiation and

maintenance; discusses growth patterns of breastfed and artificially fed infants; itemizes ways those in pediatric/well baby settings can play a role in sustained breastfeeding.

57 minutes, order 7-1150
Adult
102 minutes, order 7-11490-IN

Drugs, Smoking And Alcohol During Pregnancy

Alleviates the confusion many pregnant women have about what may be harmful to their babies. Hazards discussed include cigarette smoking, alcohol use, and illegal drugs, with special emphasis on cocaine. Potential dangers of over the counter and prescription drugs are also mentioned. Viewers are given tips on how to treat colds without resorting to medication.

Adult
10 minutes, order 3-2009-IN

Fetal Alcohol Syndrome And Fetal Alcohol Effects

The Alcohol And Pregnancy Series

Daily struggles of the FAS/FAE child and parents or caregivers; when fetus is most at risk; emphasizes disorder is entirely preventable. *Closed Captioned*

Ages 15 to 18, Adult
20 minutes, order 1-8494-IN



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Fetal Development: A Nine Month Journey

Fibre optic images from inside the womb blend with ultrasound images, schematic drawings, and animation to describe each stage of fetal development. For every mother and father to be.

Curriculum Organization:

BC Science - Biology Gr 12 - J. Human Biology (Circulatory Systems - Circulation and Blood) - J5: "identify and describe differences in structure and circulation between fetal and adult systems".

ON Science Gr 9 - (Applied): Reproduction - Processes and Applications and Biology (Academic): Reproduction: "describe the major stages of human development from conception to early infancy."

ON Social Sciences & Humanities Gr 11 Parenting - Self and Others - Pregnancy, Birth and Postnatal Care: "outline the stages in the biological process of conception, pregnancy and birth"

Ages 15 to 18, Post Secondary - Introductory, Adult, Professional
15 minutes, order 3-2003-IN

NEW RELEASE

Focus On The Brain, Professional Resource Guide Cd-rom

Available April, 2006

Offers professional resources in support of the **Focus on the Brain Training Toolkit.**

The CD-ROM contains

* References to important scientific literature * Program transcripts for *Focus On the Brain* and *No Matter How Small* in both English and Spanish * Lists of featured experts * Program guide for the Newborn Individualized Developmental Care and Assessment Program (NIDCAP) * Links to websites containing more information about developmental care, certifying organizations and sources for further professional development.

Special Offer! This CD-ROM is included free with the purchase of Focus on the Brain, Parts One and Two

Adult
minutes, order 7-1161-IN

Healthy Start... For You And Your Baby

Answers the 32 most frequently asked questions from new mothers.

Two programs - *You and Your Baby at Home*, 12 minutes, and *Newborn Care... and Thoughts on Parenting*, 17 minutes, - together on one tape. Segments can be shown separately, or continuously.

Adult, Ages 15 to 18
33 minutes, order 9-5021-IN

Home Before You Know It

A brand new video to prepare and guide patients through today's shorter maternity stays.

Perfect for prenatal classes and maternity ward bedside teaching. Covers the essentials of baby and mother care from birth to baby's first visit to a pediatrician.

Note: For Spanish Language Version VHS, order 7-09991SP

Adult
28 minutes, order 7-0999-IN

Home Before You Know It

Second Edition

A great video or DVD to prepare and guide mothers through today's shorter maternity stays. Perfect for prenatal classes and maternity ward bedside teaching. Covers the essentials of baby and mother care from birth to baby's first visit to a pediatrician.

Note: For Spanish Language Version VHS, order 7-09991SP

Professional, Adult
34 minutes, order 7-1159-IN

Just In Case

A Video About Caesarean Childbirth & Recovery

Hello Baby! set the standard for childbirth films. Now, the makers of *Hello Baby!* present the cesarean video that nurses and educators have been asking for.

Just In Case presents planned and unplanned cesarean births and information on the special care new mothers need after surgery, in the hospital and at home.

Just In Case uses the same modular format found in *Hello Baby!* to suit your teaching style. Here's a video that will help you teach expectant parents.

Just In Case includes the latest on anesthesia, incisions and pain relief. And it shows how having a baby by cesarean can be every bit the family-focused, empowering experience expectant parents hope childbirth will be.

Adult
27 minutes, order 7-1146-IN

Newborn Care, 2nd Edition

This informative program gives new parents an introduction to the experience of parenthood and an overview of their newborn's basic needs. The program includes a thorough discussion of breastfeeding and formula feeding advantages, techniques and recommendations, an outline of the proper procedure for bathing the newborn, safety



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precautions and umbilical cord care. Diapering, dressing and helping the baby sleep through the night is also addressed.

A teacher's guide is available in PDF format from the CLC website for those purchasing or previewing this video. To download the PDF guide, from your Internet browser enter the following URL:

<http://www.canlearn.com/guides/3-2043SG.pdf>

Please be patient. The download time depends on the speed of your Internet connection. Need help? Email us at info@canlearn.com

Ages 16 to Adult
29 minutes, order 3-2043-IN

News About Newborns

See newborn behaviour and development. Give expectant parents the encouragement and information they need to appreciate their newborn's exceptional talents and temperament.

Topic modules cover: Newborn behaviour at birth, the value of early breastfeeding, newborn senses, brain development, feeding cues, sleep patterns and much more.

Captures remarkable footage of the unique and responsive nature of every new baby!

Adult, Professional
24 minutes, order 7-1154-IN

NEW RELEASE

No Matter How Small

Available April, 2006

Designed to help parents understand and support the neurodevelopmental course that lies ahead of their preterm baby, this program may be viewed either at home or in the hospital along with facilitator.

Module One provides an overview of preterm infant behaviours, reflexes and cues for caregivers. Audiences can see first-hand how parents are able to discover the strengths, needs and preferences of infants born early, some of whom may be quite medically fragile. Parents demonstrate how their presence in the NICU, their quiet observation of their baby, their handling and timing of care, etc., all helped babies to feel more comfortable and formed the foundation for the parent-child connection.

Module Two offers tips and practical strategies about: learning the language and routines of the intensive care nursery; developing confidence in handling a fragile infant; collaborating with professional caregivers; coping with setbacks; coming to terms with the suddenness of birth and parenthood; struggling with feelings of fear, guilt, disappointment, exhaustion, disconnection; and much, much more.

The DVD includes both English and Spanish language tracks and is close captioned.

Available in either a PPR Classroom License, or a Home Use Only Edition. Home Use Editions may be purchased by professional organizations to distribute directly to parents of preterm infants. Home Use editions may not be displayed in a clinical, classroom, or library setting.

Adult
40 minutes, order 7-1163-IN

NEW RELEASE

No Matter How Small (Home Use License) Ten Pack

Available April, 2006

Cost effective patient education perfect for giveaways!

To support your efforts to educate parents we have created **No Matter How Small: Home Edition**. Packaged in a colourful flat cardboard sleeve, it's easy to store and fits easily into your existing parent information kits. It can be order in small quantities and is affordable.

This program is packaged in units of 10.

Important License Information This product is only available to professional organizations intending to distribute directly to parents of preterm infants. These programs are licensed for home use only and may not be displayed in a clinical, classroom, or library setting.

Adult
minutes, order 7-1164-IN

On The Day You Were Born

The Reading Rainbow Series

Written by Debra Fraiser and narrated by Patrick Stewart, this wonderful story explores the wonder and beauty that surrounds the birth of a child.

LeVar visits a maternity ward filled with newborns, and viewers meet a family preparing for the arrival of a new family member.

The program travels into the delivery room to share in the moments surrounding the baby's birth. Program #126. Although the birth depicted is appropriate for this age, a special edited version without the birth scene is available.

Curriculum Correlations:

BC Personal Planning Gr 2-3 Personal Development - Family Life: "describe how living things reproduce."

ON Health and Physical Education Gr 3 Healthy Living: Growth and Development: "outline the basic human and animal reproductive processes."

Ages 6-11
30 minutes, order 5-4519-IN



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Open Minds To Birth

Looking for a shorter, alternative birth film? From the producers of *Works of Wonder* and *Hello Baby*, here's a less structured discussion starter focused on preparation for labour, teaching women to "go with the flow".

Open Minds will help women appreciate their bodies' capacity to handle labour and birth. It shows expectant parents the benefits of staying flexible in their plans for childbirth.

Presents motivation and instruction through the stories of three women, each of whom learned to expect the unexpected in childbirth. This video includes a VBAC, an unplanned "natural" childbirth, and a "reasoned" epidural. It features women who are empowered through support and education to trust their bodies and stay flexible with birth plans and expectations.

Perfect for teaching about:

- * The normalcy of birth
- * Emotional preparation for labour
- * Promoting realistic and flexible expectations of childbirth
- * Epidurals
- * VBACs
- * The value of good labour support
- * Personal rewards of childbirth for mothers

Professional, Adult
26 minutes, order 7-1157-IN

Postpartum: Caring For Yourself After Delivery, Revised

Giving birth can be an event of great joy and satisfaction for a mother; yet, new mothers may be concerned and confused by a variety of "after pains" and physical processes they experience as the body cleanses and heals itself. This postpartum program provides straightforward answers to many questions regarding the natural biological processes that occur following childbirth and practical guidance for physical and emotional self-care during this period of intense change.

A teacher's guide is available in PDF format from the CLC website for those purchasing or previewing the video.

<http://www.canlearn.com/guides/3-2044SG.pdf>
Patient Education
16 minutes, order 3-2044-IN

Pregnancy: Our Choice – Their Future

Here is an exploration of how the choices young people make, before and during pregnancy, can affect the future health of their children. It depicts, in almost heartbreakingly vivid detail, the damage to babies caused by smoking, drugs, and alcohol.

Ages 15 to 18
20 minutes, order 9-5000-IN

The Project Future Series

The Project Future Series

Your Pregnancy, Your Plan

Prenatal care and health during pregnancy; social and emotional issues surrounding pregnancy; role of the young father; needs of a newborn.

46 minutes, order 7-1005

Giving Birth To Your Baby

To guide teens through labour and delivery. Many strategies for a healthy, informed birth experience.

42 minutes, order 7-1006
Your New Baby, Your New Life

Basic care of the newborn and post-partum mother; practical parenting skills; adjustments teen parents make.

58 minutes, order 7-1007

Ages 16 to Adult, Ages 12-18
146 minutes, order 7-1004-IN

NEW RELEASE

Promoting Preterm Development N.i.c.u. Toolkit

Available April, 2006

This is a comprehensive curriculum designed to teach providers and parents of preterm infants about the science and practice of developmentally supportive care.

Funded by a research grant from the National Institutes of Health and filmed on location in four separate NICUs, the programs in this series feature real clinicians and families. Program content has been overseen

by an advisory board of internationally recognized experts in preterm development including such luminaries as Doctors Heidelise Als, Bob White, Stanley Graven, George Little and Petra Huppi. The toolkit contains the following programs:

* One copy **Focus on the Brain Parts One & Two** (2 DVDs) with classroom license

* One **Focus on the Brain**, Single-Campus CCTV license

* One copy **Focus on the Brain Professional Resources CD-ROM**

* One copy **No Matter How Small** DVD with classroom license

* Once **No Matter How Small** Single-Campus CCTV license

* 20 copies of **No Matter How Small**, Home Edition for distribution to NICU families.

Note: The complete **PPID Toolkit** may be purchased with or with CCTV.

Programs may also be purchased individually.

Adult
minutes, order 7-1162-IN

Starting Out Safe And Sound

Second Edition

Demonstrates "need to know" information about infant health and safety for the first months of life.

Here is help for expectant and new parents for the critical do's and don'ts of newborn care in three parts:



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Part 1, *Keeping Your Baby Healthy*, covers the newborn's physiological response to birth; health screens and procedures in the birth setting; newborn appearance; daily care tasks; signs of illness, and more.

Part 2, *Keeping Your Baby Safe*, shows the latest on car safety practices, sleeping position for SIDS prevention, correct head support, and more.

Part 3, *Making The Most of Your Last Trimester*, includes selecting a pediatric provider, breastfeeding promotion, and more.

Adult, Professional
30 minutes, order 7-1158-IN

Alcohol & Drugs: F A S / F A E

Subject List 229

What families need to know. Here is a selection of video resources for parents, caregivers and professionals on Fetal Alcohol Syndrome and Fetal Alcohol Effects.
00 minutes, order 9-99217-IN

The Family

Subject List 17

A great selection of videos on parenting, child safety and family relationships.
00 minutes, order 9-9914-IN

Teen Father

Roy is interrupted at work with news that his girlfriend, Maria, is at the hospital giving birth to their baby. He races to the hospital and is greeted with open hostility from Maria's father.

Despite objections from her family, Maria decides to keep this child. Meanwhile, though Roy's not sure if he loves Maria enough to marry her. He feels a deep sense of responsibility towards their baby and refuses to abandon her the way his father abandoned him.

One day, Roy meets a former high school acquaintance who invites him to a meeting of his group - Teen Fathers. Here Roy has an opportunity to vent his frustrations and come to terms with his predicament.

Ages 15 to 18
44 minutes, order 1-8827-IN

Teen Pregnancy: Children Having Children

Most teen mothers either lack information regarding contraceptives, or simply do not use them. All of these teen mothers soon discover the overwhelming reality of becoming a parent too soon.

Join actual teen parents discussing the tremendous responsibility they now have, and how raising a child at this stage of their lives involves an emotional

and financial burden, as well as educational and social costs that none of these kids were prepared to undertake.

An alternative video version which advocates abstinence from sexual activity is available. Order 1-2247.

Curriculum Correlations:

BC Career and Personal Planning Gr 9 & 10 Personal Development - Family Life Education:

"evaluate possible effects of an individual's sexual decisions on self, community and society; identify and evaluate factors that influence responsible sexual decision-making."

ON Health & Physical Education Gr 9 & 10 Active Living - Healthy Growth & Sexuality:

"describe the factors that lead to responsible sexual relationships; demonstrate understanding of the pressures on teens to be sexually active; promote health sexuality and avoiding unwanted pregnancies and STDs; identify community support services."

A presenter's guide is available as a PDF file from the CLC website for these purchasing or previewing the video. To download the PDF guide, from your Internet browser enter the following URL:

<http://www.canlearn.com/guides/1-9299SG.pdf>

Please be patient - the download time depends on the speed of your Internet connection. Need help? Email us at info@canlearn.com

Ages 16 to Adult
25 minutes, order 1-9299-IN

Teenage Pregnancy

The Doctor Is In Series

Follow several pregnant teenagers through the birth of their child and the changes that occur afterward. Some of these girls are participants in a new program called Hannah House, located in Lebanon, New Hampshire, which provides a home for the girls before and after the child is born, along with daycare, schooling and job training.

David Olds, a developmental psychologist from the University of Rochester School of Medicine, explains another program he developed in Elmira, New York. He found that nurses' visits during pregnancy and the first two years of life helped to establish an ongoing relationship and change some of the problems of depression and poverty.

Adult, Professional
28 minutes, order 2-3112-IN



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Works Of Wonder

This four-part program has sections that may be shown individually or in any order. Set your VCR counter at 00 to begin. Counter marks are shown below for the start of each section.

Three Birth Stories, (start 0:00:00) 39 mins, presents an overview of childbirth practices and offers a visual catalogue of comfort measures for managing labour. Features an uncomplicated vaginal delivery, an induced labour and a birth with epidural anesthesia. Positions for labour and birth; progression of labour; comfort measures; positions for first and second stage; labour support styles; narcotic analgesia; support from a doula; anesthesia; skin-to-skin contact at birth, early attachment, and breastfeeding.

The Miracle Within (start 0:40:44) 14 mins, shows the anatomy and physiology of labour and birth to convey concepts such as the stages of labour, effacement and dilation, fetal descent and pelvic station.

Medical Procedures and Options in Childbirth (start 0:54:14), 20 mins, details common medical practices and options for medication in childbirth. The risks and benefits of fetal monitoring, IV fluids, induction and augmentation, anesthesia, interventions to relieve back labour pain and more.

A Caesarean Birth Story (start 1:14:20), 7 mins, presents a realistic picture of an unplanned Caesarean. Begins with a clear attempt to deliver vaginally and shows the discussion among midwife, obstetrician and mother leading to the decision to do a Cesarean.

For SPANISH version VHS Order 7-11511SP.

Adult, Professional
83 minutes, order 7-1151-IN

Worth The Trip

Children Affected By Fetal Alcohol

This video is for caregivers of children affected by fetal alcohol - parents, teachers, and others who face untold challenges of their own as they discover new ideas, and practical strategies to help their children and themselves.

Formal diagnosis is difficult. There is no national data on the rate of occurrence of FAS and FAE in Canada. Estimates are therefore very conservative. The incidence of FAE is about three times that of full FAS. These families can't change their child's life-long disorder, but they can help their children to grow up in the best way they can. Filled with "hands on" strategies and practical suggestions, here is a sensitive and honest video showing viewers an optimistic and hopeful view of this very real problem.

Part One What Families Need to Know, presents an in depth discussion of common behaviour and development issues from infancy to age 8, and while not a diagnostic tool, it does discuss psychological and physical traits that may indicate FAS/FAE.

Part Two Teaching and Learning, offers strategies to help young children at school. It covers speech and language delays, sensory integration problems, eating, health and development, activity levels, sleep, behavioural concerns, siblings, effects on family, friendships, and self-care for caregivers.

The strategies and ideas shared by this group of parents may not work for everyone ... so much depends on each child's individual needs. But hopefully these mothers and fathers, their words and experiences, can offer some direction to others on a similar journey.

Adult, Professional
57 minutes, order 7-1148-IN

Your Options For Pain Relief In Childbirth

Many women are confused about their options for pain management during childbirth.

This entertaining new video is an effective and engaging way to provide the information women need to make informed decisions about obstetric

analgesia and anesthesia - information which will answer many patient's questions and calm their fears.

Looks at the roles of the different physicians and nurses in the delivery room; types of pain relief including spinals, epidurals, and general anesthetics; the various procedures for administering anesthesia; the benefits and risks of each option; anesthesia for Cesarean sections, and physician-patient relationships.

The video's information is intercut with humorous film images of parenting and childbirth from classic movie comedies and cartoons. This light approach to a serious subject makes it suitable for women in a variety of settings, and patient education libraries. *This video received the National Council on Family Relations Media Awards.*

Adult
18 minutes, order 9-6900-IN

This listing is correct as of Monday March 13, 2006 but is subject to change without notice. If this listing appears to be out of date, please contact us for up-to-date pricing and availability. This is Subject Nbr 27. For a brief master list of all available subjects, request document number 800. For an ORDER FORM, request document number 801

