

Learning Resources

Bls: Complete And Concise Renewal

A comprehensive training program on BLS for all healthcare staff.

Topics include: healthy living for a healthy heart; cardiovascular disease; the effects of diet, stress, exercise, obesity, and smoking; the difference between strokes and heart attacks; and stroke assessment and care.

Explains how the four interdependent steps in the "chain of survival" help heart attack victims become heart attack survivors. Demonstrates how to practise a BLS on adult, child, and infant mannequins.

Professional
23 minutes, order 1-2205-IN

Choices: Don't Drink And Drive

This anti-drinking and driving program is narrated by the lucky survivor of a drunk-driving accident. The program focuses on how head injuries, a frequent result of such accidents, ruin lives.

Viewers see patients in a "life adjustment" centre struggling to do even very basic activities, like eating or using the bathroom.

See patients making the life adjustments, recovery from severe head injury, examine common misconceptions - audiovisual learning resources for patients and caregivers.

Having seen the consequences of drunk driving, viewers will support the ending, which shows a girl removing the keys from the ignition of a car full of drunk teens and leaving the car, preventing injury to herself and her friends.

Ages 15 to 18, Adult
12 minutes, order 1-8991-IN

Coma: The Journey Back

Documents an individual's recovery from severe head injury suffered in a car accident.

Adult, Post Secondary - Introductory, Professional
20 minutes, order 6-1018-IN

Epilepsy

The Doctor Is In Series

Epileptic seizures can be as mild as staring episodes, and as severe as major convulsions.

This program explores this range, and looks at new surgical techniques that can help people who in the past would have had to live with crippling seizures.

Host Jamie Guth follows a mother of three through her surgery and visits a young boy after his operation. Dr. Peter Williamson of the Dartmouth-Hitchcock Medical Center, and Dr. Gregory Holmes of the Epilepsy Foundation of America are interviewed.

Adult, Professional
28 minutes, order 2-2146-IN

Epilepsy: The Untold Stories

Addresses some common misconceptions about epilepsy and explains how diverse and complex this nervous disorder can be.

Covers the well-known *grand mal* seizures as well as the less widely understood - and often misdiagnosed - Temporal Lobe Epilepsy (TLE) and *complex partial seizures*.

Includes interviews with six people who have TLE and four doctors and therapists from the Beth Israel Epilepsy Program in Boston, to give both a personal and a clinical overview.

Adult, Professional
27 minutes, order 9-7192-IN

The Learning About Stroke Series

Causes and Risk Factors

Patient education series presents an overview of strokes.

16 minutes, order 1-6301

What to Expect

Acute hospital care and rehabilitation are explored.

12 minutes, order 1-6302

Walking Again

Prevention techniques to avoid recurrence demonstrated; benefits and types of physical therapy.

13 minutes, order 1-6303

Relearning Skills

Specific effects of each type of damage provides insight into physical, emotional, and behavioral changes in victims.

12 minutes, order 1-6304

Communicating Again

Therapy to improve communication and language skills, and coping strategies.

10 minutes, order 1-6405

Family Support

Difficulties in coping with sudden and severe mood changes; understanding causes; emphasizes resources available.

13 minutes, order 1-6306

Adult, Professional, Post Secondary - Advanced
76 minutes, order 1-63010-IN



Learning Resources

The Medical Rehabilitation Series

Brain Injury Rehab: Acute Phase

The topic is acute rehabilitation of head injured patients. A "how-to" approach is combined with interactive audience participation during:

Evaluation and management of the comatose patient, including sensory stimulation and joint and skin care; Evaluation and management of confused, agitated phase of brain-injury recovery; Management of patients with spasticity and various cognitive, behavioral, language, and motor dysfunctions, including swallowing disorders.

This video conference is intended for all members of the rehabilitation team: rehabilitation physicians and nurses; physical, occupational, speech, and recreational therapists; social workers; psychologists; orthotists; dietitians; and chaplains.
60 minutes, order 1-5337

Brain Injury Rehab: Post Acute Phase

Rehabilitation specialists discuss outpatient program designs for individuals who are in the post acute phase of a brain trauma. The panelists discuss the deficits presented by these patients, modes for treating these ailments, and techniques geared towards the patient's re-entry into family and work life. Admission criteria, post traumatic behavior patterns, and family involvement are included in the program material. Video clips of actual rehabilitation sessions enhance this thorough and comprehensive teleconference.

60 minutes, order 1-5313
Professional
120 minutes, order 1-53130-IN

Speech

The Doctor Is In Series

What does it take to use our voices effectively? What happens when we lose our voice?

This program introduces a woman recovering from a stroke, one child with muscular dystrophy and one with cerebral palsy, a man who has had his larynx removed, a young girl who stutters, and an immigrant who is learning to lose her Polish accent.

A featured expert is Dr. Robert Sataloff, Professor of Otolaryngology at Jefferson Medical College in Philadelphia, editor of The Journal of Voice, and an accomplished opera singer.

Host Jamie Guth also talks with speech pathologists and a stutterer who is helping others cope with that problem.

Adult, Professional
28 minutes, order 2-2160-IN

Stroke: Fugl-meyer Assessment Of Motor Function

Administering the Assessment, its validity and reliability, and methods for scoring.

Post Secondary - Advanced, Adult, Professional
30 minutes, order 1-5272-IN

Stroke: Maximizing Recovery

Emphasis on patient assessment and management.

Post Secondary - Advanced, Adult, Professional
30 minutes, order 1-5255-IN

Stroke: Recovering Together

Spouses are introduced to forms of communication problems experienced.

Post Secondary - Advanced, Adult, Professional
24 minutes, order 1-3860-IN

Understanding Stroke

In an easy to understand manner, using simple graphics and explanations, this program explains to the family and caregiver of a stroke victim what a stroke is, its possible effects, causes, treatments and warning signs. Emphasis is placed on how family members are affected and how they cope when a relative has a stroke. To help the viewer better understand, the brain and functions of each hemisphere of the brain are described briefly. Risk factors are explained, and controllable factors (such as high blood pressure) are discussed. The early warning signs of a stroke are highlighted, as well as the importance of family support. Clear and comprehensive explanations makes this a sensitive program that will help family members with a trying situation. Also appropriate for nursing students. Produced by the Mayo foundation for Medical Education Research.

Adult
13 minutes, order 1-2160-IN



Learning Resources

When Billy Broke His Head...and Other Tales Of Wonder

When award-winning radio journalist Billy Golfus was brain damaged as a result of a motor scooter accident, he became one of 43 million Americans with disabilities - North America's largest and most invisible minority.

In this irreverent, first-person road movie, Golfus travels the country meeting people with disabilities and witnessing first hand the strength and anger that is forging a new civil rights movement.

Blending humour with politics, the program explores what it's really like to live with a disability - when pervasive discrimination and bureaucratic "helping" systems too often keep people with disabilities trapped in a labyrinth of government rules and legislated poverty.

This is documentary with an attitude. It will entertain, enlighten and possibly even enrage its viewers. As Billy says, it "ain't exactly your inspirational cripple story." cc

Ages 15 to 18, Adult
57 minutes, order 9-7191-IN

When The Brain Goes Wrong

Various segments focus on schizophrenia, manic depression, epilepsy, head injury, headaches, and addiction, including interviews with physicians who describe each disorder and how to treat it. *Close Captioned.*

Ages 15 to 18, Adult
52 minutes, order 9-7188-IN

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