

## Learning Resources

### Babies Can't Say "no": Substance Abuse During Pregnancy

The birth mother and adoptive mother of a child with FAS present their real-life experience of heartbreaks and small victories, while an FAS-trained pediatrician and educator describes the medical and developmental struggles of children with FAS and other drug-induced birth defects.

Their stories deliver a potent preventive message and will serve as a strong intervention tool for use with students, patients, prospective parents and pregnant women and their partners.

29 minutes, order 1-2608-IN

### A Challenge To Care Series

*A Challenge To Care Series*

#### **A** Challenge to Care

Like many women struggling with addiction, Barbara Burns grew up in an alcoholic family where she was physically and emotionally abused. A run-away at 15, she used cocaine and its potent derivative, crack, for five years.

In the first month of her first pregnancy she confronted her drug addiction and reached out for help.

This tape shows specific strategies for health providers caring for pregnant and newly parenting women with chemical dependencies.

### What families need to know. Here is a selection of video resources for parents, care-givers and professionals.

Order 7-1003 38 minutes

#### **Straight From the Heart**

Join Mona, Patty and four other mothers in various stages of recovery as they meet at a community centre to talk about their past, about being mothers, and about the disease they have in common.

This intimate portrait of mothers from different backgrounds is a powerful tool to reach pregnant women and mothers.

Order 7-1008 38 minutes

96 minutes, order 7-10030-IN

#### **Drug Babies**

The film describes physical and mental effects to the baby both before and after birth. With prevention and early intervention, these children can be salvaged from a life that would otherwise be fixed in failure.

30 minutes, order 1-8625-IN

#### **Drugs, Smoking And Alcohol During Pregnancy**

Alleviates the confusion many pregnant women have about what may be harmful to their babies. Hazards discussed include cigarette smoking, alcohol

use, and illegal drugs, with special emphasis on cocaine. Potential dangers of over the counter and prescription drugs are also mentioned. Viewers are given tips on how to treat colds without resorting to medication.

10 minutes, order 3-2009-IN

#### **Fetal Alcohol Syndrome And Fetal Alcohol Effects**

*The Alcohol And Pregnancy Series*

Daily struggles of the FAS/FAE child and parents or caregivers; when fetus is most at risk; emphasizes disorder is entirely preventable. *Closed Captioned*

20 minutes, order 1-8494-IN

### Need More Information About Our Programs?

These listings are very brief. Detailed title information is only a free phone call away. Or email us at:

[info@canlearn.com](mailto:info@canlearn.com)

Check out our internet web page at:

[www.canlearn.com](http://www.canlearn.com)

Selecting the tab 'online catalog' will take you to a complete listing of every title available from us.

#### **Fetal Alcohol Syndrome**

*A Clinical Guide For Obstetric And Pediatric Providers*

This comprehensive overview is designed for physicians, nurses and other health caregivers working with families across the perinatal/pediatric continuum. Featuring a cross-collaborative approach this interactive CD-ROM:

- Provides an overview of FAS including historical perspectives and diagnostic signs.
- Details the prevalence and etiology of FAS and other disorders attributable to prenatal alcohol exposure.
- Demonstrates methods for identifying women and children at risk prenatally through adolescence.



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- Offers criteria to use in making a diagnosis of FAS.

- Suggests strategies for making treatment plans and referrals for mothers and children affected by fetal alcohol.

- Presents the most current and complete list of FAS resources available to clinicians and parents.

*"I have found this CD very easy to use. I really like having the ability to receive more information/definitions by clicking on a word or topic. Also, I found the references very good. Plus, the true/false questions allow excellent opportunity for participant interaction."*

Director of Reproductive Care, PEI

minutes, order 7-1156-IN

### Pregnancy: Our Choice – Their Future

Here is an exploration of how the choices young people make, before and during pregnancy, can affect the future health of their children. It depicts, in almost heartbreakingly vivid detail, the damage to babies caused by smoking, drugs, and alcohol.

20 minutes, order 9-5000-IN

### Students Like Me

*Teaching Children With Fetal Alcohol Syndrome*

Here is the help elementary and special educators need to understand what Fetal Alcohol Syndrome is. See the teaching methods to help children affected by fetal alcohol reach their full potential.

Here is a visual model for professionals to work effectively with children affected by FAS. Watch classroom intervention strategies, found by classroom teachers, to best support children with FAS.

See how to recognize a child with FAS in the classroom, how to modify the classroom environment, provide structure and predictability, adjust teaching methods, communicate clearly and plan transitions and unstructured time.

Also available is the companion program *Worth The Trip*.

30 minutes, order 7-1155-IN

### When Parents Can't Fix It Worth The Trip

*Living With A Child's Disability*

An intimate look at the lives of five families who are raising children with disabilities—the problems they face, how they have learned to cope and the rewards and stresses of adapting to their child's condition.

Matt is a vibrant sixteen-year-old who has muscular dystrophy. He and his mother discuss what it has been like to adjust to his progressive paralysis and to face life with a terminal illness.

Nathan is entering adulthood with cerebral palsy and his parents feel it is time for him to live outside the home.

Blayre is a six-year-old with multiple disabilities, growing up in a close-knit African American family.

Eli is 6 years old, has autism, a variety of medical problems and self-injurious behaviours requiring constant vigilance to keep him safe.

Red Fawn, a Native American teen whose violent outbursts related to fetal alcohol effect strain her family and bring her into frequent contact with the justice system.

Offers a realistic look at different family strengths and coping styles and highlights the ways society can help meet the needs of families with disabled children.

58 minutes, order 9-7327-IN

*Children Affected By Fetal Alcohol*

This video is for caregivers of children affected by fetal alcohol - parents, teachers, and others who face untold challenges of their own as they discover new ideas, and practical strategies to help their children and themselves.

Formal diagnosis is difficult. There is no national data on the rate of occurrence of FAS and FAE in Canada. Estimates are therefore very conservative. The incidence of FAE is about three times that of full FAS. These families can't change their child's life-long disorder, but they can help their children to grow up in the best way they can. Filled with "hands on" strategies and practical suggestions, here is a sensitive and honest video showing viewers an optimistic and hopeful view of this very real problem.

Part One *What Families Need to Know*, presents an in depth discussion of common behaviour and development issues from infancy to age 8, and while not a diagnostic tool, it does discuss psychological and physical traits that may indicate FAS/FAE.

Part Two *Teaching and Learning*, offers strategies to help young children at school. It covers speech and language delays, sensory integration problems, eating, health



# Alcohol & Drugs: FAS/FAE

C A N A D I A N L E A R N I N G C O M P A N Y

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and development, activity levels, sleep, behavioural concerns, siblings, effects on family, friendships, and self-care for caregivers.

The strategies and ideas shared by this group of parents may not work for everyone ... so much depends on each child's individual needs. But hopefully these mothers and fathers, their words and experiences, can offer some direction to others on a similar journey.

57 minutes, order 7-1148-IN

This listing is correct as of Saturday February 18, 2006 but is subject to change without notice. If this listing appears to be out of date, please contact us for up-to-date pricing and availability. This is Subject Nbr 229. For a brief master list of all available subjects, request document number 800. For an ORDER FORM, request document number 801

