

Alcohol & Drugs: Treatment

C A N A D I A N L E A R N I N G C O M P A N Y

Learning Resources

Addictions And Mental Illness

The Doctor Is In Series

This program profiles a woman with manic depressiveness and alcoholism, and a schizophrenic man, who is also alcoholic. Dr. Fred Goodwin, director of the U.S. National Institute of Mental Health, explains research that could help identify and treat adolescents before they start to have problems.

28 minutes, order 2-3120-IN

The Aftercare Video

Summarizing what has been learned by patient and family, ideal before and after discharge; based on Twelve Step self-help program.

45 minutes, order 6-5014-IN

Alibi Vs. Denial

Delbert Boone explains how clinicians often alienate addicts by accusing them of being "in denial". In truth, addicts know they are in trouble and they try desperately to create alibis for their behaviour. Unlike denials, the alibis can be challenged and broken down.

With personal examples from his own experiences, Mr. Boone explains how the alibi system can be dismantled through hard work and determination—one alibi at a time.

Insight. A comprehensive collection of video resources for patients, caregivers, and medical professionals.

A presenter's guide is available as a PDF file from the CLC website for those purchasing or previewing the video. To download the PDF guide, from your Internet browser enter the following URL:

<http://www.canlearn.com/guides/1-2579.pdf>

Please be patient - the download time depends on the speed of your Internet connection. Need help? Email us at info@canlearn.com

42 minutes, order 1-2579-IN

Bottom Line

Vignettes show the far-ranging skills of rationalization of chemically dependant individuals, explaining that effective diagnosis is often impossible.

30 minutes, order 6-5018-IN

Co-dependent Denial

Provides the co-dependent information and motivation to sort out and prioritize their own goals and lives.

45 minutes, order 6-5002-IN

Communication Video

Depicts typical communication and conflict resolution problems with intimate relationships.

45 minutes, order 6-5021-IN

The Conquering Cocaine Series

This informative series presents an insightful look at the ins and outs of conquering cocaine addiction.

Conquering Cocaine: Mind and Body in Crisis

Confront the physiological and psychological consequences of excessive use.

16 minutes, order 1-8096

Conquering Cocaine: Cessation, Early Stages of Recovery

Experts and recovering addicts explain the painful process of the early stages of withdrawal.

18 minutes, order 1-8097

Conquering Cocaine: Cocaine and Young People

Pinpoint warning signs of possible abuse to provide them with the guidance they need.

14 minutes, order 1-8098

Need More Information About Our Programs?

These listings are very brief. Detailed title information is only a free phone call away. Or email us at:

info@canlearn.com

Check out our internet web page at:

www.canlearn.com

Selecting the tab 'online catalog' will take you to a complete listing of every title available from us.

Conquering Cocaine: Crack, Breaking the Addiction

Take a comprehensive look at the most addictive form of cocaine.

15 minutes, order 1-8099

Conquering Cocaine: Life Without Cocaine

Explore the essential support mechanisms including warning signs of relapse.

21 minutes, order 1-8100

84 minutes, order 1-80960-IN

Continuing Recovery Skills

Ongoing process and techniques of recovery including: therapy; diet; exercise; prayer and meditation.

45 minutes, order 6-5009-IN



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Dependent Denial

How denial system is reinforced by the ego defense mechanism's attack on memory; learn the skills and practices of recovery.

45 minutes, order 6-5001-IN

Dependent Woman

Similarities and differences in the recovery process for males and females; why recovery begins with commitment to sobriety and Twelve Step program.

45 minutes, order 6-5003-IN

Forgiveness

How To Make Peace With Your Past And Get On With Your Life

Forgiving remains the hardest job in the whole business of human relationships.

Losses, unfinished business and unresolved issues permeate relationships with our parents, children, students, clients, other key individuals and even ourselves.

We can all learn to forgive, which we can do without condoning the actions we are forgiving. To move ahead with our lives, we have to put the past behind us.

90 minutes, order 5-4481-IN

The Gospel According To Mr. Allen

Substance Abuse Treatment With Dignity And Compassion

When it was opened by James Allen, in the centre of some of America's meanest streets, the Addicts Rehabilitation Center (ARC) was New York's first residential treatment centre for addicts without money.

Under Allen's inspirational leadership, its staff struggle to give addicts a sense of dignity and hope. They never give up. Narrated by Ossie Davis.

52 minutes, order 9-7346-IN

Heroin: Denial To Death

A powerful documentary of one person's ultimately unsuccessful battle with drugs.

Viewers see drug addiction from a psychological, emotional, social and physical point of view. Also describes what is required to attain, and maintain recovery.

30 minutes, order 1-8793-IN

Marijuana: The Gateway Drug

Presents the realities of marijuana use from the perspective of young people who themselves are recovering drug addicts.

Curriculum Correlations:

BC Career and Personal Planning Gr 8 Personal Development - Substance Abuse Prevention:

"demonstrate an understanding of the effects and consequences of substance use and abuse for themselves and others."

ON Health and Physical Education Gr 8 Healthy Living - Substance Use and Abuse:

"outline the possible negative consequences of substance use and abuse;" AND Gr 10 Healthy Active Living Education Healthy Living - Substance Abuse: "describe the factors that lead to substance dependence; describe the physiological and sociological effects of substance use."

A presenter's guide is available as a PDF file from the CLC website for those purchasing or previewing the video. To download the PDF guide, from your Internet browser enter the following URL:

<http://www.canlearn.com/guides/1-2254sg.pdf>

In order to read this PDF you may be asked for a PIN number. Enter "1-2254", without quotation marks. Please be patient - the download time depends on the speed of your Internet browser. Need help? Email us at info@canlearn.com

28 minutes, order 1-2254-IN

Overcoming Codependency: The Path To Wellness

Implications and how to identify and change self-sabotaging behavior.

30 minutes, order 1-8377-IN

The Plan (Addictions - Hiv)

Inspiring look at two people carrying double burden of being HIV positive and addicted. Recovery process based on Twelve Step theory.

38 minutes, order 1-8497-IN

Powerlessness: The First Step

How people with addictions can accept and achieve the "powerlessness" at the heart of Twelve Step program.

45 minutes, order 6-5030-IN

The Recovery And Human Physiology Series

Drugs

What abusers can expect during recovery and how to help them keep straight.

Order 1-8388 15 mins

Alcohol

Knowledge needed to make it through recovery; medical complications, special concerns of women, sexual dysfunction, malnutrition, and depression.

Order 1-8387 15 mins

30 minutes, order 1-83870-IN



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CANADIAN LEARNING COMPANY

Learning Resources

Recovery From Cocaine Addiction: The Message Of Hope

Six stages of recovery from pre-tox to maintenance; meet recovering addicts who share difficulties, triumphs, and setbacks.

24 minutes, order 1-9972-IN

Relapse Prevention

Examines courage of those in treatment and outpatient follow-up. Understand relapse, plus tips on preventing it.

25 minutes, order 1-8106-IN

The Rules Of Recovery

Addiction can be a sly and cunning thief. It's only when individuals manage to get dry that they realize what addiction has stolen from their lives. The program emphasizes that getting dry is an event and sobriety is a process. Hear about the "rules of recovery" that assist the addict in focusing on his or her physical and safety needs.

There is no "magic" in recovery. All that sobriety requires of individuals seeking it is the ability to comply. Sobriety is about learning to follow the laws, rules and regulations of life. Viewers are urged to take small steps toward their goal and to focus on making today just a little bit better than yesterday.

45 minutes, order 1-2853-IN

Sexual Addiction

Sexual addiction as it interferes with recovery from drug and alcohol abuse; treatment within the parameters of Twelve Step therapy.

45 minutes, order 6-5011-IN

Sobriety: Straight Up

Featuring Delbert Boone, this encouraging video presents a new perspective on treatment.

While using drugs, an addict spends all of these skills pursuing his or her addiction. During recovery, the same skills can be invaluable in maintaining sobriety and successfully re-entering society.

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<http://www.canlearn.com/guides/1-2578.pdf>

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33 minutes, order 1-2578-IN

The Sponsor Tape

Determine the 'who, where, when' and 'how' of choosing a sponsor after leaving a treatment facility and getting an on-going 12-Step program.

45 minutes, order 6-5007-IN

Substance Abuse: A Road To Nowhere

Explores drug abuse from the perspective of recovering teen addicts. These kids and others recount their painful journey to recovery.

A presenter's guide is available as a PDF file from the CLC website for those purchasing or previewing the video. To download the PDF guide, from your Internet browser enter the following URL:

<http://www.canlearn.com/guides/1-9260SG.pdf>

Please be patient - the download time depends on the speed of your Internet connection. Need help? Email us at info@canlearn.com

14 minutes, order 1-9260-IN

Turning It Over: The Third Step

Proven concepts and how-to guide lines for the foundation step of tuning our lives and our will over to our Higher Power.

45 minutes, order 6-5029-IN

Victim Or Warrior (The Franklin Covey Reality Model)

This program will help offenders restructure their lives by using the Franklin Covey Reality Model, a powerful tool with which participants learn to take stock of who they are and make better decisions based on what they want from life. Viewers are shown a

simple formula to critically examine their own thought processes and resulting behaviours as they learn ways to identify behaviour patterns; identify possible principles driving that behaviour; predict future behaviour based on the principles; identify alternative principles that will get better results; predict future behaviour based on the new principles.

KEY POINTS:

- * There are four basic human needs. If one is not being met all of the person's energies will be put towards meeting that need.

- * This Reality Model places responsibility where it belongs - on the individual.

- * Growth is the process of changing fundamental beliefs a person has about himself or herself.

- * Addictive behaviour is the result of deep and unmet needs.

- * When the results of a person's behaviour meets their needs they will have inner peace.

- * You can tell what a person's beliefs about himself or herself are from their actions.

120 minutes, order 1-2636-IN

What About Me?

Presents common reactions in the co-dependent, including the path to sobriety and tendency to manipulate.

45 minutes, order 6-5022-IN



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This listing is correct as of Saturday February 18, 2006 but is subject to change without notice. If this listing appears to be out of date, please contact us for up-to-date pricing and availability. This is Subject Nbr 223. For a brief master list of all available subjects, request document number 800. For an ORDER FORM, request document number 801

