

Learning Resources

Add: Not Just Kid Stuff

More and more adults are discovering that "what's wrong with them" is Attention Deficit Disorder or Attention Deficit/Hyperactive Disorder. As more attention is paid to understanding the disorder, adults who have been misunderstood all their lives are now able to take concrete steps to help them through their daily lives.

Adult
28 minutes, order 5-4741-IN

The Big Changes, Big Choices Series

The Big Changes, Big Choices Series

Michael Pritchard blends counseling skills, street smarts, and humour to create a message middle school children will actually listen to. Each program is shipped with a discussion guide.

The Three R's of Growing Up

Teaches *responsibility*, *respecting* ourselves, and doing the *right* thing.
Order 5-2171 30 mins

You and Your Values

Discusses the various elements that form our identities, including internal factors such as values and beliefs, and external factors like clothes and hairstyles; concept of "fitting in" and what sacrifices kids make to "fit in".

Order 5-2172 30 mins

A comprehensive selection of videos for life skills, decision making and more - for youth.

Enhancing Self-Esteem

Emphasizes the connection between self-respect and respect for others.

Order 5-2173 30 mins

Setting and Achieving Goals

Kids see benefits of, and derive strategies for, setting short- and long-term goals.

Order 5-2174 30 mins

Dealing with Pressures

Common sources of stress and a variety of positive, healthful ways young adolescents can succeed in coping with them.

Order 5-2175 30 mins

Handling Emotions

Outlines emotional reactions to physical changes and development; encourages dealing with problems before they become crises.

Order 5-2176 30 mins

Preventing Conflicts and Violence

Challenges the underlying attitudes, beliefs, and behaviours that cause problems.

Order 5-2177 30 mins

Saying "No" to Alcohol and Other Drugs

How to build positive peer pressure and take charge of your life.

Order 5-2178 30 mins

Speaking of Sex

Emotional dangers of sexual activity; compensating reasons young people turn to sex; health risks.

Order 5-2179 30 mins

Friendship

Provides young people with basis for forming quality peer relationships.

Order 5-2180 30 mins

Getting Along with Parents

Encourages open lines of communication to maintain flow of parental advice, support and love.

Order 5-2181 30 mins

Respecting Others

Sensitizes kids to the feelings of others and what it means to treat people with respect.

Order 5-2182 30 mins

Ages 9 to 11
minutes, order 5-21710-IN

Dropout Prevention: Being Your Personal Best

As a teen, Kelly was one of many who dropped out of school. Finding it difficult to make it in the world, she returned for her diploma. Now, she works to keep young people from making the same mistake she did.

In a class for students referred to her because they are in danger of dropping out, Kelly gives a formula for success she learned from a friend.

Through discussions and dramatic flashbacks, Kelly teaches young people how to change their self image from that of victim or quitter to one of winner.

Also available in Laser Videodisc.

Ages 12-18, Adult, Professional
20 minutes, order 1-8208-IN

Dropping Out = Broken Dreams

Six teens in an alternative school tell their personal stories about why they wanted to drop out of school, what happened when they did, and why they decided to come back.

Ages 12 to 14, Ages 15 to 18
21 minutes, order 1-9872-IN



Learning Resources

Getting S M A R T

Each year many students are victims of violence. This program offers a specific, non-violent formula to help avoid and manage physical or verbal confrontations. Valuable for students and teachers.

Ages 12 to 14, Ages 15 to 18, Adult, Professional
32 minutes, order 6-1013-IN

In Search Of Character Series

Live Wire Media, creators of award-winning programs that help kids make healthy, positive choices, is proud to present an invaluable tool for teaching character at the middle and high school levels.

In Search of Character is series of ten videos designed to help adolescents develop into caring, respectful, responsible people who make choices based on what's right, rather than what's easy.

Each program features Dr. Michael Thomson, Ph.D. (Dr Mike) and co-host Anika Rose, exploring a different aspect of character with their radio talk-show callers. They share with their audience revealing, candid discussions held by groups of high school kids, and inspiring documentary profiles of young people who exemplify the power of good character.

These provocative video programs trigger lively group discussion, and deep, meaningful reflection that helps teens construct a

vision of themselves as moral people of good character. As one girl in the *Citizenship* episode says, "I'm prepping to be a Perfect Utopian Human Being."

This series is an ideal supplement to any character education, or ethics curriculum, social studies, life skills, service learning, co-operative education, school-to-work, or guidance program.

The Programs:

Trustworthiness Respect Responsibility Fairness Caring Citizenship Honesty Courage Diligence Integrity

Ages 12-18
minutes, order 5-21970-IN

Job Hunting: The Basic Fundamentals

Actor Robert Reed introduces three basic steps to finding employment: finding where the jobs are; preparing resumes and cover letters; and going on a job interview - knowing the do's and don'ts.

Reed stresses that appearance, communication skills, work experience, and personality are all important factors in getting a good job.

Three people with different backgrounds use traditional and nontraditional methods to find work.

At the conclusion of the program, the personnel director who conducted the interviews assesses the strengths of the three candidates.

Ages 15 to 18, Post Secondary - Introductory, Adult
28 minutes, order 1-8191-IN

Learning To Be Assertive: The Basic Skills

Students learn skills to use where they previously felt helpless. First a negative, no-win encounter, followed by appropriate coping skills.

Also available in Laser Videodisc.

Ages 12 to 14
27 minutes, order 1-9941-IN

Learning To Be Assertive: Advanced Skills

Skills to defuse an adult or peer, and allow negotiation of a compromise. It is possible and rational to say no, even to adults, in certain situations.

Also available in Laser Videodisc format.

Ages 12-18
21 minutes, order 1-9956-IN

The Life Lessons Series

The Life Lessons Series

Life Lessons: Hurtful Words

Stop and think about what we say before we say it is the message of this culturally diverse program.

Order 1-8933, 13 mins

Life Lessons: More Than Manners

This program illustrates "do" manners and "don't" manners and explains how good manners show our concern for other people's feelings.

Order 1-8934, 16 mins

Life Lessons: That's What Friends Are For

This program introduces young viewers to the importance of friendship and the social skills necessary to make friends and keep them.

Order 1-8935, 15 mins

Life Lessons: When I Get Mad

Teaches children the skills to deal with their own anger.

Order 1-8936, 15 mins

Ages 6-11
minutes, order 1-89330-IN

Life Skills Series

Communicating with Parents

This video gives young people better insight into the communication barriers which often come between kids and their parents. After viewing both sides of the situation, students learn how to effectively get their point across, while valuing their parents' point of view.

Order 2-5123 10 minutes



Learning Resources

Teasing and Rumours

Everyone who lives and breathes has been teased or was the subject of rumours at some point. Although it may seem "natural" for some youth to engage in teasing, it is important that they recognize it as unfair and unacceptable.

Teasing can also lead to sexual harassment and escalate to violence. Students must recognize when these boundaries are crossed, and how to respond to these crucial situations.

Order 2-5124 11 minutes

Abstinence

In a contemporary style with colourful graphics, two young narrators introduce the issues of teen sex and sexuality, teen pregnancy and sexually transmitted disease.

Order 2-2126 10 minutes

Listening and Communicating Effectively

Two teen narrators introduce the components of effective communication. Through several descriptive vignettes, teens learn how to express themselves in the best manner, listen reflectively, and use appropriate body language, including good grooming.

Order 2-2127 8 minutes

Making Good Decisions

An informative discussion on decision making which includes evaluating the results of a decision once made.

The decision making process discussed is used in a descriptive vignette where Karen must make an important discussion. The audience sees her follow through with the process and finally, make the best decision.

Order 2-5128, 8 minutes

Ages 12 to 14 minutes, order 2-51230-IN

Making Decisions And Solving Problems

Thinking In Skillful Ways

There are three essential and overlapping components of skillful thinking; creative thinking, clarifying thinking and critical thinking.

Scenarios depicting college students facing a variety of problems illustrate common thinking roadblocks such as hasty, narrow and fuzzy thinking.

The characters in this video help each other recognize and overcome the roadblocks and use skillful thinking to solve their problems.

Clearly demonstrated is the importance of skillful thinking in the decision-making process.

Ages 15 to 18
30 minutes, order 5-4516-IN

Making Your Team Work

This program will enable students to understand the process and skills needed to create, staff and manage complex project teams. The steps in the process are modelled as a student work team uses the steps along with good team management techniques to complete a class project.

Viewers will identify with the different team members as they question the process, struggle with roles, resolve conflicts and overcome problems to ultimately complete a successful project.

Their experience vividly demonstrates that the process works. Throughout the video, comments from practicing professionals reinforce the importance of teams and illustrate the use of the process in meeting their firms' business goals and objectives.

Ages 15 to 18
30 minutes, order 5-4515-IN

Mental Wellness: Making It Happen

Shows teenagers how to enhance their self-esteem by working to improve their acceptance of responsibility, their competency to handle tasks, and their ability to balance commitments.

Ages 12 to 14, Ages 15 to 18
21 minutes, order 1-8146-IN

The Power Of Choice Series

Teens learn to make positive decisions and avoid risky behaviours. The programs promote self-esteem and good decision making.

An award winner for the ages 15 to 18 category.

The Power of Choice

Presents Vision, Initiative, and Perspective as tools for making the best choices.

60 minutes, order 5-2146

Drugs and Alcohol, Part I

An honest look at making hard choices in the real world.

30 minutes, order 5-2150

Drugs and Alcohol, Part II

What to do when someone you care about is hooked.

30 minutes, order 5-2151

Acting On Your Values

Knowing what you value is the key.

30 minutes, order 5-2147

Communicating with Parents

Getting parents to listen and understand.

30 minutes, order 5-2156

Coping With Pressure

Learning to handle pressure in ways that serve your best interests.

30 minutes, order 5-2149

Depression and Suicide

What to do for someone at risk.

30 minutes, order 5-2155



Learning Resources

Drinking and Driving

How to handle difficult situations without losing your cool - or your life. 30 minutes, order 5-2152

Friendship and Dating

Creating and maintaining quality relationships. 30 minutes, order 5-2154

Raising Your Parents

How to make your relationship with your parents work better. 30 minutes, order 5-2157

Self-Esteem

What it does for you and how you get it. 30 minutes, order 5-2148

Sex

Making choices tonight that you can live with tomorrow. 30 minutes, order 5-2153

Ages 12-18
390 minutes, order 5-2158-IN

Proud To Be Polite, K-3

Proud To Be Polite Series, Unit 1

Introduces children to concepts of civility and courtesy and gives tips and practice in facing social situations. A diverse cast of children host this charming series of video vignettes that demonstrate everyday manners, respect and good character.

Chapters include:

Off to a Good Start
5:30 minutes

Respect and How You Show It
3:30 minutes

What Do You Say?
4:30 minutes

Excuse Me
4 minutes

Gimme Some!

3:30 minutes

Trading Places
4 minutes

Little Letters
2:15 minutes

Working the Crowd
3:30 minutes

It's How You Play the Game
3:40 minutes

Discovering Abilities
2:45 minutes.

The Leader's Guide for this series contains lesson plans, games, activities and reproducible masters. Together with the video program, it makes implementation a snap.

You can download this guide directly from our web site at <http://www.canlearn.com> - you will need to have the free adobe acrobat reader (click on "what you need" at our site). With the reader installed, click on the "on-line support" tab and look for this guide. You will need a password to open the document. Send us a request by email and we will send your PIN number to you.

Ages 6 to 8
41 minutes, order 5-2189-IN

Proud To Be Polite, Grades 4 To 6

Proud To Be Polite Series, Unit 2

Introduces children to concepts of civility and courtesy. The following segments are on one tape and are accompanied by a very useful Leader's Guide.

Chapters Include:

Off to a Good Start
Respect

Honesty

What Do You Say?

Respecting Yourself

Loudness, Silence, and Listening

Having Your Say

Little Letters

Gimme Some!

Trading Places and Lookin' Good

Punctuality

Respecting Differences

TEACHER'S GUIDE

The Leader's Guide for this series contains lesson plans, games, activities and reproducible masters. Together with the video program, it makes implementation a snap.

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Ages 9 to 11
38 minutes, order 5-2190-IN

Safe Kids In Control

Young viewers learn to use assertiveness skills to take control and deal with sexual assault, drugs, alcoholic parents, and personal safety.

Ages 9 to 11, Ages 6 to 8
15 minutes, order 2-5102-IN

Self Esteem: Feeling Good About Yourself

Shows that low self esteem is a common problem whose causes can be addressed.

Open caption version available.

Ages 12-18
22 minutes, order 1-9773-IN

A Tutor's Workshop: Students With Learning Disabilities

This training package is intended to support student tutors working with students with a learning disability and/or ADD or AD/HD - and, on a larger scale, to support the improvement of education, by ensuring that all learners acquire the knowledge and skills necessary for success in the workplace and society.

The package contains a reproducible Student Handbook, Tutor's Workbook, videocassette, and audiocassette.

The Tape and Tutor's Workbook are divided into seven separate lessons, each of which deals with an issue or area covered in the Handbook. The lessons addressed on the video are:

- What is a Learning Disability? - Specific Learning Disabilities - Affective Behaviour - Learning Styles - Study Skills - Building Math Skills - Problem Solving

Ages 16 to Adult
60 minutes, order 5-4740-IN



Learning Resources

The You Can Choose Series

This series takes a bold, new approach to youth guidance video by combining comedy, drama, music, peer education and role modeling into a powerful format that captivates and challenges young viewers. From the producers of *The Power of Choice* series.

To assist integration into existing programs, a Leader's Guide is provided with each title.

Dealing With Feelings

Tuggie and his friend prepare for a camping trip but he is afraid to go and afraid to admit it to his friend. They discover the kinds of problems caused by not being honest about feelings.

Order 5-2159, 25 minutes

Being Responsible

Irresponsible Rhonda convinces her friends to give her one last chance to be responsible. When she is tempted not to come through on her promises, a group of real kids led by comedian Michael Pritchard provides her with good advice.

Order 5-2160, 25 minutes

Cooperation

Moose, the lead singer of a school quartet quits his group when the other members want to do a song which would require him to sing backup. Comedian Michael Pritchard and real children teach him the benefits of cooperating.

Order 5-2161, 25 minutes

Saying No To Smoking

Missy's best friend, Rhonda, has just taken up smoking and wants Missy to do the same. Should Missy stand her ground and risk losing her best friend? Children will learn how to say no successfully, especially to smoking.

Order 5-2162, 25 minutes

Doing the Right Thing

Rhonda and Fiona discover that doing what's right feels a lot better than doing what they can away with. When they find a lost wallet on the playground, the girls struggle with the temptation to spend the money before finally concluding that it's not their to spend.

Order 5-2165, 25 minutes

Dealing With Disappointment

Missie Mouse must learn to keep perspective and handle disappointments in a positive way. When her baseball team falls into last place, Missie almost gives up the game before realizing that losing is not the same thing as being a loser.

Order 5-2166, 25 minutes

Appreciating Yourself

Tuggie learns that being himself is a lot better than pretending to be something he's not. When Tuggie becomes troubled by feelings of inadequacy, his friends help him to recognize and appreciate his positive inner qualities.

Order 5-2167, 25 minutes

Asking for Help

Moose learns not to let pride or embarrassment get in the way of asking for help. After ruining a group science project, Moose finds that the only good way to cope with his "secret" reading problem is to get the help he needs to overcome it.

Order 5-2168, 25 minutes

Being Friends

Rhonda, Missie, and Fiona learn about the complex nature of friendship. When Missie is not invited to the "in" party, the three girls are forced to deal with the differences in their relationships with each other.

Order 5-2169, 25 minutes

Resolving Conflicts

Tuggie and Rhonda learn that there are ways to resolve disagreements without fighting. When a dispute between them puts their class art project in jeopardy, Tuggie and Rhonda learn to work out interpersonal conflicts in a peaceful and positive way.

Order 5-2170, 25 minutes

Ages 9 to 11 minutes, order 5-2163-IN

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