

# Learning Resources

## Abusive Relationships

Nineteen-year-old Lynn Kenney is one of a growing number of women abused by their boyfriends.

Through Lynn's story viewers will learn what it means to be abused in a relationship. Whether the abuse is physical or verbal, the effects can be serious. Teenagers will also learn some of the warning signs of potential abuse and where they can go for help.

Ages 16 to Adult  
17 minutes, order 1-8914-IN

## Add: Not Just Kid Stuff

More and more adults are discovering that "what's wrong with them" is Attention Deficit Disorder or Attention Deficit/Hyperactive Disorder. As more attention is paid to understanding the disorder, adults who have been misunderstood all their lives are now able to take concrete steps to help them through their daily lives.

Adult  
28 minutes, order 5-4741-IN

## Adventures In Parenting

This lighthearted introduction to parenting is presented in two parts. Produced by Arnold Shapiro Productions.

*Look Who's Balking: The Baby Who Wouldn't Come Out*, opens in a delivery room where a mother has been in labour for five days. Speaking from the

## A great selection of videos on parenting, child safety, and family relationships

womb (the voice of Henry Winkler), the unborn baby refuses to be born until his parents promise to raise him right.

The baby teaches his inexperienced, soon-to-be parents some important lessons on prenatal care, discipline, self-esteem, and the importance of parenting classes and support groups, before he makes his long-awaited appearance.

*The Parent's License* takes an entertaining look at the idea of requiring prospective parents to get a license. Several couples are asked rigorous questions and must pass a thought-provoking test before being issued a license. A magical instructor leads the group through some potential parental situations to determine their suitability to be parents. In the end, only those with the necessary attributes are granted official permission to have a baby.

Winner of six awards including First Place, National Council on Family Relations

Ages 15 to 18, Adult  
30 minutes, order 1-8749-IN

## Attention Deficit Disorder: Children

*The Doctor Is In Series*

Everyone has been impulsive or easily distracted for different periods of time, so these symptoms that are hallmarks of attention deficit disorder (ADD) have also led to criticism that too many people are being diagnosed with this biochemical brain disorder.

This program examines who is being diagnosed, and what treatments are working. Children are followed at home and school, on and off medication. An innovative private school specializing in alternative education is profiled, and tips on structuring the school and home environment are included.

Psychiatrists John Ratey and Ned Hallowell, who have written two books on the subject, provide background and perspective.

Adult, Professional  
28 minutes, order 2-3101-IN

## Attention Deficit Disorder And Self-esteem

Attention Deficit Hyperactivity Disorder (ADHD or ADD) is the most frequently diagnosed psychiatric condition in people under the age of eighteen.

Covers the symptoms of ADD, possible causes, common treatments and the psychological and social effects the disorder can have on those who suffer from it.

Profiles an eighth-grade boy, Jack, who had trouble concentrating and sitting still in school before being diagnosed with ADD at age eleven. Viewers learn that Jack, like most other sufferers, had become frustrated with school, had few friends and poor self-esteem. Upon diagnosis, he was put on the drug Ritalin, which helped him to focus. He also began to participate in counseling, which helped him to understand his behaviour and taught him that he was not the only person with this problem.

Adult  
15 minutes, order 1-9259-IN

## Learning Resources

**The Changing American Family: Decline Or Transition?***Healthy Living: Road To Wellness Series*

Students get a close-up of Show cultural views on childlessness, unwed parenthood, divorce and working mothers are affecting the American family. Are these changing views dangerous to the family or individually liberating? This program examines factors that have affected the family since the Industrial Revolution and proposes serious questions about its future in America.

Ages 16 to Adult  
30 minutes, order 5-4966-IN

**The Character Way Series***The Character Way Series*

A video based learning program designed to help children develop into caring, respectful, responsible people who know what's right, want what's right, and do what's right.

Each grade module is organized around a delightful collection of short videos which convey, in an entertaining and thoughtful way, such positive qualities of character as honesty, fairness, and altruism.

**Character Way, Unit 1 (for ages 5 to 7)****Bob Vole and the Mountain Lion**

Like Androcles, Bob vole overcomes his fear and pulls a thorn from a lion's paw. He is repaid handsomely for his kindness by his new friend. *Teaches about kindness, helpfulness and courage.*

**Facially Speaking**

Using mimes, children learn to identify facial expressions of simple emotions and match them with situations. *Develops children's emotional awareness and sensitivity to others.*

**The Toy**

Amanda breaks a toy and blames it on her brother, a hurtful lie which she eventually must confess. Teaches the importance of honesty and the harmfulness of dishonesty.

**The Cooperation Game**

In this classroom game, groups of 4 to 6 students learn to help each other and work together to match coloured cards to patterns shown on the video screen. *Teaches cooperation and teamwork*

**Traci**

Traci helps her Mom around the house and talks about the responsibilities of family members. Promotes responsibility and helpfulness  
Unit 1, Order 5-2193

**Character Way, Unit 2  
The Golden Rule**

Ben teaches Detective Sleuth the meaning of the Golden Rule and shows her how to use it. *Teaches fairness and empathy*

**The Slumber Party**

When friends at an overnight party snub a new girl who isn't part of the group, Tina must decide if she should befriend her. *Teaches children not to exclude or ridicule others.*

**Helping Someone Move Along**

Jennifer says of the special education with whom she works, "People think they're so weird... It's just that I can do some things that they can't." *Inspires altruism and service to others*

**The Cooperation Game**

In this classroom games, groups of six to nine students learn to help each other and work together to match coloured cards to patterns shown on the video screen. *Teaches cooperation and teamwork.*

**Ana and the Magic Cactus**

An illustrated cultural tale about a little girl whose lie gets her into trouble with a whole town. *Teaches the value of honesty and the cost of dishonesty.*  
Unit 2, Order 5-2194

**Character Way, Unit 3  
The Gun**

Two boys, who fight constantly, must decide how much to up the stakes. *Teaches courage and the futility of violence.*

**R.A.O.K.**

Inner city children fight the influence of gangs with Random Acts of Kindness which keep their elementary school clean and free of graffiti. *Teaches the value of service, kindness and cooperation*

**SAT: The Soap Opera Aptitude Test**

Watching soundless lifts from the soap opera, "One Life to Live," children learn to identify non-verbal clues to help read the feelings of others. *Develops emotional awareness and sensitivity to others.*

**Heroes**

Students talk about their heroes - who they are and why the children look to them as role models. Cultivates appreciation for virtue and positive role models.

**The Trial of Beany Jack**

In this courtroom comedy, Mrs. Giant accuses surfer due Beany Jack of stealing her dead husband's hen. Teaches about dishonesty and rationalizations.  
Unit 3 Order 5-2195  
Ages 6 to 8, Ages 9 to 11, Early Years  
161 minutes, order 5-21930-IN



## Learning Resources

**Children Of Divorce**

Heart-felt examination of marriage breakdown from teen's perspectives. Encourages teens to express their thoughts and feelings as one of the most therapeutic ways to accept their difficult situation and get on with their lives.

Ages 16 to Adult  
18 minutes, order 1-8915-IN

**Children's Care**

*The Doctor Is In Series*

Recognized by the American Medical Association's International Health & Medical Film Festival

Children do get sick, and sometimes they even need to be hospitalized. This program looks at how their needs are different from adults, and examines some unique programs for children.

Host Jamie Guth visits a pediatric intensive care unit, follows a one-month-old infant into cardiac catheterization, talks to a teenager with cancer, and shows a unique parenting arrangement for a six-month-old diagnosed with AIDS. Pediatrician T. Barry Brazelton and Dr. Stephen Kairys of the Children's Hospital at Dartmouth discuss children's needs and offer pointers for parents.

Adult, Professional  
28 minutes, order 2-3107-IN

**Club Drugs: From Rave To The Grave**

Opens with a police detective interrogating Vickie, a teen who has attended a rave with her friend Sarah. As the video unfolds, viewers see Vickie is the more experienced of the two girls, and she and a boyfriend convince Sarah to deceive her parents and go with them to a rave. Once there, Sarah finds that there is more to rave culture than high-energy lights, music and dancing - drug use is a huge part of it as well. She is given drugs by a known dealer, with tragic consequences.

Combining a true-to-life scenario with the testimonials of people who have seen the problem firsthand, viewers see the prevalence of these drugs at the all-night dance parties known as raves and the immense dangers of taking them.

For the adult version Order 2-5144

Ages 15 to 18, Adult  
20 minutes, order 2-5143-IN

**Club Drugs: From Rave To The Grave (Adult Version)**

Providing commentary on the issues raised in the narrative of Vickie and Sarah are several experts with various perspectives on the club-drug problem. These authorities include an agent with the Drug Enforcement Administration, a police captain from a large city in which raves and club-drug use are common, two physicians specializing in

treating drug users, a substance-abuse counselor, and a young man who has seen rave culture and the drugs that are part of it from the inside.

Adult  
24 minutes, order 2-5144-IN

**Cpr For Infants And Children**

Developed in accordance with the revised American Heart Association standards on cardiopulmonary resuscitation (CPR), this program is designed to aid emergency professionals, teachers and others in maintaining a basic level of proficiency in emergency care for infants and children.

The most common causes of respiratory and cardiac arrest in children include motor vehicle injuries, drowning, foreign body airway obstruction, and poisoning. These tragic situations are almost exclusively preventable by the use of infant carseats, constant direct supervision, and keeping small objects that can be swallowed out of the reach of infants. However, in the event that an emergency does occur, knowing what to do is critical to saving the life of the young victim.

Covers managing febrile seizures, infant and child CPR, and relief of foreign body airway obstruction. The demonstrations are clear and easy-to-follow. This video is a must-see for everyone who comes in contact with infants and children.

Adult  
25 minutes, order 1-9293-IN

**Crime Check: Latchkey Kids**

*The Crime Check Series*

Every day, millions of children return to empty homes and take care of themselves. Some of these latchkey kids are ready for the responsibility, but others are not - and face serious risks both inside and outside the home.

Designed to help parents take needful precautionary measures and make responsible child care decisions. Topics include:

- Judging a child's readiness for self-care - and choosing a good day care program if required
- Keeping peace between siblings at home alone
- Training children to handle a variety of situations, including strangers at the door, prank phone calls, and fire and weather emergencies.

Adult  
30 minutes, order 1-8803-IN



## Learning Resources

**Different And The Same Series***Different And The Same Series*

Recommended by Saskatchewan Education: Grades 1 to 3, Self-esteem; Social Relationships (Health Education Bibliography, Elementary)

"I like you as you are" has been one of the chief guidelines of Family Communications and Fred Rogers, the producers of Mr Rogers' Neighborhood and of this new series.

Children, from their early years, have a feeling about what is "fair". They learn it on the playground, at home with their families, and in the classroom. They also have a feeling of what is unfair - when the settlement of dispute, the distribution of treats or privileges, or the meting out of punishment is inequitable. They may not use the word "justice", but they know when it has, and has not, been served.

This series is based on four principles that coincidentally form the acronym FAIR - fairness, awareness, inclusion, and respect - and serve as the primary goals of the programs.

Working with issues of diversity often stimulates the development of critical thinking skills. Time spent in this area also can significantly enhance the self-concept of students and, in turn, support the self-image of those with whom they interact.

The series comes with a 118 page Teacher's Guide bound in a three-ring binder.

**Sticks and Stones**

Theme: Name-calling/hurting others as a reaction to being hurt.

Several older kids make fun of Cat-a-lion by calling him names. Humiliated, he feels powerless and hurt and reacts by calling Arthur names. When he is caught in the act by Mrs. Chung, the principal, Cat-a-lion reluctantly admits doing it to feel more powerful. Mrs. Chung sympathizes and helps him understand why taking out his feelings on Arthur was wrong and why it hurt Arthur.

15 minutes, order 5-4454

**Cinderella and Me**

Theme: Being excluded from mainstream culture.

When classmates decide that Audrey can't be Cinderella in their play because she doesn't "look" the part, she gets so angry she scribbles over the pictures in her Cinderella book. Mr. Allen, the librarian, talks with Audrey about her feelings - agreeing it's unfair many story books only show people with white skin and not those of different colours and cultures.

Mr. Allen helps Audrey to realize there are ways she can help bring about change.

15 minutes, order 5-4455

**Long Distance**

Theme: Speaking a different language

Bernardo is the new kid at school; he only speaks Spanish and his classmates speak only English.

At first, Francine thinks he's rude and stupid because he doesn't respond to her questions. Not until he helps with their tin can telephone project does Francine realize he's actually smart. Mr. Ortiz, the science teacher, explains it takes a long time to learn a new language. Arthur suggests a Spanish-English club to help them all learn how to speak both languages.

15 minutes, order 5-4456

**Play Ball**

Theme: Stereotyping

As captain of the baseball team, Audrey tells Arthur he can't play with them because "kids that look like you are never good at baseball."

Hurt and angry, Arthur talks it over with Mr. Kim, his gym teacher who explains that Audrey is "stereotyping" people, thinking all people who look alike are the same. He is able to help Audrey understand why stereotyping is wrong.

15 minutes, order 5-4457

**The Club**

Theme: Standing up against prejudice directed at someone else.

When Arthur excludes Francine from his new club because he doesn't think she's "cool," Audrey feels awful about it, but isn't sure what to do.

She confides in Ms Bachevsky, her history teacher, who recalls when her best friend stood up for her in a similar situation.

When the first club meeting is held, Audrey announces she won't belong to a club that excludes kids because they're "different". Arthur thinks back on how miserable he felt at the time he was left out and realizes he has been unfair.

15 minutes, order 5-4458

**Tug of War**

Theme: Choosing a friend across racial lines.

Cat-a-lion feels torn between his friendship with Arthur and his good buddies Jason and Lissa, who share his culture. He talks it over with Ben, an African-American teen whose best friend is white. Ben tells him it can be difficult but having friends who are different is important to him.

15 minutes order 5-4459



## Learning Resources

**Proud to Be Me**

**T**heme: The pull between maintaining a strong cultural identity and assimilation.

Cat-a-lion, Jason, and Lissa are practicing a dance from their culture. Arthur thinks the medallion Cat-a-lion wears is "weird." It's part of his culture, but the others tease him about it.

Their math teacher, Ms. Ahenakew, a Native American, gives them a problem to solve that helps them understand that some things (and some people) can be both different and the same - just like Cat-a-lion.

15 minutes, order 5-4460

**Words on the Wall**

**T**heme: Hate crimes.

Francine is upset and frightened because her family has received hate mail telling them to go back where they come from.

Confiding in Mr. Williams, the art teacher, makes her feel better. Then she comes face to face with words of hate written about her on a school wall and feels more alone and afraid than ever.

Her teacher and friends try to reassure her of their care and support, but they are confused and sad. They decide to clean the words off the wall and start thinking about how to deal with this problem in their community.

15 minutes, order 5-4462

**Training Video for Teachers**

**C**ontains segments to be used within the Different and the Same training workshop. Starting with a message from Fred Rogers, creator of Mister Rogers' Neighborhood, it continues with interviews with teachers who have used the materials in their classrooms. They relate their hopes and fears prior to beginning use of the series. Later they share their solutions and commitment to the task of helping children identify and prevent prejudice.

This video material will help stimulate productive discussion during the training workshop. A Leader's guide for the training workshop is included with this video.

60 minutes, order 5-4463

Ages 6 to 8, Early Years  
minutes, order 5-44540-IN

**Dyslexia: Overcoming A Learning Disability**

**A**lthough someone with dyslexia may be of average or above average intelligence, a specific part of their brain lacks the ability to automatically process language.

As a result, children with dyslexia often suffer not only from difficulty learning, but also from poor self esteem.

Discusses the mental and emotional problems faced by a person with dyslexia. Students with the disorder share how they feel and how they cope. Medical

professionals detail the typical problems dyslexics face and what programs are used to help them overcome the disability.

Ages 12-18, Adult  
11 minutes, order 1-9261-IN

**Dyslexia**

*The Doctor Is In Series*

**D**yslexia is the learning disability that affects millions of Americans. It covers a wide range of problems that can affect oral or written language. But dyslexia is not a disease.

It describes a different kind of mind, often gifted and productive, that learns differently. The disadvantages and advantages are profiled in this program. New approaches in school are shown at the Washington Lab School, a pioneer in teaching techniques. Dr. Gordon Sherman, president of the Orton Dyslexia Society, explains research on the condition. Thomas West, author of *In the Mind's Eye*, talks about our society's shifting need for more people with the visual gifts that often are associated with dyslexia.

This program has been recognized by the 1998 American Medical Writers Association's Award of Excellence in Medical Communication; the 1998 National Health Information Awards, and is the recipient of the Gold Award for Patient Education Information.

Adult, Professional  
28 minutes, order 2-3108-IN

**Einstein And Me: Talking About Learning Disabilities**

**L**earning disabilities are life-long disorders which affect the manner in which individuals with normal or above average intelligence select, retain, and express information. Incoming or outgoing information may become scrambled as it travels between the senses and the brain. Since learning disabilities do not affect physical appearance, they are sometimes referred to as "hidden handicaps".

In this straightforward and engaging video, panels of teens and younger students speak candidly with Jerome J Schultz, PhD, a Clinical Psychologist, about how they found out about their learning disabilities, the policies and people who have made life difficult, the programs which have helped them cope, their strengths and talents, and their futures.

Upbeat, informative and optimistic, this video is recommended for kids of all ages, for their parents and teachers, and for educators and counselors who work with students who may have learning disabilities.

Produced by the Learning Disabilities Association of Massachusetts.

Ages 9 to 11, Ages 12 to 14, Adult  
30 minutes, order 9-6901-IN



## Learning Resources

**Emotional Intelligence***The Doctor Is In Series*

Recognized by: National Educational Media Network Apple Awards, National Health Information Awards

Emotional intelligence is a term that covers a person's ability to handle emotions and social skills. Up until recently, most of us expected to learn those kinds of skills – like listening, sharing, being kind – at home, and not find them in any organized class at school. But that is changing because of research showing that school age children stay healthier, and learn better, when they know how to handle the ups and downs of growing up.

This program profiles classes and programs in the New Haven, Connecticut, school system, and in Highland Park, New Jersey. Psychologist and writer Daniel Goleman, who wrote the book, *Emotional Intelligence*, and child psychologist Maurice Elias, who developed a program in emotional literacy, are interviewed.

Adult, Professional  
28 minutes, order 2-3109-IN

**Epilepsy***The Doctor Is In Series*

Epileptic seizures can be as mild as staring episodes, and as severe as major convulsions.

This program explores this range, and looks at new surgical techniques that can help people who in the past would have had to live with crippling seizures.

Host Jamie Guth follows a mother of three through her surgery and visits a young boy after his operation. Dr. Peter Williamson of the Dartmouth-Hitchcock Medical Center, and Dr. Gregory Holmes of the Epilepsy Foundation of America are interviewed.

Adult, Professional  
28 minutes, order 2-2146-IN

**Everybody's Business: America's Children**

Today's children are waging a war of survival against violence, poverty, poor education, lack of health care, early pregnancy and disintegrating families. Solving these problems will require concerted, extended and concentrated effort by businesses, their employees and community organizations.

This documentary, hosted by General Colin Powell, is a powerful, emotional, persuasive and inspiring visual document about businesses joining with other volunteers to improve the lives of America's children.

The content and message of the program parallels exactly the goals of the Summit Conference, therefore making this documentary more relevant and timely now than it was when it premiered on NBC in December, 1995.

Adult  
47 minutes, order 1-8902-IN

**Exercise***The Doctor Is In Series*

Exercise is for everyone, from the very young, to the very old. Exercise can prevent weight gain and weakness that have been associated with aging, fight diseases like osteoporosis, and prevent progression of arthritis and diabetes.

Host Jamie Guth travels to an elementary school to see how young children are learning to think of physical fitness as a lifelong activity. She also visits exercise classes for people with handicaps, arthritis, and for those recovering from heart attacks. There is a 74-year-old man who bicycles, an 80-year-old nursing home patient lifting weights, and a middle-aged woman just starting an exercise program.

Throughout the show there is advice on the right program for you, cautions for each age group, and lots of encouragement.

Adult, Professional  
28 minutes, order 2-2152-IN

**A Family Decision**

Focuses on emotional strain for family facing nursing home care for elder member. Helps deal with disturbing stereotypes and momentous pressures, letting them know they are not alone.

Post Secondary - Introductory,  
Adult  
25 minutes, order 9-7215-IN

**Family Matters**

Explores the effects of external supports and stresses, from a broad range of events and social agencies, have on two representative families. Raises awareness of how communities support or interfere with healthy family development.

Adult, Professional, Ages 16 to Adult  
29 minutes, order 9-7095-IN

**Gifts Of Aging***The Doctor Is In Series*

Longevity has increased almost 30 years in the last century, and most people are enjoying better health during those extra years. This program profiles the 50-80 year old group, which is expected to grow by 60% in the next 20 years.

It examines how people are using this extra time, working more years, changing careers, and better managing chronic illnesses.

Some of the people profiled are Helen Gurley-Brown, the 74-year-old editor of *Cosmopolitan* magazine, and her 80-year-old husband, movie producer David Brown, a Vermont couple who spend equal amounts of time working and volunteering, an 84-year-old chemical engineer who still travels across the globe, and Lydia Bronte, author of *The Longevity Factor*.

Adult, Professional  
28 minutes, order 2-2145-IN



## Learning Resources

**Grandparents Raising Grandchildren**

Many grandparents, regardless of income, background, or race, are picking up the responsibility of raising a grandchild or grandchildren who have lost their parents to death, drugs or prison.

Grandparents who take on this job need help in meeting the needs of their grandchildren. They also need help with the legal, financial, educational, and emotional issues that come with this new role.

The tape explores this newly emerging social issue by sharing the stories of four people who are raising their grandchildren and examines some of the major issues facing a grandparent as a parent.

Adult  
30 minutes, order 9-7282-IN

**Headaches**

*The Doctor Is In Series*

Just about everyone has had a headache, but about 10-20% of us get recurring headaches that affect their work, their child raising and normal everyday activities. These people can get help, too, from the growing numbers of headache clinics.

Host Jamie Guth visits two of these and talks to patients who have gotten relief from migraine, tension and cluster headaches. Sometimes people just need to understand the many

triggers that can set off a headache. Other more serious cases require drug therapy and/or biofeedback.

The treatment options are outlined for each type, and men, women and children discuss how they have dealt with their headaches.

Adult, Professional  
28 minutes, order 2-2147-IN

**Holiday Hazards In The Home**

Some of the hazards unique to Christmas time: toxic plants; dangerous toys; fire hazards and safety tips are detailed.

Adult  
12 minutes, order 1-8407-IN

**How To Mind Your Manners**

Situations calling for good manners are introduced with song and mime and then briefly dramatized by children in real life situations. Examples of polite greetings, "please" and "thank you," telephone and daily etiquette.

Ages 6 to 8, Ages 9 to 11  
14 minutes, order 1-8037-IN

**How To Spot A Potentially Violent Teen**

*And What To Do About It*

A powerful central narrative and interviews with experts, show school personnel and parents the various warning signs of potential violence and what to do when teenagers show those signs.

A disaffected high school student whose warning signs are ignored, performs acts of lethal violence against others at school and finally, himself. This fictional scenario leaves no doubt about the importance of efforts aimed at teen violence prevention. And neither do the words of experts from California, Texas and Maryland. Presenting views formed by many years experience in a variety of fields—school and workplace psychology, school security, juvenile justice and Safe and Drug-Free Schools—these experts offer frank, common-sense advice on recognizing signs of potential violence in teens.

By following their advice, parents and school personnel can do much to prevent a potentially violent teen from becoming an actually violent one.

Adult, Ages 15 to 18  
25 minutes, order 2-5147-IN

**How To Talk To Your Doctor**

*The Doctor Is In Series*

Do you become overwhelmed when you see your doctor? Forget to ask the right questions? Don't know what kind of doctor to call? This program follows a number of people through the medical system, from the emergency room, to a regular clinic visit, to the intensive care unit, to provide tips for finding the right physician and communicating your needs.

There's also advice on helping your children through the medical world. Doctors Robert Foote of the New London Hospital and Paul LeMarbre of the Dartmouth-Hitchcock Medical Center discuss the issues. Dr. John Wennberg explains the new videodisc program he's developed that gives patients more information about their treatment.

Adult, Professional  
28 minutes, order 2-2155-IN



# Learning Resources

## How To Tell If A Kid Is On Drugs (2nd Ed)

Provides an excellent description of all the major drug categories including what each looks like in its various forms, their common street names, how they are taken into the body, their effects, and what to do if you suspect your child is involved.

Provides parents and others with the possible signs of use, and ways of discussing suspected use with the child.

This is an excellent tool for parents, educators and police and is presented in a factual, no-nonsense style that is easy to understand.

Adult  
20 minutes, order 2-5133-IN

## In A Split Second

Serious accidents in the home occur with alarming frequency and terrible consequences.

This program, hosted by Corbin Bernsen and Amanda Pays, demonstrates precautions parents can take against common accidents and what they can do in the first few seconds after an accident occurs—the most crucial time period.

Topics include bleeding, burns, drowning, choking, electrocution, gun shot wounds, and bicycle accidents.

Adult  
29 minutes, order 1-8842-IN

## In Search Of Character Series

*The In Search Of Character Series*

Live Wire Media, creators of award-winning programs that help kids make healthy, positive choices, is proud to present an invaluable tool for teaching character at the middle and high school levels.

*In Search of Character* is series of ten videos designed to help adolescents develop into caring, respectful, responsible people who make choices based on what's right, rather than what's easy.

Each program features Dr. Michael Thomson, Ph.D. (Dr Mike) and co-host Anika Rose, exploring a different aspect of character with their radio talk-show callers. They share with their audience revealing, candid discussions held by groups of high school kids, and inspiring documentary profiles of young people who exemplify the power of good character.

These provocative video programs trigger lively group discussion, and deep, meaningful reflection that helps teens construct a vision of themselves as moral people of good character. As one girl in the *Citizenship* episode says, "I'm prepping to be a Perfect Utopian Human Being."

This series is an ideal supplement to any character education, or ethics curriculum, social studies, life skills, service learning, co-operative education, school-to-work, or guidance program.

The Programs:

**Trustworthiness Respect  
Responsibility Fairness  
Caring Citizenship Honesty  
Courage Diligence Integrity**

Ages 12-18  
minutes, order 5-21970-IN

## In Their Own Words (Changed By Fire)

Arson is the fastest growing teen and pre-teen crime in North America. Last year, more than half of the 500,000 arson fires were set by people 18 years of age and younger.

Now in this new 12-minute video, Domingo, Amy and Jason describe the financial, emotional and legal price they paid for setting fires.

These personal stories will give middle school and early high school students a compelling and honest message about the consequences of fire setting.

Ages 12 to 14  
12 minutes, order 8-5000-IN

## Inner Views Of Grief: Young Adults Dealing With Loss

Losing a loved one can be an overwhelming experience, and the process of grieving is often extremely painful. Yet, when young people experience a loss, the adults around them often fail to acknowledge the impact this can have, and may not provide appropriate support during grieving.

Educator Juanita Johnson discusses with five young people, aged 14 to 26, the experience they had after the sudden death of a parent, sibling or friend.

Covers helpful strategies at the time of death; how relationships within families change after loss; and how young people cope with their feelings, remember deceased persons, and learn from the experience of profound grief.

An excellent teaching tool for mental health professionals, teachers, school crisis teams, hospice workers, clergy, funeral directors, parents and bereaved individuals of all ages.

Ages 15 to 18, Adult, Professional  
30 minutes, order 9-7194-IN





## Learning Resources

**Joint Custody: A New Kind Of Family**

Real-life situations portray three arrangements; benefits and complications of each; the need for communication.

Adult, Ages 15 to 18, Post Secondary - Introductory  
55 minutes, order 9-3998-IN

**Joint Custody: A New Kind Of Family**

Three very different stories. Alternate-week co-parenting has developed over 4 years, a recently separated young couple care for a one yr old, and two families merged through remarriage with a large extended family.

Adult, Professional  
83 minutes, order 9-4000-IN

**Juvenile Diabetes**

*The Doctor Is In Series*

Children can develop diabetes at a very young age, requiring them to deal with the daily complexities of this disease. The children who do best are those who handle as many of the responsibilities of disease management themselves.

This program looks at how they learn to analyze their blood sugar levels and manage their care. Viewers meet several children aged 9-15 who have diabetes. They and their parents show how they handle daily injections of insulin, numerous blood checks every day, and a complex balancing of food and exercise.

A special New Hampshire summer camp for children with diabetes is also profiled.

Adult, Professional  
26 minutes, order 2-3111-IN

**A Kid Called Troy**

The impact of AIDS is at the same time international and intensely personal. Here is the story of seven-year-old Troy, who lived with the HIV virus his entire life.

Infected in the womb, Troy has experienced the death of his mother Suzi, as well as the periodic ravages of AIDS-related symptoms. Yet his love of life, and the care and example of his father and friends, have enabled him to remain happy and engaged despite the illness and the sometimes negative attitudes he has encountered in his short life.

Narrated by his father, this film also offers a moving and timeless portrait of parental love and dedication. Relevant to families throughout the world, the video speaks not only for Troy but for all children and families who will be living with HIV and AIDS as we enter the 21st century. *Produced by Film Australia.*

Ages 12-18, Adult  
54 minutes, order 9-7304-IN

**Latchkey Kids**

Information to prepare a child: reviews fire safety; responding to strangers; general household safety.

Ages 9 to 11, Ages 12 to 14, Adult  
15 minutes, order 2-5038-IN

**Lead Poisoning**

*The Doctor Is In Series*

Lead's disastrous effects on the health of children and adults is documented in this episode.

The mother of a New Hampshire child with severe lead poisoning talks about the seven apartments she's moved to looking for lead-free housing. A man retires early because of lead poisoning from his job mixing glue with lead pigment. Dr. Robert McClellan, an environmental and occupational health specialist, talks about the range of environmental contaminants.

Dr. James Sargent of the Dartmouth-Hitchcock Medical Center explains new research into how to prevent lead poisoning in children, and Paul Hunter of the Childhood Lead Poisoning Prevent Program at the Massachusetts Department of Public Health details that state's pioneering effort at stopping the problem.

Adult, Professional  
28 minutes, order 2-2138-IN

**Living Wills**

*The Doctor Is In Series*

What are these advanced directives that hospitals are required to present to every patient? Should you consider one? This program examines the concepts of living wills and advanced directives.

Host Jamie Guth spends time with families in intensive care units, where they're forced to make decisions about life-saving care. Their experience may help you decide if you want to be maintained on ventilators, fluids, and drugs. Patients, their families and doctors each present their view of the situation.

Adult, Professional  
28 minutes, order 2-2135-IN



## Learning Resources

### Locked Out

This ground-breaking video provides a suspenseful, effective dramatization that encourages students of all ability levels to welcome and accept one another.

J.J. is the leader of an exclusive, secret club. When Alex, a girl with blindness who has just moved into the neighbourhood, is introduced to the group, J.J. does not want her to be allowed to join. Only upon discovering that Alex is really no different from the others does J.J. realize she was wrong.

Holds the attention of its audience—elementary school children—while teaching an invaluable lesson on not stereotyping people or judging them hastily.

At the end of the program, a surprise revelation will further test viewers' perceptions of what they have witnessed.

Ages 9-14  
15 minutes, order 1-9286-IN

### Marriage: Building A Lasting Friendship

*The Life Choices Series*

The values and beliefs which lead to lasting friendship and can take you through the time of preparation for, and years of marriage.

Ages 15 to 18, Adult  
30 minutes, order 5-4284-IN

### Marriage: Choosing A Friend For Life

*The Life Choices Series*

How a strong friendship adds to your relationship as you get engaged, make wedding plans, and choose your careers.

Ages 15 to 18, Adult  
30 minutes, order 5-4285-IN

### Marriage: The Early Years And Having A Family

*The Life Choices Series*

Helps clarify roles and relationship as issues like establishing careers, spending time together, having children and child care come up.

Ages 15 to 18, Adult  
30 minutes, order 5-4286-IN

### Marriage: The Sunset Years

*The Life Choices Series*

Learn to rediscover roles and relationship in a new way as children grow up and leave home.

Ages 15 to 18, Adult  
30 minutes, order 5-4287-IN

### Mcgruff's Self-care Alert

*Mcgruff The Crime Dog Series*

Recommended, Saskatchewan Education. Health Education, A Bibliography for The Elementary Level: Grades 1 to 3: Safety

Experiences of children who have learned to protect themselves at home alone; suggestions to deal successfully with loneliness.

Ages 6 to 8, Ages 9 to 11  
17 minutes, order 1-8211-IN

### Men And Masculinity: Changing Roles, Changing Lives

Ideas, activities, and people in today's changing, pro-feminist, male-affirmative men's movement, challenging sexism, homophobia, and violence.

Ages 16 to Adult  
30 minutes, order 9-4099-IN

### Muscular Dystrophy

*The Doctor Is In Series*

Muscular dystrophy attacks muscles, so that people lose the ability to walk, to talk, and in some cases, to breathe. About two-thirds of those affected are children, but symptoms can appear any time between birth and adolescence.

This show looks at how these people deal with a disease that has no cure. A young boy with the fatal form called duchennes gets physical therapy at an Easter Seals Center in Manchester, New Hampshire. Bracing helps a six-year-old girl with spinal muscular atrophy, and a young mother with myasthenia gravis gets help from surgery and medication. Researcher Dr. Betty Banker explains what is being done to find a cure for this disease, and Dr. Richard Nordgren, a neurologist at the Dartmouth-Hitchcock Medical Center, explains treatments.

Adult, Professional  
28 minutes, order 2-2132-IN

### The Neglected Generation

*Healthy Living: Road To Wellness*

According to experts, nearly half of American adolescents are at high or moderate risk of seriously damaging their life chances due to neglect. This powerful program explores the state of adolescent America and gives students insight on how families, communities, government, business and media can better serve youth.

Ages 16 to Adult  
30 minutes, order 5-4967-IN

### New And Improved Kids

Hosted by Loni Anderson This informative documentary features stories of outstanding parents who are fostering self-esteem and practicing positive parenting with their kids. An intimate look into other people's lives that may help families find significant answers to their own problems.

Adult  
46 minutes, order 1-8730-IN



## Learning Resources

**Not For Sale: Ethics In The Workplace**

A video based learning program on ethics in the workplace for high school students that teaches skills and values essential to success in the workplace.

Prepares students for situations and decisions they will experience at work and starts new workers off on the right foot.

This is the compelling story, in 10 episodes, about four young people's experiences as new employees in a department store.

Ellen, a store salesperson, is an insecure young woman who is relentlessly pressured by her two best friends to help them shoplift.

Collins has his own challenges in the Electronics Department. Customers leave because he's talking on the phone, he loses his temper with an apparently racist customer, and he mistakenly comes to believe his community service idea for the store has been stolen by his supervisor.

Lydia's boss keeps asking her for a date. He's also receiving gifts from suppliers, which doesn't seem right. She's faced with a difficult decision about becoming a whistleblower.

Roy has an attitude problem from the moment he arrives. He begins his new job goofing off and talking on the phone. While his warehouse supervisor is trying to straighten him out, he is invited by Lydia's boss to help him steal from the store.

Ages 15 to 18  
90 minutes, order 5-2192-IN

**On The Day You Were Born**

*The Reading Rainbow Series*

Written by Debra Fraiser and narrated by Patrick Stewart, this wonderful story explores the wonder and beauty that surrounds the birth of a child.

LeVar visits a maternity ward filled with newborns, and viewers meet a family preparing for the arrival of a new family member.

The program travels into the delivery room to share in the moments surrounding the baby's birth. Program #126.

Although the birth depicted is appropriate for this age, a special edited version without the birth scene is available. Order number 5-45190.

Ages 6-11  
30 minutes, order 5-4519-IN

**Organ Transplants**

*The Doctor Is In Series*

Over 6,000 Americans are waiting for a liver, heart or lung transplant. One quarter will die before they receive one. This program examines how the organ transplant system works, for both donors and recipients.

Viewers get to follow patients through a cornea and kidney transplant, and see how it's decided who will get what and when. Interviewed are Dr. Horace Henriques of the Dartmouth-Hitchcock Medical Center and Richard Luskin, Executive Director of the New England Organ Bank.

Adult, Professional  
28 minutes, order 2-3127-IN

**Other Families (Children Of Lesbian Parents)**

Explores the perceptions and feelings of seven adults ages 18-40 who were raised by lesbian mothers.

Adult  
49 minutes, order 9-7184-IN

**Parenting Preschoolers!**

Practical approaches to providing balance and self-esteem, with special advice for single parents and dual career families.

Adult, Ages 15 to 18  
55 minutes, order 9-5025-IN

**Prevent Violence With Groark Series**

*Prevent Violence With Groark Series*

This delightful new video series teaches young children valuable lessons that will help them get along well, work out conflicts fairly and peacefully, and prevent violent behaviour.

In each episode, Groark, an affable, childlike dragon puppet, gets into a tense situation with some of his puppet friends. But after he discusses the problem with a group of real elementary school children, he applies what he has learned and succeeds in bringing about a peaceful, positive solution.

Funny, entertaining, and emotionally engaging, these videos combine puppetry, real children, music and fanciful visual elements - a sure hit with young kids. Each program has a discussion guide.

**Groark Learns to Control Anger**

Groark becomes so angry at his own mistake that he accidentally on purpose damages his best friend's model airplane - and gets into a fight.

Children learn how to recognize and manage anger.

Order 5-2184, 28 minutes



## Learning Resources

**Groark Learns to Work Out Conflicts**

Groark has a disagreement with his friend over a robot they are building as a school project. When a serious rift develops and their project stalls, Groark becomes frustrated and angry.

Teaches kids how to stay calm, talk through their problems, listen to other viewpoints, and find mutually satisfying solutions to conflict.

Order 5-2185, 28 min

**Groark Learns to Listen**

Groark is working with two friends on a dance routine for a talent show. His failure to listen to their ideas and concerns upsets his friends, and leads to misunderstanding and injury.

But Groark learns a valuable lesson and gets a second chance.

Order 5-2186, 28 min

**Groark Learns About Bullying**

Groark is playing with his friends when two of them start teasing and picking on a third one. As the situation escalates Groark gets drawn in, and, before he realizes it, Groark is picking on his best friend!

Demonstrates the cruel and unfair nature of bullying. Award Winner!

Order 5-2187, 28 min

**Groark Learns About Prejudice**

Groark and his friends decide not to invite the new kid to a party they're planning - until he discovers the reasons they acted on were presented by a friend who didn't even know the new kid.

Teaches children not to pre-judge people on the basis of size, age, gender, race, ethnicity or national origin.

Order 5-2188, 28 min

Ages 6 to 8

138 minutes, order 5-21840-IN

**Raising Kids With Special Needs**

An intimate look into the lives of parents of three kids with very different disabilities.

Looks at safety concerns, issues of anger and grief, the importance of a support network and other important issue. Ultimately, this is a narrative about raising and educating a child with disabilities.

Ages 16 to Adult  
21 minutes, order 8-2025-IN

**Running Away: A Dead End**

Powerful presentation telling the truth about surviving on the street, should be seen by all teens, parents and educators.

Ages 12-18

15 minutes, order 2-5043-IN

**Safe Babysitting**

How to be a prepared, professional babysitter. Includes preventing injury, medical and fire emergencies, guidelines for home security.

Ages 12 to 14

15 minutes, order 2-5096-IN

**Shattered Dishes**

*Picking Up The Pieces Of Our Parents Divorce*

Helps children recognize, articulate and deal with the effects of their parents' divorce on their lives.

Aids in understanding the impact of divorce on child development.

Ages 16 to Adult

28 minutes, order 9-7091-IN

**Shattering Stereotypes: Cat's Eyes**

Through dramatization of high school students at a costume party, this thought-provoking program demonstrates that persons with disabilities are really no different than anyone else.

When Catherine - a teen who is blind - attends a friend's party, no one is told that she is blind. As the other guests discover the truth, some begin to stereotype Catherine and feel the need to behave differently around her than they do with the rest of their friends. Catherine shows them that she is not so unlike them after all.

At the close of the program, it is revealed that the actress who portrayed Catherine is a sighted person while, in real life, the hostess of the party is a college student who is blind.

Ages 12-18

16 minutes, order 1-9117-IN

**Sleep**

*The Doctor Is In Series*

Lack of sleep is a major health hazard. Studies have shown that people are more prone to colds and viral infections when they don't get enough sleep. Yet 40 million Americans suffer from insomnia; another 56 million can't sleep because of pain.

This program explains how to get a good night's sleep. It covers insomnia, breathing disorders like sleep apnea and narcolepsy, restless legs, and disturbances of sleep timing that occur in shift work and from jet lag.

Dr. Peter Hauri of the Mayo Clinic and Dr. Allan Pack of the University of Pennsylvania Center for Sleep Disorders provide tips on how to fall asleep, manage night shifts, and travel across time zones. Dr. Richard Ferber offers advice for parents on how to help infants and young children fall asleep and stay asleep through the night.

Adult, Professional

28 minutes, order 2-2158-IN



## Learning Resources

**Stale Roles & Tight Buns  
(Images Of Men In  
Advertising)**

Through a selection of images found in consumer advertising we see the myths used to define and limit men. Generates new insights into men and advertising.

Ages 16 to Adult  
29 minutes, order 9-4100-IN

**Staying Home Alone**

Teaches youngsters how to handle a variety of situations they may encounter while on their own, including basic accident prevention, first aid and emergency preparedness measures. Includes a letter to parents.

Adult, Ages 9 to 11  
15 minutes, order 1-8448-IN

**Stuttering**

*The Doctor Is In Series*

Why do people stutter? What is the best treatment? This program looks at the impact of stuttering on children, teenagers, and adults and shows therapies designed to help them. The emphasis is on learning to live with a long term problem that doesn't have to stand in the way of social enjoyment and career success.

Speech pathologist Barry Guitar of the University of Vermont takes us into a support group for stutterers and demonstrates new methods of including families in therapy. The show looks at experiments at the National Institutes of Health where scientists are

trying to find the physiological cause of stuttering. Also interviewed are speech pathologist Deborah Foltyn of the Dartmouth-Hitchcock Medical Center and John Albach, Director of the National Stuttering Project in San Francisco.

Adult, Professional  
28 minutes, order 2-2161-IN

**NEW RELEASE****Alcohol & Drugs: The  
Family**

*Subject List 227*

A comprehensive selection of video resources for children, adults and their caregivers.

00 minutes, order 9-99216-IN

**NEW RELEASE****Disabilities**

*Subject List 154*

Order Subject List 154 for information on titles dealing with many issues including cystic fibrosis, children's heart defects and mainstreaming children with physical and mental handicaps.

00 minutes, order 9-99156-IN

**NEW RELEASE****Maternal & Child Health**

*Subject List 27*

A comprehensive collection of video resources for childbirth educators and expectant parents.

00 minutes, order 9-9922-IN

**NEW RELEASE****Sexual Health & Aids  
Education**

*Subject List 44*

A comprehensive listing of video tapes dealing with all areas of sexuality, sexual health and AIDS/HIV prevention.

00 minutes, order 9-9935-IN

**NEW RELEASE****Abuse: Child & Adult**

*Subject List 6*

A comprehensive collection of video resources which address the terrible reality of abuse and violence for professionals, caregivers, parents and children.

00 minutes, order 9-9903-IN

**Teaching Kids About Aids**

*The Doctor Is In Series*

There is no vaccine for AIDS, no magic pill that can stop this fatal disease. But school teachers are developing their own vaccine – education – to help their students avoid this plague.

This show examines innovative programs in a San Francisco first grade and a New Hampshire high school. The show includes interviews with Fordham von Reyn of the Dartmouth-Hitchcock Medical Center, former Surgeon General C. Everett Koop, and Congresswoman Pat Schroeder.

Adult, Professional  
26 minutes, order 2-3103-IN

**Teen Father**

Roy is interrupted at work with news that his girlfriend, Maria, is at the hospital giving birth to their baby. He races to the hospital and is greeted with open hostility from Maria's father.

Despite objections from her family, Maria decides to keep this child. Meanwhile, though Roy's not sure if he loves Maria enough to marry her, he feels a deep sense of responsibility towards their baby and refuses to abandon her the way his father abandoned him.

One day, Roy meets a former high school acquaintance who invites him to a meeting of his group - Teen Fathers. Here Roy has an opportunity to vent his frustrations and come to terms with his predicament.

Ages 15 to 18  
44 minutes, order 1-8827-IN

**Teen Pregnancy: Having  
Babies Too Soon**

Every year, well over a million teenagers in North America get pregnant. This program examines why, from the perspectives of over 40 teen mothers. Their choices, problems, and hopes for the future enable other teens to see the harsh realities of life as a teen parent and to think twice before it's too late.

Ages 16 to Adult  
17 minutes, order 1-8906-IN



## Learning Resources

**Teen Pregnancy:  
Children Having Children  
(Abstinence Vers)**

Over one million American teenaged girls become pregnant each year. Studies show that many of these girls suffer from low self-esteem and become sexually active and then pregnant in order to have someone to love who will love them back. Most teen mothers either lack information regarding contraceptives, or simply do not use them. All of these teen mothers soon discover the overwhelming reality of becoming a parent too soon.

Part of the *You Make It* series, this program features actual teen parents discussing the tremendous responsibility they now have, and how raising a child at this stage of their lives involves an emotional and financial burden, as well as educational and social costs that none of these kids were prepared to undertake.

Together with the young parents, doctors, counselors and well-known celebrities urge teens to think carefully before choosing to become sexually active, to weigh the fleeting physical thrill of a sexual relationship against the potentially life-altering consequences, and to either wait until adulthood before having sex, or use contraceptives and keep from becoming one of the many children having children.

For the version that includes contraceptives and their use, order 1-9299.

Ages 15 to 18  
22 minutes, order 1-2247-IN

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Children Having Children**

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adulthood before having sex, or use contraceptives and keep from becoming one of the many children having children.

For the version that advocates abstinence from sexual activity, Order 1-2247

25 minutes, order 1-9299-IN

**Teenage Pregnancy**

*The Doctor Is In Series*

Teenage pregnancy is not a new problem, but the social costs are higher than ever. Teen parents who drop out of school can't get jobs that pay them enough to raise a family. Young mothers are at the highest risk for abuse to themselves and their babies, alcoholism and illiteracy.

Interviewed are Dr. Robert Haggerty, president of the William T. Grant Foundation that funds programs for youth and families. The program follows several pregnant teenagers through the birth of their child and the changes that occur afterward. Some of these girls are participants in a new program called Hannah House, located in Lebanon, New Hampshire, which provides a home for the girls before and after the child is born, along with daycare, schooling and job training.

David Olds, a developmental psychologist from the University of Rochester School of Medicine, explains another program he developed in Elmira, New York. He found that nurses' visits during pregnancy and the first two years of life helped to establish an ongoing relationship and change some of the problems of depression and poverty.

Adult, Professional  
28 minutes, order 2-3112-IN

**Through Moon And Stars  
And Night Skies**

*The Reading Rainbow Series*

Families are created in many different ways.

*Through Moon and Stars and Night Skies* by Ann Turner, illustrated by James Graham Hale, is a tender story about a family formed through adoption. People everywhere talk about the ups and downs of life as fathers, mothers, sisters, brothers and more. It's a show that everyone can "relate" to. Program Number 89.

Review Books: *Horace* by Holly Keller; *Fathers, Mothers, Sisters, Brothers: A Collection of Family Poems* by Mary Ann Hoberman, illustrated by Marilyn Hafner; *Free to Be...A Family: A Book About All Kinds* by Marlo Thomas and Friends.

Ages 6-11, Closed Captioned  
30 minutes, order 5-4056-IN



## Learning Resources

**The Tough Times Series****Glass Guns**

Sharing needles is one of the most common ways young people contract HIV. This program dramatizes high school students in a believable and compelling life situation in which a choice is made to use a "dirty" needle to inject heroin.

Crystal, a teenager with lots of friends, wants a job at the local restaurant which pays well. She needs money to support a new hobby - heroin. She tries to entice her boyfriend, Peter, to "fly with her" by shooting up. Peter refuses, and Crystal shuts herself off from him and her friends, and now looks only to heroin for "friendship."

Order 1-9107, 13 minutes

**Choke**

Escalating conflicts among adolescents too often leads to violence. This program dramatizes a conflict between players on a soccer team. Teaches pro-health conflict resolution skills which can be used to de-escalate a situation that may seem out of control.

Order 1-9108, 12 minutes

**Gloss**

Girls in modern society are pressured to look, dress and act older than they are.

The cultural push is to subordinate your own values and thoughts in order to conform, to fit in, and to be cool. The program explores this conflict between authentic individuality and cultural stereotypes, when an eighth grader pretends to be older in order to date a high school boy she met at a party.

Order 1-9109, 14 minutes

**Wake Up Call**

The owner of the pizza restaurant where Lizzie works makes inappropriate and unwanted sexual references and overtures towards her.

She must now decide whether or not to compromise her values and integrity for the opportunity to earn money for college.

Order 1-9110, 16 minutes

**Shatter**

Dramatizes a group of students at a weekend party, some of whom have been abusing alcohol, and the personal, psychological and physiological problems that develop.

Order 1-9112, 16 minutes

**Backstroke**

The issue of adolescent suicide is a sensitive but crucial one. This program explores and dramatizes many of the symptoms of suicidal adolescents, and demonstrates ways for peers to effectively and authentically intervene.

Order 1-9111, 18 minutes

Ages 12-18

minutes, order 1-91070-IN

**Tracing Your Roots: The Still Family**

Explores the lineage of the Still family, beginning with a royal forebear from Guinea around 1650 and including a profile of William Still, "Father of the Underground Railroad." Through this family, the program chronicles important aspects of the African-American experience, such as the indignity of slavery, the struggle for freedom, and emancipation.

By tracing the roots of one North American family, viewers are encouraged to trace their own roots and thereby develop a sense of identity and self-worth and gain a greater appreciation for the rich multicultural heritage of their country.

Purchase includes a comprehensive study/activity guide.

Ages 16 to Adult

17 minutes, order 1-8911-IN

**Tracing Your Roots: The Ruelas Family**

Traces the ancestry of one of the oldest Mexican-American families on the continent, the Ruelas family of Tucson, Arizona.

By viewing the history of this family's struggle to preserve their heritage amid the pressures of social change, students are encouraged to trace their own roots and thereby to develop a sense of their own identity and dignity within the framework of multicultural North America.

Purchase includes a comprehensive study/activity guide.

Ages 16 to Adult

16 minutes, order 1-8912-IN



## Learning Resources

**The Truth About Sex  
(Library Version)***The Teen Files Series*

More than half of all teenagers have had sex before they're 18 years old. Therefore, it's not surprising that a teenager contracts a sexually transmitted disease every 10 seconds in America and over 3,000 teenage girls become pregnant every day.

Parents and teenagers are often too uncomfortable or too embarrassed to discuss the risks associated with sex. *The Teen Files: The Truth About Sex* forces teenagers to face the hard-hitting realities of having sex too young, including unwanted pregnancies and STDs.

Viewers are introduced to several sexually active teenagers, many of whom are having unprotected sex. Two teens discuss the struggles of becoming parents at such a young age, while another young couple faces the possibility that they could be pregnant.

A group of teenagers tour a microbiology lab, where hundreds of cases of sexually transmitted diseases are diagnosed each year, and participate in a "mock AIDS test". Lisa, a 33-year-old heterosexual woman with full-blown AIDS, shares her story.

Ages 12-18  
45 minutes, order 1-2343-IN

**When Parents Can't Fix It***Living With A Child's Disability*

An intimate look at the lives of five families who are raising children with disabilities—the problems they face, how they have learned to cope and the rewards and stresses of adapting to their child's condition.

Matt is a vibrant sixteen-year-old who has muscular dystrophy. He and his mother discuss what it has been like to adjust to his progressive paralysis and to face life with a terminal illness.

Nathan is entering adulthood with cerebral palsy and his parents feel it is time for him to live outside the home.

Blayre is a six-year-old with multiple disabilities, growing up in a close-knit African American family.

Eli is 6 years old, has autism, a variety of medical problems and self-injurious behaviours requiring constant vigilance to keep him safe.

Red Fawn, a Native American teen whose violent outbursts related to fetal alcohol effect strain her family and bring her into frequent contact with the justice system.

Offers a realistic look at different family strengths and coping styles and highlights the ways society can help meet the needs of families with disabled children.

Adult  
58 minutes, order 9-7327-IN

**When She Gets Old:  
Financial Hardship**

In this sensitively produced video, several women share their stories of financial hardship caused by divorce, widowhood, and a history of low-paying jobs without pensions.

The women's struggle to meet their daily needs are interwoven with comments from professionals on the financial hardships faced by older women.

Adult  
28 minutes, order 9-7410-IN

**The While We Are Very  
Young Series**

Learning Consultant Dr. Dinghy Spalding Sharp provides a guide to young child development and learning in this series that discusses appropriate child rearing techniques for pre-school-aged children.

Dr. Sharp examines the need for love, security and discipline, the challenge of parenting, and the do's and don't's of sharing the reading experience with preschoolers.

The programs may be viewed either individually, or as a series. They have been produced to help parents, teachers and other professionals understand the development and appropriate child rearing techniques for working with preschool children.

**All Children Need LSD from  
US: Love, Security &  
Discipline from  
Understanding & Structure**

This lesson examines some of the myths of parents and discusses some of the strategies used for effective parenting. Negotiation skills are explored as an alternative to the authoritative model of child rearing. The eighteen rules of good parenting are also discussed.

Order 5-4256

**All Children Need LSD: Say  
it Again, Dinghy!**

Provides continued discussion of the eighteen rules of good parenting.

Order 5-4257

**The Challenge of Parenting**

Strategies for the effective use of logical consequences are identified. Punishment vs. negotiation, the use of praise, and encouragement of learning in the home environment are also addressed.

Order 5-4258

**Ready! Set! Go!**

Pre-kindergarten readiness skills is the topic of this program. Development of skills necessary to begin academics and suggestions of how to encourage that development are covered. Dr. Sharp also speaks to concerns about placing young children in school before they are ready.

Order 5-4259





## Learning Resources

### **You Are Never Too Young to Enjoy Reading**

Discussion of the DO's and DONT's of sharing the reading experience with preschool age children.  
Order 5-4260

### **You Are Never too Young to Enjoy Reading Activities**

Dr. Sharp explains a number of reading readiness activities to use with preschool children.  
Order 5-4261  
60 minutes each  
Adult  
360 minutes, order 5-42560-IN

### **White Hair, Grey Hair**

*"A vivid portrayal of the angst experienced by older parents as they face old age and the uncertainty of what will happen to their sons or daughters with an intellectual disability. This video should be used by anyone who is working with older parents who are long-term carers of these adult children... it speaks to the crux of the issues and wonderfully illustrates the personal stories."* Mathew P Janicki, Ph.D, Director, Aging Services and Special Populations.

This program movingly portrays five elderly parents each dealing with the issue of how to ensure the well being of their mentally disabled child.

Despite the difficulties encountered in caring for a disabled adult at home, some elderly parents cannot bear to part with their child who may have reached middle age or older. Other parents, deeply marked by their own old age, have awaited openings for residential placement for years, in vain.

With great sensitivity and documentary directness, explores both the ambivalent feelings and the practical issues involved, as aging parents confront the decision of how to best provide ongoing care for their adult disabled child.

The tape also takes an inside look at a residential home where adults are cared for with respect, and are encouraged to participate in their own care and in everyday activities.

Produced by the Fondation de France, *French with English Subtitles.*

Adult, Professional  
26 minutes, order 9-7298-IN

### **Working With Resistant Teens**

Students are more explosive today than ever before and working with them is a constant challenge. Therapist Steven Campbell, who has worked with incarcerated teens in the Detroit area since the 60s and consulted on violence in the workplace for the U.S. Postal Service and

corporate America, as well as violence in schools, has developed an effective anger management strategy.

These two videos (*Working with Hostile Teens* and *Working with Resistant Teens*) consist of role plays with actual at risk teens who, in most cases, are acting out their own personal histories. Campbell leads the role plays, then provides an analysis of each one, showing viewers how to work effectively with this challenging population. Invaluable, hands-on survival skills for dealing with hostile and resistant teens in any setting.

Role plays include the following scenarios: a student who—

- threatened to kill a teacher
- punched out a principal
- may be suicidal
- fights but blames others
- relapsed and is acting out
- got thrown out of school and is trying to re-enter
- was fighting with another girl
- is pregnant but hasn't told anyone

Adult  
46 minutes, order 8-2010-IN

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Students are more explosive today than ever before and working with them is a constant challenge. Therapist Steven Campbell, who has worked with incarcerated teens in the Detroit area since the 60s and consulted on violence in the workplace for the U.S. Postal Service and

corporate America, as well as violence in schools, has developed an effective anger management strategy.

These two videos (*Working with Hostile Teens* and *Working with Resistant Teens*) consist of role plays with actual at risk teens who, in most cases, are acting out their own personal histories. Campbell leads the role plays, then provides an analysis of each one, showing viewers how to work effectively with this challenging population. Invaluable, hands-on survival skills for dealing with hostile and resistant teens in any setting.

Role plays include the following scenarios: a student who—

- threatened to kill a teacher
- punched out a principal
- may be suicidal
- fights but blames others
- relapsed and is acting out
- got thrown out of school and is trying to re-enter
- was fighting with another girl
- is pregnant but hasn't told anyone

1993 45 minutes, order 8-2011

Adult  
45 minutes, order 8-2011-IN



## Learning Resources

**Worth The Trip***Children Affected By Fetal Alcohol*

This video is for caregivers of children affected by fetal alcohol - parents, teachers, and others who face untold challenges of their own as they discover new ideas, and practical strategies to help their children and themselves.

Formal diagnosis is difficult. There is no national data on the rate of occurrence of FAS and FAE in Canada. Estimates are therefore very conservative. The incidence of FAE is about three times that of full FAS. These families can't change their child's life-long disorder, but they can help their children to grow up in the best way they can.

Filled with "hands on" strategies and practical suggestions, here is a sensitive and honest video showing viewers an optimistic and hopeful view of this very real problem.

Part One *What Families Need to Know*, presents an in depth discussion of common behaviour and development issues from infancy to age 8, and while not a diagnostic tool, it does discuss psychological and physical traits that may indicate FAS/FAE.

Part Two *Teaching and Learning*, offers strategies to help young children at school. It covers speech and language delays, sensory integration problems, eating, health and development, activity levels, sleep, behavioural concerns, siblings, effects on family, friendships, and self-care for caregivers.

The strategies and ideas shared by this group of parents may not work for everyone ... so much depends on each child's individual needs. But hopefully these mothers and fathers, their words and experiences, can offer some direction to others on a similar journey.

Adult, Professional  
57 minutes, order 7-1148-IN

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