

Learning Resources

The Breast Exam

The Physical Assessment Series

Techniques of inspection and palpation; effective teaching of self examination.

Professional
13 minutes, order 1-6481-IN

The Butt Stops Here

Healthy Living: Road To Wellness Series

Is tobacco addictive? The FDA and tobacco industry give their opinions as this program delves into the controversy over classifying and regulating tobacco as a drug.

Ages 16 to Adult
30 minutes, order 5-4978-IN

Cancer: Captain Bill Sails The "c"

Bill's calm acceptance of the loss of his leg to cancer helps reduce children's fears. Discusses different cancers and three primary treatments.

Ages 6 to 8
10 minutes, order 1-8016-IN

Cancer: Insight, Treatment, And Hope

Physician and cancer patient Lou Schwartz provides comfort, encouragement, and details of treatment, including: surgery, radiation, chemotherapy.

Adult
13 minutes, order 1-9983-IN

A selection of videos for patient and staff education

Cancer Screening: A Preventive Service

Healthy Living: Road To Wellness Series

This in-depth program provides students with important facts about screening tests for cancer including breast, colorectal, prostate and lung. Experts discuss the efficacy of screening tests, risk factors, the effectiveness of early testing and clinical intervention.

Adult
30 minutes, order 5-4973-IN

Cancer Survivors

The Doctor Is In Series

One in every three Americans will be diagnosed with cancer sometime in their life, but over half will survive it. Seventeen billion dollars has been spent to develop better treatments in the areas of surgery, radiation and chemotherapy, and the money is paying off.

This program gives an overview of how these treatments have developed, and highlights some promising new treatments. There's also information on the national cancer hotline. Norris Cotton Cancer Center director Dr. Ross McIntyre is interviewed. Despite these advances,

most people still fear the word cancer, and patients have experienced job and health insurance discrimination.

Host Jamie Guth talks to people about the difficulties in explaining the disease to friends, their fears that the disease will come back, and even guilt over having lived. Pediatric Oncology Nurse Janet Stewart is shown in an elementary school classroom, where she explains cancer and its treatment to a classroom of children whose playmate has leukemia.

Adult, Professional
28 minutes, order 2-3104-IN

Cancer Treatments

The Doctor Is In Series

What's it like to go through chemotherapy or radiation after you've been diagnosed with cancer? This program follows several people through the process, detailing the treatment, side effects, and emotional ups and downs. Information is provided on the combined chemo/radiation therapies, as well as new treatments that extend life expectancy for lung cancer. Patients with breast, lung, prostate, ovarian cancer and

Hodgkin's disease are shown in treatment and talk about how they incorporate it into their daily lives.

Adult
28 minutes, order 2-3132-IN

The Chemotherapy Series

Complete series on Oncology nursing and cancer chemotherapy in a lecture/classroom format. Format helps engage and hold viewers' attention and provide opportunity for individual self study. The twelve parts are:

General Principles of Cancer Chemotherapy
30 minutes, order 1-6393

Natural Products
28 minutes, order 1-6398

Antimetabolites
40 minutes, order 1-6396

Antibiotics
28 minutes, order 1-6387

Alkylating Agents
28 minutes, order 1-6388

Cancer Chemotherapy Administration Techniques
30 minutes, order 1-6397

Hormones
28 minutes, order 1-6389

Investigational Agents
30 minutes, order 1-6390

Safety Issues in Handling Cancer Chemotherapy
30 minutes, order 1-6391

Dose Calculations
30 minutes, order 1-6392

Nursing Actions Prior to Cancer Chemotherapy Administration
30 minutes, order 1-6394

Educational and Psychological Components
30 minutes, order 1-6395
Professional
362 minutes, order 1-63870-IN



Learning Resources

Chemotherapy

Learning About Cancer Series

Powerful anticancer drugs and their varying side effects are described.

Adult
11 minutes, order 1-5089-IN

Childhood Cancer - An Introduction For Parents

Many challenges and stressors facing families are detailed along with support services available.

Post Secondary - Advanced, Adult, Professional
minutes, order 1-5217-IN

Childhood Cancer - Coping With Procedures

Examines psychological and behavioral techniques to help children cope with unpleasant side effects of therapies and pain of repeated procedures.

Post Secondary - Advanced, Adult, Professional
minutes, order 1-5218-IN

Childhood Cancer - Home Care

Discusses the goals and rationale for outpatient camps, and importance of family cohesiveness and support as the child resumes normal activities.

Post Secondary - Advanced, Adult, Professional
minutes, order 1-5220-IN

Children Die, Too

The Doctor Is In Series

No one is ever prepared for a child's death, but there are ways to live through this very sad experience.

This show introduces you to some people who have felt this kind of pain, and who can offer some suggestions for going through the process. A couple whose three-year-old daughter died suddenly, a teenage girl whose sister died from leukemia, a mother whose six-month-old died from multiple birth defects, and a young woman who has lived through two miscarriages and two stillborns talk about their experiences.

Dr. Sandra Fox of the Good Grief program based in Boston, Massachusetts, discusses how people in communities can help each other deal with the death of a child. Pediatric oncology nurse Janet Stewart from the Dartmouth-Hitchcock Medical Center explains how a cancer treatment team can help families through a child's terminal diagnosis and treatment. Host Jamie Guth visits an art therapy class for school-aged children, and talks to the teacher, Patti Morgan, about how children express their grief.

Adult, Professional
28 minutes, order 2-3106-IN

Children's Care

The Doctor Is In Series

Recognized by the American Medical Association's International Health & Medical Film Festival

Children do get sick, and sometimes they even need to be hospitalized. This program looks at how their needs are different from adults, and examines some unique programs for children.

Host Jamie Guth visits a pediatric intensive care unit, follows a one-month-old infant into cardiac catheterization, talks to a teenager with cancer, and shows a unique parenting arrangement for a six-month-old diagnosed with AIDS. Pediatrician T. Barry Brazelton and Dr. Stephen Kairys of the Children's Hospital at Dartmouth discuss children's needs and offer pointers for parents.

Adult, Professional
28 minutes, order 2-3107-IN

Coping Emotionally

Learning About Cancer Series

Shows how stress of isolation and interruption of usual routines can often be alleviated by meeting with a support group.

Adult
13 minutes, order 1-5090-IN

Diet & Cancer Prevention

Reviews the research results on diet and cancer; ways to reduce risk; future direction of research.

Post Secondary - Advanced, Adult, Professional
60 minutes, order 1-5881-IN

Diet And Cancer

Benefits of a macrobiotic diet and other recommendations for a healthy diet; food labeling; latest news concerning additives and pesticides.

Adult, Professional
29 minutes, order 1-5210-IN

Facing Cancer

Award winner helps convince patients with cancer that a normal life is within their control. Six personal stories explore all aspects of getting on with treatment and life.

Adult, Professional
20 minutes, order 1-9965-IN



Learning Resources

Emotions

The Doctor Is In Series

Do our emotions affect our physical health? Up until recently, researchers were reluctant to say yes, but new work in immunology has shown that emotions do indeed play a role.

Women with incurable breast cancer who have been through psychotherapy to deal with their emotions have actually lived twice as long as other women without this therapy. People have been able to lower blood pressure and decrease medication by dealing with stresses that cause anger and depression.

This program takes you to classes for people under stress, in hospital cancer wards, and to a support group in California for breast cancer patients. Interviewed are Herbert Benson, co-founder of the Mind-Body Institute at the New England Deaconess Hospital, Virginia Emery, a psychologist at the Dartmouth-Hitchcock Medical Center, David Spiegel, a psychiatrist at Stanford University School of Medicine, and Martin Seligman, a psychologist at the University of Pennsylvania.

Adult, Professional
28 minutes, order 2-3124-IN

The Facts On Lung Cancer Series

Lung Cancer: Detecting and Understanding

Comprehensive look at lung cancer, its causes and treatments.
15 minutes, order 1-5017

Lung Cancer: Treatment Through Surgery

Oncologist and surgeon explain surgery and why not all patients benefit from operation.
10 minutes, order 1-5018

Lung Cancer: Radiation & Chemotherapy Treatment

Describes procedures and offers a realistic view of side effects.
10 minutes, order 1-5019

Lung Cancer: Lung Cancer and the Family

Treatment and its side effects; the outlook for recovery; financial liability; impact on both patient and family.
13 minutes, order 1-5020

Lung Cancer: Long Term Survival

Key is early detection and prompt treatment; examines life after remission.
13 minutes, order 1-5021
Professional
61 minutes, order 1-50170-IN

Finding Your Way

Follows one patient at the Dana-Farber Cancer Institute in Boston as he learns simple, behavioural techniques to reduce anxiety, and cope more effectively with pain and discomfort.

Adult, Professional
22 minutes, order 9-7053-IN

Food - The Foundation

Emphasizes to people with cancer importance of controlling weight loss; ways to combat loss of appetite, to add calories and protein to their diet.

Adult
10 minutes, order 1-9967-IN

Living With Cancer: A Message Of Hope

Explores the human side of the cancer experience and documents the stories of some of the more than ten million Americans who were diagnosed with cancer, underwent treatment, and are now living full and healthy lives. Their experience shows us that a cancer diagnosis can be a part of life, not necessarily the end of life.

Adult
56 minutes, order 8-1048-IN

The Living With Dying Series

Facing the Fears

Addresses fears that may arise for patients and family members in the face of life threatening illness and suggests a wide range of strategies for confronting them.

Order 1-5391, 15 minutes

Taking Control

A film about empowerment of the patient in making choices. Among the important decision areas included are: choice of physician; location of care (home or hospital); financial affairs; treatment that will be helpful for patients and family members and alternatives; wills; choosing support systems. This film may broaden the horizons of caregivers in challenging us to think further about patient rights. Score: *** (3.0) *Ninth International Congress on Care of the Terminally Ill*
Order 1-5392, 16 minutes

Children

This program is designed for parents and families of terminally ill children to help provide methods of coping, and to help them learn how they and their child can live as normal a life as is possible even with the trauma of a life threatening illness.

Discusses the fears that children have, and the how these can be lessened by giving the child opportunities to make decisions for themselves.
Order 1-5393, 16 minutes



Learning Resources

Coming to Terms

This program will help terminally ill people and their families come to terms with a life threatening diagnosis, and give them tools with which to make the process easier. All participants recommend participating in a peer support group.

A concise discussion starter which may be useful for patients and family members forced to integrate the reality of a terminal illness. Score: ** (2.5) *9th International Congress on Care of the Terminally Ill*

Order 1-5394, 14 minutes
Professional, Post Secondary - Advanced, Adult
61 minutes, order 1-53910-IN

Mammography: The Life Saving Image

Emphasizes that early detection of breast cancer requires monthly breast self examination, professional exams annually, and mammography on a regular basis.

Adult, Professional
7 minutes, order 1-6557-IN

Managing Side Effects Of Chemo: Taking Good Care Of Yourself

Provides patients undergoing chemotherapy with an overview of the side effects that result from treatment and methods of managing them.

Individuals of varying ages, backgrounds, and cancer diagnoses, along with their significant others, describe their experiences and demonstrate coping methods they found effective.

Graphic and animated representations reveal how chemotherapy works and why side effects occur.

Adult
33 minutes, order 1-2191-IN

Meeting The Challenge

Learning About Cancer Series

Details the many decisions patient faces surrounding a diagnosis of cancer; preparation for psychological impact of the disease. Stresses positive attitude.

Adult
14 minutes, order 1-5086-IN

Not Just A Cancer Patient

Critical issues in caring for adolescents; for professionals, patients and families.

Adult, Professional
23 minutes, order 9-7049-IN

Pain Management

The Doctor Is In Series

Pain can be controlled in 90% of today's illnesses. This program shows what you can expect when you're recovering from surgery, dealing with cancer, or coping with chronic pain from back or nerve injuries.

Profiled are Dr. Margaret Cuadill, developer of an innovative mind-body approach; Dr. Richard North from John Hopkins University, who talks about electric stimulators; Dr. Ronald Melzack, author of the Gate Control theory of pain; and Dr. Carol Warfield, Chief of the Division of Pain Medicine at Beth Israel Deaconess Medical Center in Boston.

Patients in all areas are shown recovering from illnesses that are painful and health care staff explain the treatments.

Professional, Patient Education, Adult
28 minutes, order 2-3131-IN

Post Mastectomy: The Physical Therapy Connection

With Barbara Rabinowitz, WACSW Co-Director/Administrator Comprehensive Breast Center, Robert Wood Johnson Medical Center. Talks about recovery after mastectomy and how physical therapy can help.

Adult
22 minutes, order 1-6233-IN

Radiation Therapy - Rays Of Hope

Award winner helps cancer patients understand an important part of their treatment. What it is, how it is used, and it's effects.

Adult
15 minutes, order 1-9966-IN

Radiation Therapy: Cancer And You

Covers internal and external therapy and combination treatment with hormones and chemotherapy. Skin care and side effects.

Adult
8 minutes, order 1-6559-IN

A Sense Of Balance: Breast Reconstruction

Multiple award winner helps women make an informed decision; a clear and comprehensive overview of different procedures, advantages and disadvantages.

Adult, Professional
30 minutes, order 9-7090-IN

Skin Cancer: We Can Beat It!

Educates viewers about cancer in general, detailing detection, types, treatment, and prevention of skin cancer.

Adult
10 minutes, order 1-8325-IN



Learning Resources

NEW RELEASE

Oncology

Subject List 197

These audio-visual learning resources assist health care providers in the diagnosis and treatment of oncogenous diseases. Pre-operative preparation, post-operative care, patient teaching, it's all here.

00 minutes, order 9-99188-IN

Surgery And Radiation

Learning About Cancer Series

Radiation's role in a comprehensive treatment plan.

Adult

14 minutes, order 1-5088-IN

Take Charge

True story of a physician diagnosed with cancer who is "taking charge", fighting cancer and winning.

Adult

11 minutes, order 1-9963-IN

Testicular Cancer: Detecting And Understanding

The Testicular Cancer Series

Overviews the diagnosis and management, including proper technique for monthly self-examination.

Post Secondary - Advanced, Adult, Professional

17 minutes, order 1-5022-IN

Testicular Cancer: Early Stages

The Testicular Cancer Series

Surgical treatment and immediate postoperative regimen for patients diagnosed in early stages.

Post Secondary - Advanced, Adult, Professional

14 minutes, order 1-5023-IN

Testicular Cancer: Advanced Stage

The Testicular Cancer Series

Discusses the side effects of chemotherapy and radiation treatments in relation to this disease.

Post Secondary - Advanced, Adult, Professional

14 minutes, order 1-5024-IN

Testicular Cancer And The Family

The Testicular Cancer Series

Aimed at family and friends to help them understand their feelings and to educate them about the disease and thereby better help the recovery.

Post Secondary - Advanced, Adult, Professional

15 minutes, order 1-5025-IN

Testicular Cancer: Surviving Testicular Cancer

The Testicular Cancer Series

Discusses long-term prognosis, particularly problems of impotence and infertility; possible solutions.

Post Secondary - Advanced, Adult, Professional

13 minutes, order 1-5026-IN

The Time Of Diagnosis

Learning About Cancer Series

Describes types of cancer, emphasizing importance of early detection, describes diagnostic techniques.

Post Secondary - Advanced, Adult

9 minutes, order 1-5087-IN

Two Of A Time

A short, upbeat and very moving video program about an elderly man and a young boy who meet while fishing. Both have cancer and talk about their feelings, worries and hopes. The young boy talks about his family's reaction ... they feel so bad that they withdraw and the child feels the need to protect them.

Emphasizes the importance of open communication when working with people who have cancer.

Adult, Professional

8 minutes, order 1-6552-IN

Understanding Breast Cancer Series

The Understanding Breast Cancer Series

Adult

minutes, order 1-80660-IN

We Can Do It

Children with cancer speak about their treatment and reducing stress using relaxation techniques.

Ages 6 to 8, Ages 9 to 11, Professional

14 minutes, order 1-2158-IN

What It Is That I Have

Teen leukemia patients tell their experiences. Details patient's feelings about their disease, their friend's reactions, and hopes for the future.

Post Secondary - Advanced, Adult, Professional

31 minutes, order 1-3567-IN

This listing is correct as of Friday January 5, 2001 but is subject to change without notice. If this listing appears to be out of date, please contact us for up-to-date pricing and availability. This is Subject Nbr 126. For a brief master list of all available subjects, request document number 800. For an ORDER FORM, request document number 801

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