

Learning Resources

Aids Work

In this timely and important video, two physicians and four nurses (one of whom is also the founder of a hospice program) reflect on several decades of combined experiences in caring for patients with HIV/AIDS.

They discuss: *facing fears* for their own safety, as they struggle to deliver compassionate care to patients with this almost always terminal disease; *facing frustration* as they realize that they cannot offer a cure or sometimes even symptomatic treatment to those who depend on them; *facing burnout* including depression and, in at least one case, the use of drugs and alcohol to dull the pain they experience; *facing grief at the loss of people they have cared for for years*.

Finally, *facing forward* to the turn of the century, knowing that the disease will still be with us, but that they, and other dedicated healthcare workers will continue to struggle against it.

Professional
22 minutes, order 9-7307-IN

Video and DVDs for patients, families and caregivers as they explore emotions and communicate feelings, helping to make the process easier.

Badger's Parting Gifts

The Reading Rainbow Series

A "remembrance" show dedicated to keeping loved ones that have passed on, still a part of our lives. In the show's feature book, Badger's friends are overwhelmed when they lose him, but in time they recall memories of him and feel better.

For activity suggestions you can print, check out our web site at www.canlearn.com - click on the Reading Rainbow tab.

Ages 6-11
30 minutes, order 5-5009-IN

The Caregivers' Journey Series

The Caregivers' Journey Series

Part 1: The Journey Begins The first episode in The Caregivers' Journey with Dr. Geila Bar-David features caregivers speaking about many common experiences in becoming a caregiver, such as their Day of Discover, Role Reversal, Changing Relationships and Taking Charge. This tape gently introduces viewers to the series, allowing them to realize that they are not

alone and encouraging them through either self-study or group discussion to reflect on their roles as caregivers.

Order 9-7483, 30 minutes

Part 2: The Toll Serves to acknowledge the tough costs of being a caregiver, including Anger, Guilt, Loneliness, Frustration, Financial Difficulties and Burnout. Most helpful here are the accounts of those caregivers who are several years beyond the loss of their loved one. Their perspective and humour is a much-needed remedy for those who are struggling with the caregiver role.

Order 9-7484, 30 minutes

Part 3: Surviving Here, each of the featured caregivers shares a remarkable piece of advice on how they cope or coped with the emotional, mental and physical costs discussed in Part 2, The Toll. Examples of this advice include: Forgive Yourself, Take On Day At a Time, Break Problems Down, and Join a Support Group. Viewers are encouraged to reflect on what helps them cope and to choose one piece of advice from the caregivers they've just seen.

Order 9-7485, 30 minutes

Need More Information About Our Programs?

These listings are very brief. Detailed title information is only a free phone call away. Or email us at:

info@canlearn.com

Check out our internet web page at:

www.canlearn.com

Selecting the tab 'online catalog' will take you to a complete listing of every title available from us.

Part 4: Healing Caregivers reveal their sense of loss and their healing process. Viewers are again bolstered by the experience and advice of the elder caregivers whose perspective and growth may provide some hope for those in despair. The tape also features Ways to Help Heal and encourages participants to choose at least one way to help work through their grief.

Order 9-7486, 30 minutes

Part 5: Quiet Triumphs The final tape in the series is the first document ever to deal exclusively with the good that can come out of the caregiving journey. A moving testament to the human spirit, this program shows how caregivers stretch their capacity for patience and caring, how



Learning Resources

many realize the importance of living in the moment, and even go on to lead more caring and fulfilling lives.

Order 9-7487, 30 minutes

Adult
150 minutes, order 9-74830-IN

Celebrating Julienne

Just before Christmas, Julienne discovered she had breast cancer. She had the lump removed, but five weeks later she was told the cancer had spread and she had just months to live. Julienne set about organising her life, and her death - lovingly cared for by her partner of four years, Loretta.

Three weeks after Julienne's first chemotherapy, her five closest women cousins come to visit, from all over Australia - for their final reunion - to celebrate the life of Julienne.

This is a heart warming and inspiring story, told through the eyes of one of Julienne's cousins, TV presenter and journalist Kay Stammers.

Professional, Adult
60 minutes, order 9-1018-IN

Children Die, Too

The Doctor Is In Series

No one is ever prepared for a child's death, but there are ways to live through this very sad experience.

This show introduces you to some people who have felt this kind of pain, and who can offer some suggestions for going through the process. A couple whose

three-year-old daughter died suddenly, a teenage girl whose sister died from leukemia, a mother whose six-month-old died from multiple birth defects, and a young woman who has lived through two miscarriages and two stillborns talk about their experiences.

Dr. Sandra Fox of the Good Grief program based in Boston, Massachusetts, discusses how people in communities can help each other deal with the death of a child. Pediatric oncology nurse Janet Stewart from the Dartmouth-Hitchcock Medical Center explains how a cancer treatment team can help families through a child's terminal diagnosis and treatment. Host Jamie Guth visits an art therapy class for school-aged children, and talks to the teacher, Patti Morgan, about how children express their grief.

Adult, Professional
28 minutes, order 2-3106-IN

Claire's Story: Ethical Issues At The End Of Life

Ethics Through Drama Series

Created by Helen Emmott, RN, and Julie Russell, RN. Emmott and Russell are experienced nurses and bioethics educators. Their powerful one-character dramas, performed by Russell, offer nurses, physicians, and other members of the healthcare team invaluable case material for thinking about ethical and interpersonal issues in end-of-life care.

Claire is a nurse, but she says, "I've learned some things since I was the patient." Despite her training, she delayed seeing a doctor when she experienced the first symptoms of ovarian cancer. When the physician gave her the diagnosis, she understood the words, "but I couldn't hear anything he was saying." Later, in intense pain, she was refused stronger medication, and told "we have to reserve that option for later." "Don't you understand I'm dying," she says. "My daughter is scared and angry, I'm using her college fund for treatment I believe to be futile, and I feel so completely alone." Shocked by the impersonality of her medical care she tells a student nurse, one of the few people to treat her kindly, "Don't ever forget the importance of just being with someone, especially someone who is dying."

Adult
17 minutes, order 9-7398-IN

Code Gray: Ethical Dilemmas In Nursing

Be part of this important subject as four nurses confront ethical dilemmas in their technologically complex work world, where humanity and wholeness as patients and nurses is in jeopardy.

For French version, please order 9-70000.

Professional
28 minutes, order 9-7000-IN

Common Heroes: Choices In Hospice Care

Today families turn to the staff of hospice programs to provide support and guidance throughout the dying process. This program will help explain the choices.

Join the nurses, physicians, social workers and clergy who make up the hospice team in a revealing look at the ways they collaborate to help families maximize each patient's quality of life during the end stages of their illness, providing family support and grief counseling.

Also shown is an innovative program at the University of California where all medical students undergo a hospice rotation.

Professional
30 minutes, order 9-7365-IN



Learning Resources

Death Of The High Risk Infant

Outlines the stages of grief with footage from a parent's support group. Clear, practical pointers to help neonatal intensive care nurses in dealing with parents. Also for patient ed.

Professional
30 minutes, order 1-6510-IN

Deception: Ethical Decision Making

Hospital Ethics Committee wrestles with whether to treat without informing patient because it would be "for the best". Is deception ever justified?

Adult, Professional
29 minutes, order 9-7051-IN

Decisions Of The Heart

The sensitive and difficult decision whether to resuscitate a seriously ill family member. Describes palliative care in lieu of resuscitation.

Professional
8 minutes, order 1-6533-IN

Dreams And Dilemmas

Follow one couple and their premature twin sons over six months in a neonatal intensive care. Neonatal medicine has dramatically improved the survival chances of premature infants, yet survival can come at a high cost.

Experience and share in the intensely difficult dilemmas confronted by the parents and by their nurses, physicians, social workers and hospital chaplain.

Professional
58 minutes, order 9-7311-IN

Encounters With Grief

"Remarkable for its ability to present the power, process and individuality of grief as experienced by a widow, a mother and a widower, respectively, within a startlingly brief 13 minutes."

This valuable teaching film provides a highly effective introduction to this common yet widely misunderstood human experience. Suitable and highly recommended as a discussion starter in a wide range of adult education situations. A fine achievement." Review from the *10th International Congress on Care of the Terminally Ill. 4.5 Stars (Outstanding-Very Good Rating)*

Adult, Professional
13 minutes, order 9-7098-IN

Endnotes

An extraordinary documentary about palliative care which focuses on three terminally ill patients and the physical, emotional and spiritual challenges they face in their final days.

As we follow their stories, we also get to know their caregivers - doctors, nurses, therapists and volunteers - and how they are affected by their work with the dying.

Filmed at Montreal's Royal Victoria Hospital, this beautifully photographed work sensitively records a series of poignant interactions between patients, family members and caregivers over a one-month period. The film captures the unique philosophy and atmosphere of a unit that is respected worldwide as a model for compassionate care for those who are terminally ill.

Directed by Garry Beitel, produced by Barry Lazar. A co-production of Beitel/Lazar Productions, Inc and the Canadian Broadcasting Corporation.

Adult, Professional
51 minutes, order 9-0001-IN

NEW RELEASE

Ethics Through Drama

Ethics Through Drama

Every day in the life of a terminally-ill patient presents a host of complex decisions for patients, families, and members of the healthcare team. As medical science and technology continue to

evolve, discussions of the ethical aspects of end-of-life care become both more critical and more difficult. Learning to facilitate and participate in these processes is essential for all healthcare providers.

Helen Emmott and Julie Russell are both experienced RNs as well as bioethics educators. They have created a powerful series of showt, one-character dramas, performed by Russell, which offer nurses, physicians, social workers and other members of the healthcare team invaluable case material for use in thinking about these issues. The cases portrayed in these poignant monologues are similar to those faced by patients, families and care providers every day. They will stimulate hours of ethical discussion. Produced with support from ELNEC, The End of Life Nursing Education Consortium.

Case 1: Tricia. Tricia, a breast cancer patient, confronts difficult moral and spiritual issues as she comes to grips with her impending death.

Case 2: Sheila. Sheila lacks both health insurance and the social supports that might help her confront terminal illness with dignity.

Case 3: Claire. Claire is a registered nurse but, she says, "I've learned some things since I was a patient."

Adult
64 minutes, order 9-73960-IN



Learning Resources

The Facing Death Series

The Facing Death Series

Extremely helpful, sensitive videos which share the thoughts and experiences and suggestions of highly articulate, caring patients, caregivers, hospice professionals, physicians and social workers.

Each video comes with a printed, 8-panel resource guide as well.

Practical Planning and Legal Issues

Offers an exceptional nurse/attorney who explains the various legal instruments - wills, living wills and other advance directives including DNR Orders and Durable Power of Attorney - which can help patients "get what they want" and the legal issues confronting patients, their caregivers and medical providers.

Also covered are: organ donation, bills and insurance and a hospice spiritual director discusses funeral planning.

17 minutes, order 9-7752

Providing Physical, Emotional & Spiritual Comfort

This extremely helpful and sensitive video shares the thoughts, experiences, and suggestions of highly articulate, caring patients, caregivers, hospice professionals, physicians and social workers.

Designed to help terminally ill patients and their caregivers "know what to expect" and how to comfort each other physically, emotionally and spiritually.

33 minutes, order 9-7753

Adult
50 minutes, order 9-77520-IN

The Fall Of Freddie The Leaf (Leo Buscaglia)

Leo Buscaglia's children's tale is a sensible and gentle treatment of death as a natural sequence in life's cycle.

Buscaglia's book is well known to anyone working with children or with children's books. The text, narrated on the video by John Goff, is a sensible and gentle treatment of the life-death cycle presented in terms of the life and death of a sweetgum leaf, Freddie. The work can help dispel any fears the child, or the adult, might have.

Follow Freddie's life as a small bud on the top of a tall tree enjoying the spring breezes and being cooled by the summer rains. The onset of fall and winter brings on fear that Freddie's friend, Daniel, helps him to understand and accept.

A gentle allegory in understanding the cycle of life.

Curriculum Correlations:

ON Science Gr 3 Life Systems - Growth and Changes in Plants:

"describe the changes that plants undergo in a complete life cycle; describe the effects of the seasons on plants."

All Ages
16 minutes, order 1-9826-IN

Family Care Givers

The Doctor Is In Series

What is it like to care for a dying parent, a 35-year-old husband with a progressive disease, a young child with severe developmental disabilities? This program steps into the lives of caregivers and their families, and offers ideas for dealing with the stresses.

Maggie Strong is author of *Mainstay*, a book about care giving based on her experiences in caring for her husband. She talks about the Well Spouse Foundation and other help available to care givers. Lenard Kaye and Jeffrey Applegate, professors at the Graduate School of Social Work and Social Research at Bryn Mawr College in Philadelphia, talk about their research studying men as care givers.

Professional
28 minutes, order 2-2153-IN

A Fate Worse Than Death?

Follow several families through the process of deciding whether to withhold or withdraw artificial life support from loved ones in a coma or vegetative state.

Adult
58 minutes, order 9-7088-IN

Full Circle

This personal documentary is about a 50 year old daughter who brings her 90 year old mother to her home to share her last days and care for her as she dies. It is an intimate story, told in the first person by the daughter, who collaborated in the making of the video. The video also relates the effects of this experience on the daughter and her family.

Adult, Professional
26 minutes, order 9-7458-IN

Grave Words: Tools For Discussing End Of Life Decisions

Take a unique look at learning to talk with patients about resuscitation and other end-of-life care decisions - a challenge for many doctors and other healthcare providers.

Through humour, upbeat music and insightful interviews, see how this has become an increasingly important, perhaps even essential, aspect of good medical practice.

Confront head-on the issues that arise in such end-of-life discussions with nationally-recognized experts who offer their counsel in dealing with these issues and reenact an "ideal conversation" between a doctor and a terminally ill patient.

For professional use only.

Professional
25 minutes, order 9-7306-IN



Learning Resources

Help Me Die

Meet those who want help to end their pain by suicide, and others who wish to live and seek pain relief through medication, treatment, and hospice programs which permit them to die with dignity.

Through this video, examine your conceptions of personal rights and social responsibilities.

Post Secondary - Advanced, Adult, Professional
60 minutes, order 9-7087-IN

How I Coped When Mommy Died

This inspiring video was created by 13 year old Brett Hardy Blake, after losing his mother to breast cancer when he was 10. With mature insight and engaging humour, Brett tells his story in an honest and deeply moving way.

This program will be helpful for adolescents, and especially for parents and counselors helping a child cope with the death of a loved one.

Ages 9-14, Adult
26 minutes, order 9-7351-IN

If I Die Before I Wake

A plane carrying a high school track team to a competition crashes, killing everyone. Track star Charlie Deevers was unable to make the trip due to an injury. He feels guilty that his friend, Joey, replaced him on the team and dies. Charlie's attempts to make sense of death and of life form the focus of the video.

Grieving students discuss their beliefs about death, religion and the existence of God as they struggle to cope with tragedy.

This moving video will confront viewers with the inevitability of death and will provoke thoughtful discussions. It isn't simply about answers; it's about the quest that all teens must make to decide what they believe.

Ages 15 to 18
30 minutes, order 1-2801-IN

In Good Hands

A Guide To Health Care Advance Directives

Encourages people living with a life-threatening illness – in particular, those with HIV – to make an "advance directive": a document that outlines their health care preferences as well as who they want to make medical decisions on their behalf in case they become incapacitated.

This moving documentary integrates advice from medical and legal experts with the stories of four people whose lives were profoundly affected by having or not having an

advance directive: the gay couple, one of whom has tested positive for HIV, who must rely on one another for support; the loved ones of a young man dying from AIDS who struggled to guess his wishes; the HIV-positive single mother who realizes that she must plan for the future; and the man who had to make the final decision for his ailing partner.

A presenter's guide is available as a PDF file from the CLC website for those purchasing or previewing the video. To download the PDF guide, from your Internet browser enter the following URL:

[HTTP://WWW.CANLEARN.COM/GUIDES/8-1143.PDF](http://WWW.CANLEARN.COM/GUIDES/8-1143.PDF)

In order to open this PDF you may be asked for a PIN number. Enter "8-1143" (without quotation marks). Please be patient. The download time depends on the speed of your Internet connection. Need help? Email us at info@canlearn.com.

Adult, Professional
23 minutes, order 8-1143-IN

Inner Views Of Grief: Young Adults Dealing With Loss

Losing a loved one can be an overwhelming experience, and the process of grieving is often extremely painful. Yet, when young people experience a loss, the adults around them often

fail to acknowledge the impact this can have, and may not provide appropriate support during grieving.

Educator Juanita Johnson discusses with five young people, aged 14 to 26, the experience they had after the sudden death of a parent, sibling or friend.

Covers helpful strategies at the time of death; how relationships within families change after loss; and how young people cope with their feelings, remember deceased persons, and learn from the experience of profound grief.

An excellent teaching tool for mental health professionals, teachers, school crisis teams, hospice workers, clergy, funeral directors, parents and bereaved individuals of all ages.

Ages 15 to 18, Adult, Professional
30 minutes, order 9-7194-IN

The Journey Home: Stories From Hospice

At a time when medical technology is extending our lives and death has become more lonely, frightening and sterile, hospice steps in to offer a more meaningful way to die - surrounded by loved ones in a familiar environment. Primarily based in the privacy of one's home, hospice offers comfort-oriented care when there is no hope for a cure. The program



Learning Resources

examines this medical model by presenting five patients who have taken control over where and how they will die.

The delicate role of hospice becomes clear through the experiences of different families on the same, final journey. Through striking personal interviews and in-depth footage of the team approach to physical, emotional and spiritual care, *The Journey Home* weaves together the stories of doctors, nurses, social workers and family members to present a sensitive landscape of living with dying and dying with dignity.

Professional
60 minutes, order 9-7367-IN

The Last Stage Of Living

Healthy Living: Road To Wellness Series

The end-of-life stage is explored through hospice care workers who care for terminally ill patients in the last hours of life. Their poignant and insightful observations allow us to examine our own feelings about death.

Curriculum Correlations:

ON Health & Physical Education - Course: Healthy Active Living Education, gr 12 (PPL40) - Topic: Healthy Living - Specific Expectations: Mental Health: "apply the skills necessary to manage stressful situations (e.g. death and dying, mental or physical illness in a family)."

Ages 16 to Adult
30 minutes, order 5-4975-IN

Letting Go

Helps parents cope with the death of a child.

Shares experiences of parents and nurses who have lived through the death of a child.

Shows child's point of view and offers the opportunity to understand the child's feelings. Features two families who have recently lost a child.

Adult, Professional
29 minutes, order 1-6506-IN

NEW RELEASE

Live And Let Go

When 76-year-old Sam Niver learned that his prostate cancer was terminal, the last thing he wanted was to die in a hospital, as his wife had recently done. Fiercely independent, he wanted to die as he had lived his life - on his own terms. In constant pain, and tired of a seemingly endless round of drug and radiation treatments, Sam did his research, made his own plans, approved his obituary, and asked his son Jay to document his final days. The resulting film is a moving tribute to a life lived well and ended with dignity.

Sam Niver was a proud WWII veteran; a hometown newspaperman and civic leader; a loving husband, father, and friend. Having decided to take his own life, he was careful to explain the decision not only to his family but also to the world, through the press and through this film. Jay

and his sister, Gretchen, supported Sam's decision, and, when he told them he would have a friend sit with him at the end, they insisted on being the ones to share his final moments. Another son chose not to participate.

Issues related to assisted suicide, or the more general questions surrounding an individual's right to choose a death with dignity, are being hotly debated today in our legislatures, by our civic and religious organizations - and at the family dinner table. This film offers a powerful and provocative context for such discussions.

Discussion leaders should be aware that the scene in which Sam takes his life, using sedative drugs in a method advocated by the Hemlock Society, is quite peaceful but may be difficult for some viewers to watch. Closed captions.

Adult
56 minutes, order 9-7389-IN

Living Fully Until Death

The Doctor Is In Series

Recognized by: American Medical Association's International Health & Medical Film Festival, Association for Death Education and Counseling Film Festival, and the NE Center for Loss & Transition Film Festival.

This is an inspirational tale of three people, faced with terminal illness, who find new meaning in life and the courage to deal with

the challenge of living fully. Their insights are valuable to everyone, regardless of age or health.

Morrie Schwartz is a retired Brandeis University professor diagnosed with ALS, or Lou Gehrig's disease. Shirley Waring, mother of 4 adult children, has leukemia. William Meyer has lung cancer. Each struggles in his or her own unique way of trying to find personal control, planning for the unknown, and finding a place for spirituality.

Morrie Schwartz says, "There's this constant dynamic tension between opposites - I'm a child, I'm an adult. I want to live, I want to die. I love and I'm not so loving. Where is the balance?"

Adult, Professional
28 minutes, order 2-2134-IN

Living With Cancer: A Message Of Hope

Explores the human side of the cancer experience and documents the stories of some of the more than ten million Americans who were diagnosed with cancer, underwent treatment, and are now living full and healthy lives. Their experience shows us that a cancer diagnosis can be a part of life, not necessarily the end of life.

Adult
56 minutes, order 8-1048-IN



Learning Resources

Look For Me Here: 299 Days In The Life Of Nora Lenihan

When she learned that her breast cancer had recurred and metastasized, Nora, a 40-year old social worker, chose to forego radical treatment, and to face death with hospice care at home.

Focusing on the comfort provided by her caregivers and family, and by an extraordinary support network of friends and co-workers, this unflinching video portrait chronicles the year from that decision to her death.

Adult
60 minutes, order 9-7312-IN

The Middle Of The End

See first hand how families and medical staff face the emotional, financial and ethical dilemmas of how much treatment is enough, or how much is too much.

Four families face life and death dilemmas. In two of the families, the mother is choosing to refuse treatment even though the doctors in both cases think the patient could live longer with new treatment methods. Both families support their mother.

In another case, doctors are faced with the difficult decision of "coding" for a second time a patient whose prognosis is not good. The family is involved in the decision since the patient is unable to make his wishes known.

Curriculum Correlations:

ON Health & Physical Education Gr 12 Healthy Active Living Education (PPL40) - Healthy Living: Mental Health: "apply the skills necessary to manage stressful situations (e.g. death and dying, mental or physical illness in a family)."

Ages 16 to Adult
28 minutes, order 9-7426-IN

More Than A Failing Heart

The articulate people in this program describe examples both of the best of end-of-life care, and of the worst. Their stories convey a vivid sense of the ways inadequate care has contributed to their pain and loss - and of how truly competent and compassionate physicians and nurses can change the character of the end-of-life experience.

Above all, the film calls on caregivers to listen ... to treat every individual with dignity and respect; to attend to family and caregiver needs; to provide physical comfort and emotional support; to communicate information sensitively, and to share decision-making and foster a sense of control.

Professional
25 minutes, order 9-7366-IN

My Daughter's Son

How does a young boy face the loss of his mother and understand how to mourn her death? Jeremy returns home after burial services for his mother to find his once-familiar home taken

over by well-meaning relatives and traditional Jewish mourning customs. To complicate matters more, it is his birthday.

Overwhelmed and confused, Jeremy wanders through the house until he finds a quiet place to hide. His grandfather discovers him and convinces Jeremy that they should do something special for his birthday.

The sequence of events which follow help Jeremy rediscover the closeness he has always felt to his mother and still enjoy "the best birthday ever". Like Jeremy, many children in a grieving family feel left out and don't understand all that is going on.

A beautiful, sensitive film ideal for helping children understand how to deal with death and the grieving process.

Curriculum Correlations:

BC Home Economics Gr 12 Family Studies - Relationships: "analyze strategies for building, maintaining and ending relationships."

ON Social Sciences and Humanities Gr 11 Parenting (HPC30) - Social and Legal Challenges of Parenthood: "explain how parents of very young children can support them during the grief process (e.g. after the loss of a family member, friend or pet)."

Ages 9-14
16 minutes, order 1-2812-IN

NEW RELEASE

On Wings Of Song (Music Therapy At The End Of Life)

"In my work in palliative care, thousands of patients have come and gone, some in anguish, others with a sense of tranquility and grace. To some I've been useless, to others I've provided moments of levity or pleasure, to still others I believe I've made a greater difference..."

These are the words of Deborah Salmon who has worked as a music therapist with the terminally ill since 198. Filmed in the renowned Palliative Care Unit of Montreal's Royal Victoria Hospital, *On Wings of Song* gives us a privileged look into Ms. Salmon's work with the dying. Using a wide range of musical instruments, with an equally diverse repertoire of musical styles, Ms. Salmon explores how music might best address her patients' needs.

Ages 15 to 18, Adult
43 minutes, order 9-0004-IN



Learning Resources

Pain Management

The Doctor Is In Series

Pain can be controlled in 90% of today's illnesses. This program shows what you can expect when you're recovering from surgery, dealing with cancer, or coping with chronic pain from back or nerve injuries.

Profiled are Dr. Margaret Cuadill, developer of an innovative mind-body approach; Dr. Richard North from John Hopkins University, who talks about electric stimulators; Dr. Ronald Melzack, author of the Gate Control theory of pain; and Dr. Carol Warfield, Chief of the Division of Pain Medicine at Beth Israel Deaconess Medical Center in Boston.

Patients in all areas are shown recovering from illnesses that are painful and health care staff explain the treatments.

Professional, Patient Education, Adult
28 minutes, order 2-3131-IN

NEW RELEASE

Pioneers Of Hospice

Over a period of less than forty years, the passion and foresight of four visionary healthcare professionals dramatically transformed the landscape of end-of-life care, and inspired a movement felt around the world.

This program documents the growth of hospice and palliative care in Canada, Britain, and the United States, focusing on the legacies of these founders of modern hospice.

Dame Cicely Saunders has spent more than fifty years creating a philosophy and practice of care which has humanized the dying experience.

A world-renowned leader in nursing research, **Florence Wald** founded the first hospice in the U.S. in 1974.

In the same year, **Balfour Mount** founded the first palliative care service in Canada.

Author of 1969's groundbreaking *On Death and Dying*, **Elisabeth Kubler-Ross** was one of the best-loved and most respected authorities on dying, death and grief.

Close Captioned in VHS or DVD. DVD version includes special educational features.

Adult
49 minutes, order 9-6104-IN

The Pitch Of Grief

"I proudly recommend it to hospices, colleges, universities, support groups, bereavement counselors, funeral professionals, death educators, and clergy." Gail Gruner, Director, National Centre for Death Education

Eric Stange's program is a look at the emotional process of grieving through intimate interviews with four bereaved men and women, both young and old. It will be helpful not only for the bereaved person, but for family, friends, health care workers, and for all of us who will someday face the loss of someone we love.

Adult
30 minutes, order 7-8026-IN

The Right To Decide (Advance Directives)

Watch and learn from unrehearsed interviews between elderly patients and their physicians concerning CPR, respirators, and tube feeding.

Features superb role modeling for both undergraduate and graduate medical education.

Post Secondary - Advanced, Adult
40 minutes, order 9-7180-IN

Rude Awakenings: Spiritual Support In The Time Of AIDS

HIV / AIDS confronts many people with the most extreme test of religious faith that they will ever experience.

Not only those who are ill, but their family and friends, congregations and spiritual advisors may find their convictions challenged.

This timely and provocative new video explores issues of spirituality from the points of view of people with AIDS, and of clergy of many faiths.

by Joan Grossman for the Union Settlement Association

Adult
20 minutes, order 9-7204-IN

Saying Good-bye

The Doctor Is In Series

It's not easy to say good-bye to those we love. Very few of us want to watch someone die, yet all of us will face the end of life at some time. Can we learn anything from others who have already experienced loss?

Here are those who've gone through this difficult time and find out how they dealt with their grief. Visit a support group for widows and meet a woman whose parents died within a year of each other, and a 45-year-old woman whose husband died of cancer and left her with a young child.

Adult, Professional
25 minutes, order 2-2136-IN

Self Deliverance: A Film About Assisted Suicide

Meet John Graham who, living with constant pain and the knowledge that his time is limited, spends his days looking for a hospice program that will respect his wishes, or a doctor who will help him to end his life when he decides it is time.

Set in Australia, it includes articulate testimony from Australian physicians on both sides of this controversial issue, but its primary focus is one man's courageous determination to confront death with dignity.

Adult, Professional
18 minutes, order 9-7352-IN



Learning Resources

Sheila's Story: A Song Outta Tune

Ethics Through Drama

Created by Helen Emmott, RN, and Julie Russell, RN. Emmott and Russell are experienced nurses and bioethics educators. Their powerful one-character dramas, performed by Russell, offer nurses, physicians, and other members of the healthcare team invaluable case material for thinking about ethical and interpersonal issues in end-of-life care.

Homeless, poor, and HIV positive, Sheila lacks all the social supports, including health insurance, that might help her confront a terminal illness with some kind of dignity. Yet she struggles to find a way to "celebrate who I am: a loudmouth and a caretaker." Sheila took care of her grandmother who was dying of cancer, and later her boyfriend. Now alone in the world, she hangs onto her faith that "God loves me," but feels that on earth "there won't be anyone who wants to put their hands on me." She recalls that doctors in their small town refused to treat her grandmother's severe pain, fearing she would "become a drug addict." She says that she complies with medical directions when doctors treat her humanely, "but if the guy just shoves it at me and he won't even look me in the eye, I skip it. I'm thinking maybe this guy don't know what's good for me."

Adult

19 minutes, order 9-7397-IN

Stories Of Healing

Twenty-three people ranging in age from 12 to 72 have one thing in common, they are all dying. This poignant and powerful program documents a weekend these people spent together as they reflected on their lives and how they are preparing for their death.

Noted storyteller, Michael Cotter and faculty from California's Esalen Institute, lead the participants in a series of activities designed to give perspective to their lives.

Adult, Professional

52 minutes, order 8-1099-IN

The Storytellers

Shares tales that deal with personal values.

Interviews with the storytellers are juxtaposed with their narrative performances, while the camera captures polished deliveries and audience reactions.

Farmer Michael Cotter tells about an ancient Chinese rainmaker and a modern-day counterpart once in Cotter's employ; Judith Black lapses into a Yiddish accent as she describes the immigrant experience, singling out an unscrupulous businessman; African American Rex Ellis recounts the wager between two slave owners about the strength of their best men.

Skillfully edited, this clearly shot footage reveals the intimate atmosphere created by these three, who spin their art without need of sets or props.

Adult, Professional

28 minutes, order 8-1200-IN

The Support Project: To Improve Care At The End Of Life

Take a close look at the goals and outcomes of the Robert Wood Johnson Foundation's controversial *SUPPORT Study*, which considered ways very seriously ill patients are cared for in American hospitals today.

Looks primarily at the Study's second phase, during which teams of nurses were hired and specially trained to facilitate communication between patients, their families and their physicians.

The Study report has generated considerable national debate since it indicates that these efforts to improve communication resulted in NO significant improvement in the patient outcomes being measured.

Professional

14 minutes, order 9-6905-IN

The Tenth Good Thing About Barney

A Judith Viorst Book

Judith Viorst's best selling novel is now a lovely film to help children come to terms with the death of a pet or to gain an understanding of death and dying.

When Barney, the family's cat died, the family... especially the young boy... is saddened. On the day of the cat's death, the boy was too sad to enjoy his favourite foods or to watch TV. His mother proposes a funeral in the garden the next day. She also suggested the boy think of ten good things about Barney. But the boy could only think of nine until he learned from his father about how trees, grass, and flowers grow.

"The gentle understanding tone of the story makes this an unusually successful attempt to explain death and the continuity of life in terms understandable to young children." BOOKLIST

Winner of American Library Association, Non-print Editor's Choice Award

"... a lovely movie to help children come to grips with the death of a pet. It is a good preparation to bring up the issue of death and dying in little children and is done sensitively and lovingly." Elisabeth K. Ross M.D.

Ages 6-11

13 minutes, order 1-9871-IN



Learning Resources

There Was A Child

Parents who have experienced pregnancy loss express the anger, grief, disappointment and isolation they feel. Their stories demonstrate how they have come to terms and moved on.

Adult
28 minutes, order 9-7067-IN

Those Who Stay Behind: When A Family Member Is Dying

When patients and their families enter the hospital, they are like newcomers to a foreign country.

Sights, smells, language - the basic culture of the hospital is usually unfamiliar territory. Yet within this context many families must make decisions about how and when to help a patient die. Faced with this monumental responsibility, they often feel bewildered and overwhelmed.

Going through the dying of a family member can be a very isolating experience. People often wish for a guide as they navigate the health care system, medical decisions and their own grief process. This video consists of interviews with five people who have recently lost a family member. These personal narratives offer viewers an opportunity to identify with others, and thereby decrease their own sense of isolation.

Many audiences would benefit from this video: families, bereavement groups, church and community groups exploring end-of-life issues, and volunteers and staff in hospice and hospitals, as well as classes in medical education.

A Family Handbook accompanies the video. In the handbook you will find a synopsis of the video; resources; and information on the following topics: Learning Bad News; Caretaking Decisions; Talking to Others; Advance Directives and Later Decisions; Taking Care of Each Other; Letting Go, and Grieving.

The handbook is available as a PDF file from our website for those purchasing or previewing the video. To download enter the following URL:

[HTTP://www.canlearn.com/guides/9-7329 Behind.pdf](http://www.canlearn.com/guides/9-7329%20Behind.pdf)

Adult, Professional
31 minutes, order 9-7329-IN

To Choose No Harm: Ethical Decision-making At End Of Life

Learn about situations healthcare workers confront when caring for dying patients, presenting the most ethically challenging problems they will ever face.

Yet, these complex, intertwined, and frequently "messy" realities of day-to-day decision-making are often overshadowed in media debates over "assisted suicide."

Be present at meetings in which two different healthcare teams must resolve conflicts between the wishes of their patients' families, and their own beliefs and clinical judgments. The situation of a young man with AIDS raises compelling issues about futility of care, as well as conflicts between patient autonomy and responsibility to others. In the case of an elderly woman with terminal cancer, the staff confront disagreements between the patient and her husband over her wish to decline CPR and return home.

Adult
45 minutes, order 9-7310-IN

To Live Until I Die

Most people die in hospitals, many of them alone and in pain. Follow six remarkable individuals who have chosen to spend their last days differently. All have terminal illnesses, yet all are squarely facing what lies ahead with humour and insight, anger and honesty - and are determined to have what they consider a "good death".

Adult, Professional
58 minutes, order 9-7384-IN

NEW RELEASE

Tricia's Story: I'm Not Earth Anymore

Ethics Through Drama

Created by Helen Emmott, CRN, and Julie Russell, RN. Emmott and Russell are experienced nurses and bioethics educators. Their powerful one-character dramas, performed by Russell, offer nurses, physicians, and other members of the healthcare team invaluable case material for thinking about ethical and interpersonal issues in end-of-life care.

Tricia, a breast cancer patient and mother of three, confronts difficult moral and spiritual issues as she comes to grips with the fact that her illness is terminal. Worn out from pain and her seemingly endless rounds of chemo and radiation, as well as the constant feeling of being a burden to her friends and family, she wants to stop. Yet she feels an obligation to her children to continue treatments that she doesn't believe will save her. She is a religious person, yet she struggles with how to respond to well-meaning friends who try to comfort her with stories of miraculous cures she no longer believes in. She questions her worthiness to receive care that others cannot afford.

Adult
18 minutes, order 9-7396-IN



Learning Resources

Walk Me To The Water

The special needs and insights of the dying and their families are intimately portrayed in this award winning film depicting the experiences of three terminally ill cancer patients being cared for at home.

"Best Film", McGill University/Royal Victoria Hospital's International Seminar on Terminal Care. "This film is a must!". Elisabeth Kubler-Ross, MD. Adult, Professional 28 minutes, order 9-1000-IN

The Way We Die: Listening To The Terminally III

Through interviews and moving conversations between medical personnel and their terminally ill patients, this video makes a strong case for training physicians and nurses to treat the whole patient, including their psychological, social and emotional needs.

It also encourages healthcare professionals to work *with* their patients to devise treatment plans in accordance with their needs, values and wishes - and to pay attention to what illness and death mean for a particular patient and family.

Professional
25 minutes, order 9-7195-IN

When The Bough Breaks

Dramatization of the real life experiences of the Blalock family during the final weeks of Mrs. Blalock's difficult pregnancy, and her illustrates the communication issues involved in conveying clinical information, especially "bad news." Conveys the principles of perinatal management and the health care professional's role as both information provider and caregiver.

"A superb teaching resource of uncommon quality!" 5 Stars (Outstanding!) - Evaluation from 10th International Congress of Care of the Terminally ill.

Professional
71 minutes, order 9-7190-IN

When The Wind Stops (Charlotte Zolotow)

Outstanding, live-action dramatization of the book by Charlotte Zolotow retains the story's original message - the end of one thing begins another. As a weary lad questions his mother at bedtime, "why does the day have to end?" and "where does the wind go?", her loving answers are illuminated with beautiful, pastoral images.

Ages 6-11
11 minutes, order 1-9840-IN

12. For a brief master list of all available subjects, request document number 800. For an ORDER FORM, request document number 801

This listing is correct as of Friday March 3, 2006 but is subject to change without notice. If this listing appears to be out of date, please contact us for up-to-date pricing and availability. This is Subject Nbr

