

Learning Resources

Appraisal Of The Newborn

Physical examination of a normal newborn, identifying existing abnormalities and providing a basis for assessing changes.

Professional
26 minutes, order 1-6467-IN

Assessment Of Respiratory Distress In Infants & Children

Overall review defining grades of respiratory distress and failure. Differences between pediatric and adult system.

Professional
20 minutes, order 1-6535-IN

Asthma And Allergies

The Doctor Is In Series

I can't breathe! That desperate plea has been uttered by millions of people fighting asthma and allergies.

This program follows young children and adults managing their illness. There are tips on preventing attacks, and a discussion of promising research. Interviewed are Dr. Gregory Fritz of Brown University and Dr. Robert Klein of the Dartmouth-Hitchcock Medical Center.

Adult, Professional
28 minutes, order 2-3113-IN

A selection of videotapes for Pediatric and Neo-Natal nursing staff

Attention Deficit Disorder: Children

The Doctor Is In Series

Everyone has been impulsive or easily distracted for different periods of time, so these symptoms that are hallmarks of attention deficit disorder (ADD) have also led to criticism that too many people are being diagnosed with this biochemical brain disorder.

This program examines who is being diagnosed, and what treatments are working. Children are followed at home and school, on and off medication. An innovative private school specializing in alternative education is profiled, and tips on structuring the school and home environment are included.

Psychiatrists John Ratey and Ned Hallowell, who have written two books on the subject, provide background and perspective.

Adult, Professional
28 minutes, order 2-3101-IN

Attention Deficit Disorder And Self-esteem

Attention Deficit Hyperactivity Disorder (ADHD or ADD) is the most frequently diagnosed psychiatric condition in people under the age of eighteen.

Covers the symptoms of ADD, possible causes, common treatments and the psychological and social effects the disorder can have on those who suffer from it.

Profiles an eighth-grade boy, Jack, who had trouble concentrating and sitting still in school before being diagnosed with ADD at age eleven. Viewers learn that Jack, like most other sufferers, had become frustrated with school, had few friends and poor self-esteem. Upon diagnosis, he was put on the drug Ritalin, which helped him to focus. He also began to participate in counseling, which helped him to understand his behaviour and taught him that he was not the only person with this problem.

Adult
15 minutes, order 1-9259-IN

Cancer Survivors

The Doctor Is In Series

One in every three Americans will be diagnosed with cancer sometime in their life, but over half will survive it. Seventeen billion dollars has been spent to develop better treatments in the areas of surgery, radiation and chemotherapy, and the money is paying off.

This program gives an overview of how these treatments have developed, and highlights some promising new treatments. There's also information on the national cancer hotline. Norris Cotton Cancer Center director Dr. Ross McIntyre is interviewed. Despite these advances, most people still fear the word cancer, and patients have experienced job and health insurance discrimination.

Host Jamie Guth talks to people about the difficulties in explaining the disease to friends, their fears that the disease will come back, and even guilt over having lived. Pediatric Oncology Nurse Janet Stewart is shown in an elementary school classroom, where she explains cancer and its treatment to a classroom of children whose playmate has leukemia.

Adult, Professional
28 minutes, order 2-3104-IN



Learning Resources

Care Of Hiv-infected Children

Inter-disciplinary approach provides whole patient care, appropriate diagnosis and interventions, emphasis on CDC universal precautions.

Post Secondary - Advanced Professional
28 minutes, order 1-5179-IN

Caring For The Myelosuppressed Child

Promotes understanding of the hematologic effects of cancer therapy in children and the implications for nursing care.

Professional
30 minutes, order 1-5129-IN

A Challenge To Care Series

A Challenge to Care

Like many women struggling with addiction, Barbara Burns grew up in an alcoholic family where she was physically and emotionally abused. A runaway at 15, she used cocaine and its potent derivative, crack, for five years.

In the first month of her first pregnancy she confronted her drug addiction and reached out for help.

This tape shows specific strategies for health providers caring for pregnant and newly parenting women with chemical dependencies.
Order 7-1003 38 minutes

Straight From the Heart

"My name is Mona. I've done numerous time in jails and I've nearly been killed more than once because of drugs. I believe, if I can get clean, anybody can, most definitely."

"My name is Patty and I'm a mother and an alcoholic. Anyone who knew me when I was younger never thought I'd stay sober for a day let alone for six-and-a-half years."

Join Mona, Patty and four other mothers in various stages of recovery as they meet at a community centre to talk about their past, about being mothers, and about the disease they have in common.

This intimate portrait of mothers from different backgrounds is a powerful tool to reach pregnant women and mothers.
Order 7-1008 38 minutes
Adult, Professional
minutes, order 7-10030-IN

Child Abuse: Prevention, Detection And Management

Vital role of the nurse in the prevention and mitigation of child abuse and neglect.

Professional
30 minutes, order 1-5106-IN

Childhood Depression

The Doctor Is In Series

Four to eight percent of American children experience bouts of major depression. For teenage girls, the rate is as high as 16 percent. Early treatment makes a big difference for these children, interrupting potential patterns of repeated depression later in life, improving school performance and socialization and preventing substance abuse and suicide. This program will look at depression among children, with special attention to what the children themselves say about coping with this disease. It includes interviews with David G. Fassler, MD, a child psychiatrist and author of *Help Me, I'm Sad*, and Steven Atkins, Psy.D., a psychologist at Dartmouth Medical School.

Adult
28 minutes, order 2-3133-IN

Children Die, Too

The Doctor Is In Series

No one is ever prepared for a child's death, but there are ways to live through this very sad experience.

This show introduces you to some people who have felt this kind of pain, and who can offer some suggestions for going through the process. A couple whose three-year-old daughter died suddenly, a teenage girl whose sister died from leukemia, a mother whose six-month-old died from

multiple birth defects, and a young woman who has lived through two miscarriages and two stillborns talk about their experiences.

Dr. Sandra Fox of the Good Grief program based in Boston, Massachusetts, discusses how people in communities can help each other deal with the death of a child. Pediatric oncology nurse Janet Stewart from the Dartmouth-Hitchcock Medical Center explains how a cancer treatment team can help families through a child's terminal diagnosis and treatment. Host Jamie Guth visits an art therapy class for school-aged children, and talks to the teacher, Patti Morgan, about how children express their grief.

Adult, Professional
28 minutes, order 2-3106-IN

Children Of Divorce

Heart-felt examination of marriage breakdown from teen's perspectives. Encourages teens to express their thoughts and feelings as one of the most therapeutic ways to accept their difficult situation and get on with their lives.

Ages 16 to Adult
18 minutes, order 1-8915-IN



Learning Resources

Children's Care

The Doctor Is In Series

Recognized by the American Medical Association's International Health & Medical Film Festival

Children do get sick, and sometimes they even need to be hospitalized. This program looks at how their needs are different from adults, and examines some unique programs for children.

Host Jamie Guth visits a pediatric intensive care unit, follows a one-month-old infant into cardiac catheterization, talks to a teenager with cancer, and shows a unique parenting arrangement for a six-month-old diagnosed with AIDS. Pediatrician T. Barry Brazelton and Dr. Stephen Kairys of the Children's Hospital at Dartmouth discuss children's needs and offer pointers for parents.

Adult, Professional
28 minutes, order 2-3107-IN

The Clinical Management Of Breastfeeding

Part 1 The Science and Art of Breastfeeding

An introduction to the process of human lactation and to its clinical management - from pre-conception through a child's first year of life. Part One contains four modules:

The Benefits of Breastfeeding

Outlines nutritional and anti-ineffective properties of breast-milk. Identifies specific health and cognitive benefits to infants. Summarizes new scientific data supporting short and long term benefits for women's health. Covers economic, practical and emotional advantages of breastfeeding.

History, Culture and Technology

Explains the evolution of artificial substitutes. Explores reasons for cultural trends away from breastfeeding in the developed world. Helps providers anticipate common misperceptions patients have about breastfeeding.

Anatomy and Physiology of Lactation

Covers the science of lactation with clear language and imagery explaining: the cycle of supply and demand; the physiological mechanisms of suckling; the role of the brain in lactation; how milk is produced in the breast and transferred to the baby; the milk ejection reflex; the constituents of breast milk; stages of lactation (lactogenesis and galactopoiesis); specific properties of colostrum; transitional milk and mature milk.

Breastfeeding Management

Offers a basic course on the principals of effective clinical management with information on: feeding cues; supply and demand; frequency and duration of feedings; positions for feeding; latching on; assessing that baby is getting enough milk; medical contraindications and techniques for motivating and supporting patients.

45 minutes, order 7-1149

Part 2 Putting It All Into Practice

Identifies the specific roles that health professionals can play at different points along the perinatal continuum to motivate and support breastfeeding. Part Two contains five modules:

Prenatal Care Teaches when and how to raise the subject of breastfeeding in the course of prenatal care; shows providers offering fact-based, non-biased information in patient interviews.

Labour and Delivery

Identifies ways intrapartum caregivers play a time-sensitive and crucial role in getting breastfeeding established soon after birth; focuses on early attachment after delivery; shows infants' reflexive breastfeeding behaviours.

Mother/Baby Care Demonstrates effective bedside teaching by hospital based caregivers; provides patient education objectives for the first 24 hours of breastfeeding; shows how to identify patients' teachable moments and provide referrals for mothers with special needs.



Learning Resources

Postpartum Follow-up

Covers the importance of sustained support for patients after discharge; gives indications of and effective treatment suggestions for common breastfeeding problems such as sore nipples, engorgement, and sleepy babies.

Pediatric/Well Baby Care

Reviews new AAP guidelines for supporting breastfeeding throughout initiation and maintenance; discusses growth patterns of breastfed and artificially fed infants; itemizes ways those in pediatric/well baby settings can play a role in sustained breastfeeding.

57 minutes, order 7-1150

Professional

102 minutes, order 7-11490-IN

Competency In Childhood: Healthy Development

Featuring children (from 4 months to 17 years) and their parents, the various stages of growth and development are illustrated. The tasks and motor skills that an individual must pass through during their life are discussed. The program includes explanations of each stage, and the children (or parents) discuss what they have attained during that time. For both students and practicing nurses, this program will give a clear understanding of healthy growth and development.

Professional

24 minutes, order 1-2231-IN

Death Of The High Risk Infant

Outlines the stages of grief with footage from a parent's support group. Clear, practical pointers to help neonatal intensive care nurses in dealing with parents. Also for patient ed.

Professional

30 minutes, order 1-6510-IN

Detection And Treatment Of Sexually Abused Children, Part 1

Helps clinicians recognize and document early clues of sexual abuse; encourage disclosure; protect the child from reprisals; provide treatment for all.

Professional

28 minutes, order 1-5105-IN

Detection And Treatment Of Sexually Abused Children, Part 2

Characteristic protective responses of children; interviews with recovering young women; actual scene of nurse/patient therapy.

Professional

28 minutes, order 1-5107-IN

Discharge Implementation In Pediatric Catastrophic Illness

Pediatric patients with catastrophic illnesses present a unique challenge to all health care professionals. Of all the members of the health care team, nurses have the most continuous contact with the patient and family, and as a result, play

a key role in discharge implementation. This program will examine the essential nursing issues for efficient and effective discharge planning and implementation for the child with a catastrophic illness.

Professional

30 minutes, order 1-5157-IN

Dreams And Dilemmas

Advances in neonatal medicine have dramatically improved the survival chances of premature infants, yet survival can come at a high cost: many such infants experience severe and often life-threatening health problems, and their parents and caregivers may confront enormously difficult and troubling decisions.

In this compelling documentary, award-winning filmmaker Richard Kahn follows one couple and their premature twin sons over the course of six months in the Neonatal Intensive Care Unit of Dartmouth Hitchcock Medical Center.

The cinema-verite style allows viewers to experience and share in the intensely difficult dilemmas confronted by the parents and by their nurses, physicians, social worker and hospital chaplain.

Professional

58 minutes, order 9-7311-IN

Drug Babies

This program, winner of eight awards discusses the problems and solutions to the epidemic of the '90s: children who have been prenatally exposed to drugs.

The film describes physical and mental effects to the baby both before and after birth. With prevention and early intervention, these children can be salvaged from a life that would otherwise be fixed in failure. Treatment approaches for both mother and her child can help save future generations of children from addiction.

Adult, Professional

30 minutes, order 1-8625-IN

Dying To Be Thin: Surviving Anorexia And Bulimia

Causes, symptoms and consequences of each; victims, parents and sports coaches reveal the pain and struggle associated with these illnesses along with methods of detecting, treating and preventing them.

Professional

58 minutes, order 1-6536-IN



Learning Resources

Dyslexia: Overcoming A Learning Disability

Although someone with dyslexia may be of average or above average intelligence, a specific part of their brain lacks the ability to automatically process language.

As a result, children with dyslexia often suffer not only from difficulty learning, but also from poor self esteem.

Discusses the mental and emotional problems faced by a person with dyslexia. Students with the disorder share how they feel and how they cope. Medical professionals detail the typical problems dyslexics face and what programs are used to help them overcome the disability.

Ages 12-18, Adult
11 minutes, order 1-9261-IN

Embers Of The Fire (Cystic Fibrosis)

The world of cystic fibrosis is viewed from the perspective of a summer camp for kids with C.F.

Opens with an explanation of cystic fibrosis and its treatment, then moves on to a series of reflections about living with illness, death, purpose, meaning and celebration.

High marks for authenticity, content and a thought-provoking message and strongly recommended for general viewing.

Ages 9-14, Adult, Professional
28 minutes, order 9-7714-IN

Epilepsy

The Doctor Is In Series

Epileptic seizures can be as mild as staring episodes, and as severe as major convulsions.

This program explores this range, and looks at new surgical techniques that can help people who in the past would have had to live with crippling seizures.

Host Jamie Guth follows a mother of three through her surgery and visits a young boy after his operation. Dr. Peter Williamson of the Dartmouth-Hitchcock Medical Center, and Dr. Gregory Holmes of the Epilepsy Foundation of America are interviewed.

Adult, Professional
28 minutes, order 2-2146-IN

Examination Of The Pregnant Abdomen

The Physical Assessment Series

Witness a proper abdominal assessment on a pregnant woman during a routine check up and learn successful methods for keeping your patient informed of your findings.

Professional
8 minutes, order 1-6476-IN

The Family And The Premature Infant

Successfully and delicately counsel families about adjustments normal to pregnancy and additional tasks faced by parents of premies.

Professional
30 minutes, order 1-6509-IN

Fetal Asphyxia: Causes And Consequences

A clear, well-animated description of the resuscitation process.

Professional
30 minutes, order 1-5245-IN

Food Obsession: An Eating Disorder Notebook

Healthy Living: Road To Wellness Series

Presents the harsh realities of eating disorders. Individuals recovering from compulsive eating and bulimia nervosa share their struggles to maintain a normal relationship with food.

Experts specializing in anorexia nervosa, compulsive eating and bulimia nervosa identify the essential features of eating disorders and treatment options.

Ages 16 to Adult
30 minutes, order 5-4962-IN

Graduates Of Neonatal Intensive Care Unit

The management of the sick newborn; emphasis on longterm management of complications.

Post Secondary - Advanced, Professional
30 minutes, order 1-5513-IN

Head-to-toe Pediatric Assessment

Head-to-toe Pediatric Assessment

NOTE: X MEANS THAT THIS IS HANDLED FOR US BY ANOTHER COMPANY: MEDICAL AV COMMUNICATORS 1997

Procedures to accommodate the situation and age of the child.

Professional
28 minutes, order 1-2172-IN

Hope For The Future: Confronting Hiv In Children/adolescents

Four families facing the tragedy of pediatric AIDS tell their stories.

Parents and children tell how they learned to cope with their diagnosis, and disease and medical experts provide information on advances being made in the treatment of pediatric AIDS.

Adult
15 minutes, order 1-8555-IN

A Hospital Adventure: Starring Boris The Bear

Boris guides the viewer through his or her first hospital experience, from emergency room to X-ray to their own room.

Early Years, Ages 6 to 8
11 minutes, order 1-6538-IN



Learning Resources

Juvenile Diabetes

The Doctor Is In Series

Children can develop diabetes at a very young age, requiring them to deal with the daily complexities of this disease. The children who do best are those who handle as many of the responsibilities of disease management themselves.

This program looks at how they learn to analyze their blood sugar levels and manage their care. Viewers meet several children aged 9-15 who have diabetes. They and their parents show how they handle daily injections of insulin, numerous blood checks every day, and a complex balancing of food and exercise.

A special New Hampshire summer camp for children with diabetes is also profiled.

Adult, Professional
26 minutes, order 2-3111-IN

Letting Go

Helps parents cope with the death of a child.

Shares experiences of parents and nurses who have lived through the death of a child.

Shows child's point of view and offers the opportunity to understand the child's feelings. Features two families who have recently lost a child.

Adult, Professional
29 minutes, order 1-6506-IN

Muscular Dystrophy

The Doctor Is In Series

Muscular dystrophy attacks muscles, so that people lose the ability to walk, to talk, and in some cases, to breathe. About two-thirds of those affected are children, but symptoms can appear any time between birth and adolescence.

This show looks at how these people deal with a disease that has no cure. A young boy with the fatal form called duchennes gets physical therapy at an Easter Seals Center in Manchester, New Hampshire. Bracing helps a six-year-old girl with spinal muscular atrophy, and a young mother with myasthenia gravis gets help from surgery and medication. Researcher Dr. Betty Banker explains what is being done to find a cure for this disease, and Dr. Richard Nordgren, a neurologist at the Dartmouth-Hitchcock Medical Center, explains treatments.

Adult, Professional
28 minutes, order 2-2132-IN

Pediatric I V Therapy

An excellent presentation of IV therapy, taking into consideration the physiological, psychological, and cognitive differences in children.

Technically excellent ... enhanced with footage showing many children of various ages." Science Books and Films.

Shows the assembly of IV flow devices and electronic infusion monitors.

Professional
40 minutes, order 1-6519-IN

Pediatric Mock Code

Dramatization of a fullblown pediatric code, step-by-step explanations.

Professional
18 minutes, order 1-6524-IN

The Pediatric Code

A clear, up-to-date guide for nurses on how to function effectively in a code situation.

Identifies the causes of pediatric cardiac arrest and the population at risk. Details the signs of decompensation, commonly used drugs, the steps normally taken in a code situation, and the responsibilities of pediatric code members.

Also demonstrates one-handed CPR on a young child, in conformity with the latest (U.S.) Pediatric Basic Life Support Guidelines.

Professional
24 minutes, order 1-2198-IN

Physical Assessment Of The Newborn

The most critical period in a person's life is the first few hours after birth. Adaptations through complex physiological changes must be made by the newborn to ensure satisfactory adjustment to extrauterine life. This discussion provides guidelines to assist the nurse in the initial physical assessment of the newborn to identify those infants at risk for maladaptation to extrauterine life.

Institute: Lenox Hill Hospital. Presenters: Fern Drillings, R.N.
Accreditation: AJN Credit Hours: 1.

Professional
30 minutes, order 1-5254-IN

Physical Assessment Of A Child

Four basic techniques of inspection are covered in this head to toes program.

Professional
33 minutes, order 1-6496-IN

Promoting Normal Growth In The Hospitalized Child

Stages of development from infancy to adolescence, and age-appropriate care.

Professional
12 minutes, order 1-6518-IN



Learning Resources

Red Flags In The Critically Unstable Pediatric Patient

Award winner offers essential information on assessment of infants and young children.

Post Secondary - Advanced Professional
28 minutes, order 1-5300-IN

Survival Skills For Diabetic Children

Prepares nurses to provide education, supervision, and support.

Post Secondary - Advanced Professional
28 minutes, order 1-5181-IN

Two Of A Time

A short, upbeat and very moving video program about an elderly man and a young boy who meet while fishing. Both have cancer and talk about their feelings, worries and hopes. The young boy talks about his family's reaction ... they feel so bad that they withdraw and the child feels the need to protect them.

Emphasizes the importance of open communication when working with people who have cancer.

Adult, Professional
8 minutes, order 1-6552-IN

Understanding Autism

Autism is a lifelong disability that occurs in between five and fifteen of every ten thousand births. The disorder results in learning disabilities that make it very difficult for people with autism to understand the world that surrounds them.

Exhibiting difficulties in communication, making eye contact, and in tuning out unimportant information in their environment, children with autism often appear to live a life of extreme isolation.

Autism is not an impenetrable wall, however. After outlining the six primary characteristics of autism and giving a concise introduction to the disability, *Understanding Autism*, a new video produced in association with the Eden II Programs, goes on to explore some basic components of an applied behavioural analysis approach to educating individuals with autism.

Maintaining that behaviour modification has been shown to be more consistently successful with this population than any other approach, *Understanding Autism* illustrates the principles of reinforcement, teaching methods and data collection and analysis, as well as outlining the philosophy behind using behaviour modification techniques with children with autism. Interviews with patients and

professionals along with footage of behaviour modification techniques being applied in the classroom reveal the positive results generated by these methods.

This video will be a valuable supplement to *Autism: A Word Apart*, our popular program which profiles three families of children with autism.

Adult, Professional
19 minutes, order 9-1117-IN

Understanding The Pediatric Patient

This discussion will acquaint the nurse with basic information concerning the infant's and child's reaction to illness, injury, pain and the health care setting.

Content is directed at developing an understanding of developmental and cognitive ability and its influence on the behavior of the pediatric client. Practical guidelines are given for promoting cooperation during the physical examination and diagnostic or therapeutic procedures. Several holding/restraining techniques are illustrated.

Post Secondary - Advanced, Adult, Professional
30 minutes, order 1-5251-IN

We Can Do It

Children with cancer speak about their treatment and reducing stress using relaxation techniques.

Ages 6 to 8, Ages 9 to 11, Professional
14 minutes, order 1-2158-IN

When The Bough Breaks

Dramatization of the real life experiences of the Blalock family during the final weeks of Mrs. Blalock's difficult pregnancy.

Illustrates the communication issues involved in conveying clinical information, especially "bad news." Conveys the principles of perinatal management and the health care professional's role as both information provider and care giver.

"A superb teaching resource of uncommon quality!" 5 Stars (Outstanding!) - Evaluation from 10th International Congress of Care of the Terminally Ill, 1994.

Professional
71 minutes, order 9-7190-IN

Why Do I Have To Cry?: Assessment Of Pain In Children

Strategies for assessment and discussion of developmental stage differences in children's pain response.

Professional
25 minutes, order 4-2006-IN



Learning Resources

Young Children's Reactions To Hospitalization

Helps nurses teach parents how to prepare their child for hospitalization. Nurses can save valuable time by using this easy-to-follow, down-to-earth program to help parents:

- * understand their child's separation anxiety
- * reduce their child's fears
- * cope with possible behavioural changes, including bed-wetting, clinging and crying, insistent demands, angry or withdrawn behaviour
- * learn play therapy, among other techniques, to relieve their child's stress

Better-informed, confident parents are best able to help their child deal with hospitalization.

Professional
14 minutes, order 1-6508-IN

Your Child's Ostomy

Appropriate for both in-patient teaching and review of pediatric ostomy care.

Professional
12 minutes, order 1-2016-IN

This listing is correct as of Friday January 5, 2001 but is subject to change without notice. If this listing appears to be out of date, please contact us for up-to-date pricing and availability. This is Subject Nbr 109. For a brief master list of all available subjects, request document number 800. For an ORDER FORM, request document number 801

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