## NEW SPELE (E) **Canadian Learning Company**™



"Several different pathways can lead to Multiple Personality Disorder. The illness usually arises as a way of coping with sexual abuse during childhood... But in some cases, the disorder can arise from physical abuse and neglect. As a result, the lonely, isolated child can create a fantasy world of different characters to fill the emptiness and to have someone to attach to."

- from Multiple Personality: Reality and Illusion

Attachment to the

**Perpetrator & the** 

Effectively Series

the other ongoing.

Provides practical

easy to understand

**Locus of Control Shift** The Treating Trauma Disorders

See therapy techniques applied to adult sufferers of

D.I.D. in two re-enactments of

actual cases-one successful,

Fully illustrates the long-term

consequences of childhood

attachment to reintegration

and the need for grief work.

demonstrations of proven

methods for clinicians and

explanations for laypersons.

trauma and the shift from

## 2 new programs on ... DISSOCIATIVE IDENTITY DISORDER

bserve the latest treatments for Dissociative Identity Disorder (a.k.a. Multiple Personality Disorder) as developed at the Ross Institute for Psychological Trauma.

Techniques illustrated in these programs are based on a blend of cognitive and psychodynamic methods and include: making direct contact with the alter personalities

 negotiating agreements with the different parts to cooperate on the treatment plan

• educating the patient on how the CHILDHOOD TRAUMA: disorder works and why it is not working effectively for them in the present.

Excellent presentations. Clear and practical.

## The Three Faces of Eve

66 Over a period of 46 years, [Chris Costner-Sizemore] had a total of over 22 different personalities. The world would come to know her as "Eve". Her landmark story would become the basis for the book and motion picture, The Three Faces of Eve. Chris has been cured for over 20 years but still remembers the pain and consequences of her illness... Each of Chris's alter personalities was remarkably different... They emerged without being summoned and without warning, each one vying for time, space and attention.99

— from Multiple Personality: Reality and Illusion



"The most important thing that any of us can ever do for another human being is to care when they are hurting. Mental illness is nothing to be ashamed of. I am living proof that with good psychiatric treatment, a loving, caring family, and the desire to be a well person, that you can have a better quality of life. I have a sense of peace now that most people never know. - Chris Costner-Sizemore, a.k.a. "Eve"

"The problem of attachment to the perpetrator arises because two things are going on in the abusive family. The child, as a normal child, is trying to attach to the parents—get love, attention and affection from them.. At the same time, they're pulling back and recoiling from abuse. And it's [this conflict] that drives the basic dissociation.

-Colin A. Ross, M.D., in *Childhood* Trauma: Attachment to the Perpetrator

## **MULTIPLE PERSONALITY: Reality and Illusion**

See dramatic re-enactments of three very different multiple personality casesbut all with the classical D.I.D. symptoms: distinct voices and conversations inside the head, periods of missing time, and the emergence of other personalities.

Provides good background on the history of (mis)diagnosis and treatment of D.I.D. and the status of current theory, practice, and success rates.

Professional, 56 minutes Order 6-6002IN

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